



GET THE FACTS ON TOBACCO USE PREVENTION AND CONTROL

ALASKA

Cigarette smoking is responsible for more than 480,000 deaths per year in the United States, including nearly 42,000 deaths resulting from secondhand smoke exposure. Tobacco prevention and control activities are a public health “best buy.”

KEY FACTS

19.9%

of Adults smoked cigarettes in 2014

National Median: 18.1%

10.6%

of Youth smoked cigarettes in 2013

National Estimate: 15.7%

1,585

Average annual deaths from smoking from 2005-2009

\$438.1

Million spent on Smoking-Attributable Expenditures in 2009

IN FY 2015, ALASKA RECEIVED **\$973,653** FROM CDC FOR

TOBACCO PREVENTION AND CONTROL ACTIVITIES

STATE TOBACCO CONTROL POLICIES (AS OF MARCH 31, 2016)

SMOKEFREE INDOOR AIR

There is no risk-free level of secondhand smoke exposure; even brief exposure can be harmful to health. Smokefree laws can reduce the risk for heart disease and lung cancer among nonsmokers.

- Alaska currently has no comprehensive smoke-free policy prohibiting smoking in bars, restaurants, and private worksites.

PRICE

Increasing the price of tobacco products is the single most effective way to prevent initiation among nonsmokers and to reduce consumption.

- The current excise tax on packs of cigarettes in Alaska is \$2.00. The 2014 Surgeon General’s Report recommends that states increase the price of cigarettes to at least \$10 per pack.

CESSATION COVERAGE

Nearly 7 out of every 10 (68.8%) of all current U.S. adult cigarette smokers say that they want to quit completely.

- Alaska currently has no comprehensive Medicaid coverage of cessation treatments, including fee-for-service plans.

E-CIGARETTES

Three million middle and high school students were current users of e-cigarettes in 2015. E-cigarettes are now the most commonly used tobacco product among youth, and use continues to climb.

- Alaska currently prohibits the sales of e-cigarettes to minors under the age of 19.
- Currently, Alaska does not require licenses for over-the-counter sales of e-cigarettes.
- Alaska does not prohibit the use of e-cigarettes in indoor areas of private worksites, restaurants, and bars.

HOW CDC’S TIPS CAMPAIGN IMPACTS ALASKA

Mass-reach health communication interventions, such as CDC’s Tips from Former Smokers campaign, can prevent initiation and promote cessation.

- Incoming calls to the Alaska state quitline increased by an average 13.7% during the 2015 *Tips from Former Smokers Campaign* (Mar – Aug, 2015). Overall, the campaign generated an additional 145,000 calls to quitlines.

FOR MORE INFORMATION, VISIT US AT: CDC.GOV/TOBACCO