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SENATE MEMORIAL 27

55TH LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2021

INTRODUCED BY

Cliff R. Pirtle

A MEMORIAL

URGING THE UNITED STATES CONGRESS TO SUPPORT PERMANENT DAYLIGHT
SAVING TIME.

WHEREAS, since 2007, daylight saving time has begun on the
second Sunday in March and has ended on the first Sunday in
November; and

WHEREAS, the United States first introduced daylight
saving time in 1918, two years after Germany and other European
countries started advancing the clocks to conserve fuel and
energy during World War I; and

WHEREAS, after World War II ended, communities and states
had the option to decide whether they wanted to observe
daylight saving time; and

WHEREAS, the federal Uniform Time Act of 1966 made
daylight saving time standard across the country, and states

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1 are not allowed to choose daylight saving time year-round
2 without congressional approval; and

3 WHEREAS, changing clocks twice each year has a negative
4 impact on the quality of life; and

5 WHEREAS, fatal car accidents in the United States spike by
6 six percent during the workweek following the "spring forward"
7 to daylight saving time, according to university of Colorado
8 Boulder research; and

9 WHEREAS, mounting research has shown that spikes in heart
10 attacks, strokes, seasonal depression and workplace injuries
11 also occur in the days following the time change; and

12 WHEREAS, changing the clocks upsets circadian sleep
13 rhythms, intruding on the natural cycle that human bodies need
14 for adequate rest; and

15 WHEREAS, positive benefits of more daylight if daylight
16 saving time were year round would mean more time for youth
17 sports programs, family outings and finishing chores on farms
18 and ranches; and

19 WHEREAS, numerous states, including Oregon, Washington,
20 California and Florida, are considering doing away with
21 changing clocks twice each year entirely; and

22 WHEREAS, a proposal for year-round daylight saving time
23 would require the approval of the United States congress; and

24 WHEREAS, congressional support to make daylight saving
25 time permanent would end unnecessary confusion that harms

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1 Americans' health and the nation's economy;

2 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE
3 OF NEW MEXICO that the United States congress be urged to
4 support permanent daylight saving time nationwide; and

5 BE IT FURTHER RESOLVED that copies of this memorial be
6 transmitted to members of the United States congress.