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HOUSE MEMORIAL 27

54TH LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2019

INTRODUCED BY

Christine Trujillo and Joanne J. Ferrary and Susan K. Herrera
and Karen C. Bash and Deborah A. Armstrong

A MEMORIAL

DECLARING FEBRUARY 25, 2019 "WEAR RED DAY" IN THE HOUSE OF
REPRESENTATIVES.

WHEREAS, according to American heart association
statistics, cardiovascular disease is the number-one killer of
women in the United States; and

WHEREAS, cardiovascular disease kills approximately one
woman every eighty seconds in the United States; and

WHEREAS, about eighty percent of cardiovascular disease
may be prevented; and

WHEREAS, some risk factors for heart disease, such as
blood pressure, smoking and cholesterol, can be controlled; and

WHEREAS, women are encouraged to commit to making physical
activity and healthy eating a priority to improve heart health;
and

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1 WHEREAS, the American heart association's go red for women
2 movement motivates women to learn their family histories and to
3 meet with a health care provider to determine their risks for
4 cardiovascular disease and stroke; and

5 WHEREAS, go red for women encourages women to take control
6 of their heart health by knowing their total cholesterol, high-
7 density lipoprotein (hdl) good cholesterol, blood pressure,
8 blood sugar and body mass index;

9 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
10 REPRESENTATIVES OF THE STATE OF NEW MEXICO that February 25,
11 2019 be declared "Wear Red Day" in the house of representatives
12 in recognition of the importance of the ongoing fight against
13 heart disease and stroke; and

14 BE IT FURTHER RESOLVED that a copy of this memorial be
15 transmitted to the secretary of health.