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SENATE MEMORIAL 46

**53RD LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2018**

INTRODUCED BY

Linda M. Lopez

A MEMORIAL

DECLARING JANUARY 30, 2018 AS "WEAR RED DAY" IN THE SENATE AND  
URGING ALL CITIZENS TO SHOW THEIR SUPPORT FOR WOMEN AND THE  
FIGHT AGAINST HEART DISEASE BY WEARING THE COLOR RED.

WHEREAS, according to American heart association  
statistics, cardiovascular disease is the number-one killer of  
women in the United States; and

WHEREAS, cardiovascular disease kills approximately one  
woman every eighty seconds in the United States; and

WHEREAS, some risk factors, such as blood pressure,  
smoking, cholesterol and lack of regular physical activity, can  
be controlled; and

WHEREAS, the American heart association's go red for women  
movement motivates women to learn their family histories and to  
meet with a health care provider to determine their risks for

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1 cardiovascular disease and stroke; and

2 WHEREAS, go red for women encourages women to take control  
3 of their heart health by knowing and managing these five  
4 numbers that can be life-changing: total cholesterol, high-  
5 density lipoprotein (hdl) good cholesterol, blood pressure,  
6 blood sugar and body mass index;

7 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE  
8 OF NEW MEXICO that January 30, 2018 be declared "Wear Red Day"  
9 in the senate in recognition of the importance of the ongoing  
10 fight against heart disease and stroke; and

11 BE IT FURTHER RESOLVED that all New Mexicans be urged to  
12 show their support for women and the fight against heart  
13 disease by commemorating this day by wearing the color red; and

14 BE IT FURTHER RESOLVED that by increasing awareness,  
15 speaking about heart disease and empowering women to reduce  
16 their risks for cardiovascular disease, thousands of lives can  
17 be saved each year; and

18 BE IT FURTHER RESOLVED that a copy of this memorial be  
19 transmitted to the secretary of health.