

1 A MEMORIAL

2 DECLARING JANUARY 31, 2017 AS "WEAR RED DAY" IN THE SENATE
3 AND URGING ALL CITIZENS TO SHOW THEIR SUPPORT FOR WOMEN AND
4 THE FIGHT AGAINST HEART DISEASE BY WEARING THE COLOR RED.

5
6 WHEREAS, according to American heart association
7 statistics, heart disease is the number-one killer of women,
8 even though eighty percent of cardiac events can be
9 prevented; and

10 WHEREAS, cardiovascular diseases cause one in three
11 women's deaths each year, killing approximately one woman
12 every eighty seconds; and

13 WHEREAS, an estimated forty-four million women in the
14 United States are affected by cardiovascular diseases; and

15 WHEREAS, ninety percent of women have one or more risk
16 factors for developing heart disease or stroke; and

17 WHEREAS, women are less likely to call 911 for
18 themselves when experiencing symptoms of a heart attack than
19 they are if someone else is experiencing symptoms of a heart
20 attack; and

21 WHEREAS, only thirty-six percent of African American
22 women and thirty-four percent of Hispanic women know that
23 heart disease is their greatest health risk, compared with
24 sixty-five percent of Caucasian women; and

25 WHEREAS, the American heart association's go red for

1 women movement motivates women to learn their family
2 histories and to meet with a health care provider to
3 determine their risk for cardiovascular diseases and stroke;
4 and

5 WHEREAS, women involved with the American heart
6 association's go red for women movement live healthier lives;
7 and

8 WHEREAS, go red for women encourages women to take
9 control of their heart health by knowing and managing these
10 five numbers: total cholesterol, high-density lipoprotein
11 (hdl) good cholesterol, blood pressure, blood sugar and body
12 mass index;

13 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE
14 STATE OF NEW MEXICO that January 31, 2017 be declared "Wear
15 Red Day" in the senate; and

16 BE IT FURTHER RESOLVED that all New Mexicans be urged to
17 show their support for women and the fight against heart
18 disease by commemorating this day by wearing the color red;
19 and

20 BE IT FURTHER RESOLVED that by increasing awareness,
21 speaking about heart disease and empowering women to reduce
22 their risk for cardiovascular diseases, thousands of lives
23 can be saved each year; and

24 BE IT FURTHER RESOLVED that a copy of this memorial be
25 transmitted to the secretary of health. _____