

1 A MEMORIAL

2 DECLARING JANUARY 31, 2017 AS "WEAR RED DAY" IN THE HOUSE OF
3 REPRESENTATIVES AND URGING ALL CITIZENS TO SHOW THEIR SUPPORT
4 FOR WOMEN AND THE FIGHT AGAINST HEART DISEASE BY WEARING THE
5 COLOR RED.

6
7 WHEREAS, according to American heart association
8 statistics, heart disease is the number-one killer of women,
9 even though eighty percent of cardiac events can be
10 prevented; and

11 WHEREAS, cardiovascular diseases cause one in three
12 women's deaths each year, killing approximately one woman
13 every eighty seconds; and

14 WHEREAS, an estimated forty-four million women in the
15 United States are affected by cardiovascular diseases; and

16 WHEREAS, ninety percent of women have one or more risk
17 factors for developing heart disease or stroke; and

18 WHEREAS, women are less likely to call 911 for
19 themselves when experiencing symptoms of a heart attack than
20 they are if someone else is experiencing symptoms of a heart
21 attack; and

22 WHEREAS, only thirty-six percent of African American
23 women and thirty-four percent of Hispanic women know that
24 heart disease is their greatest health risk, compared with
25 sixty-five percent of Caucasian women; and

1 WHEREAS, the American heart association's go red for
2 women movement motivates women to learn their family
3 histories and to meet with a health care provider to
4 determine their risk for cardiovascular diseases and stroke;
5 and

6 WHEREAS, women involved with the American heart
7 association's go red for women movement live healthier lives;
8 and

9 WHEREAS, go red for women encourages women to take
10 control of their heart health by knowing and managing these
11 five numbers: total cholesterol, high-density lipoprotein
12 (hdl) good cholesterol, blood pressure, blood sugar and body
13 mass index;

14 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
15 REPRESENTATIVES OF THE STATE OF NEW MEXICO that January 31,
16 2017 be declared "Wear Red Day" in the house of
17 representatives; and

18 BE IT FURTHER RESOLVED that all New Mexicans be urged to
19 show their support for women and the fight against heart
20 disease by commemorating this day by wearing the color red;
21 and

22 BE IT FURTHER RESOLVED that by increasing awareness,
23 speaking about heart disease and empowering women to reduce
24 their risk for cardiovascular diseases, thousands of lives
25 can be saved each year; and

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BE IT FURTHER RESOLVED that a copy of this memorial be transmitted to the secretary of health._____

HM 14
Page 3