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SENATE JOINT MEMORIAL 17

45TH LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2002

INTRODUCED BY

Steve Komadi na

A JOINT MEMORIAL

REQUESTING THE STATE DEPARTMENT OF PUBLIC EDUCATION TO WORK  
WITH THE DEPARTMENT OF HEALTH AND OTHERS TO DEVELOP QUALITY  
PHYSICAL EDUCATION CURRICULA.

WHEREAS, obesity is an increasing epidemic among children  
in New Mexico, and a contributing factor is a decrease in  
physical activity; and

WHEREAS, children learn skills and habits in primary and  
secondary school that they retain for life; and

WHEREAS, regular physical activity reduces the risk of  
developing some of the leading causes of illness and death in  
the United States, including heart disease, diabetes, high  
blood pressure and depression; and

WHEREAS, in 1997, the centers for disease control and  
prevention reported that almost forty percent of youth

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1 participated in fewer than two hours of physical education per  
2 week; and

3 WHEREAS, the New Mexico state board of education adopted  
4 standards with benchmarks for all schools in physical  
5 education; and

6 WHEREAS, the fall 2000 report to the president of the  
7 United States on promoting better health for young people  
8 through physical activity and sport identifies daily physical  
9 education as a strategy to increase physical activity among  
10 youth; and

11 WHEREAS, the techniques of teaching physical education  
12 affect students' long-term attitudes toward physical activity;

13 NOW, THEREFORE, BE IT RESOLVED BY THE LEGISLATURE OF THE  
14 STATE OF NEW MEXICO that the state department of public  
15 education be requested to work with the department of health  
16 and other interested organizations to develop strategies to  
17 enable teachers to implement quality physical education  
18 curricula and teaching techniques that will encourage students  
19 at all grade levels to learn and implement skills for lifelong  
20 participation in physical activity; and

21 BE IT FURTHER RESOLVED that the state department of  
22 public education be requested to report on its efforts to  
23 develop a meaningful physical education curricula to the  
24 legislative education study committee prior to the first  
25 session of the forty-sixth legislature; and

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1 BE IT FURTHER RESOLVED that a copy of this memorial be  
2 delivered to the superintendent of public instruction, the  
3 secretary of health and the director of the legislative  
4 education study committee.

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