



HELP US HELP OTHERS

Support End of Life Options New Mexico



Our vision is for all New Mexicans to have accurate information and caring support to choose their end-of-life options in a system that honors those choices.

Our mission is to provide information and support for all end-of-life options, including medical aid in dying.

Our values compel us to demonstrate **Compassion** for others' experience, and be **Inclusive** of our state's diverse population, while showing **Respect** for each individual's end-of-life choices, supporting them in a **Nonjudgmental** manner, with steadfast **Integrity**.

We are a New Mexico not-for-profit organization. Our services are free of charge thanks to generous people, like you, who share our values and a passion for this important work. Now is the time to:

- **Schedule an educational speaker**
- **Become a volunteer**
- **Make a donation**

There is no better time than now to support our work. Your donation will provide the critical funds to grow and sustain a viable organization and give limited assistance to those who cannot afford the medications.



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Supporting
End-of-Life
Options for All
New Mexicans

Your End-of-Life Options

EOLONM supports and educates about advance care planning so New Mexican's understand their rights and can consider all their options at the end of life:

- **Forego or Cease Treatment**

Declining or stopping life-sustaining treatment

- **Palliative Care**

Specialized care focusing on relief of symptoms and help with treatment decisions

- **Hospice Care**

End-of-life comfort care, mostly in the home, focusing on quality of life and family support

- **Voluntarily Stopping Eating and Drinking (VSED)**

Refusing any food or liquids to hasten death under medical supervision

- **Medical Aid in Dying (MAID)**

Eligible adults requesting a prescription for life-ending medication from a qualified provider

Elizabeth Whitefield End-of-Life Options Act

Judge Whitefield was a fierce advocate for medical aid in dying. Her difficult death in 2018 came prior to the passage of the Act that was later named in her honor.



Elizabeth Whitefield, JD

Who's Eligible?

To qualify for aid-in-dying medication under the Act, one must be:

- A New Mexico resident;
- 18 years of age or older;
- Diagnosed with a terminal illness with 6 months or less to live;
- Mentally capable of making their own healthcare decisions, and,
- Capable of self-administering the medication.

Please visit our website or contact us to learn about the Elizabeth Whitefield End of Life Options Act. We'll respond quickly and professionally.

We Work to Help...

- **Individuals and families** with advance care planning, educational resources, referrals and support as they decide about their treatments and end-of-life options
- **The public, community leaders and the media** be informed about end-of-life issues
- **Healthcare professionals** access education and training, and support them so they can provide the care and services their patients want
- **Healthcare systems & hospices** as they support their patients' end-of-life choices
- **Patients and families** access the new medical aid in dying law

