



# Hidalgo Medical Services

## A Regional Healthcare Delivery System

---

Dan Otero, DBA-Chief Executive Officer  
Ana Teresa Arizaga, MD-Chief Behavioral Health Officer  
Ashley Ogilvie – Behavioral Health Program Manager

# Hidalgo Medical Services

- Incorporated in 1995
- Proudly serving Hidalgo County, Grant County, and Southwestern New Mexico



# Hidalgo Medical Services

## ➤ Healthcare Access Points and Services Provided

### HMS Current Regional Services

#### Hidalgo County

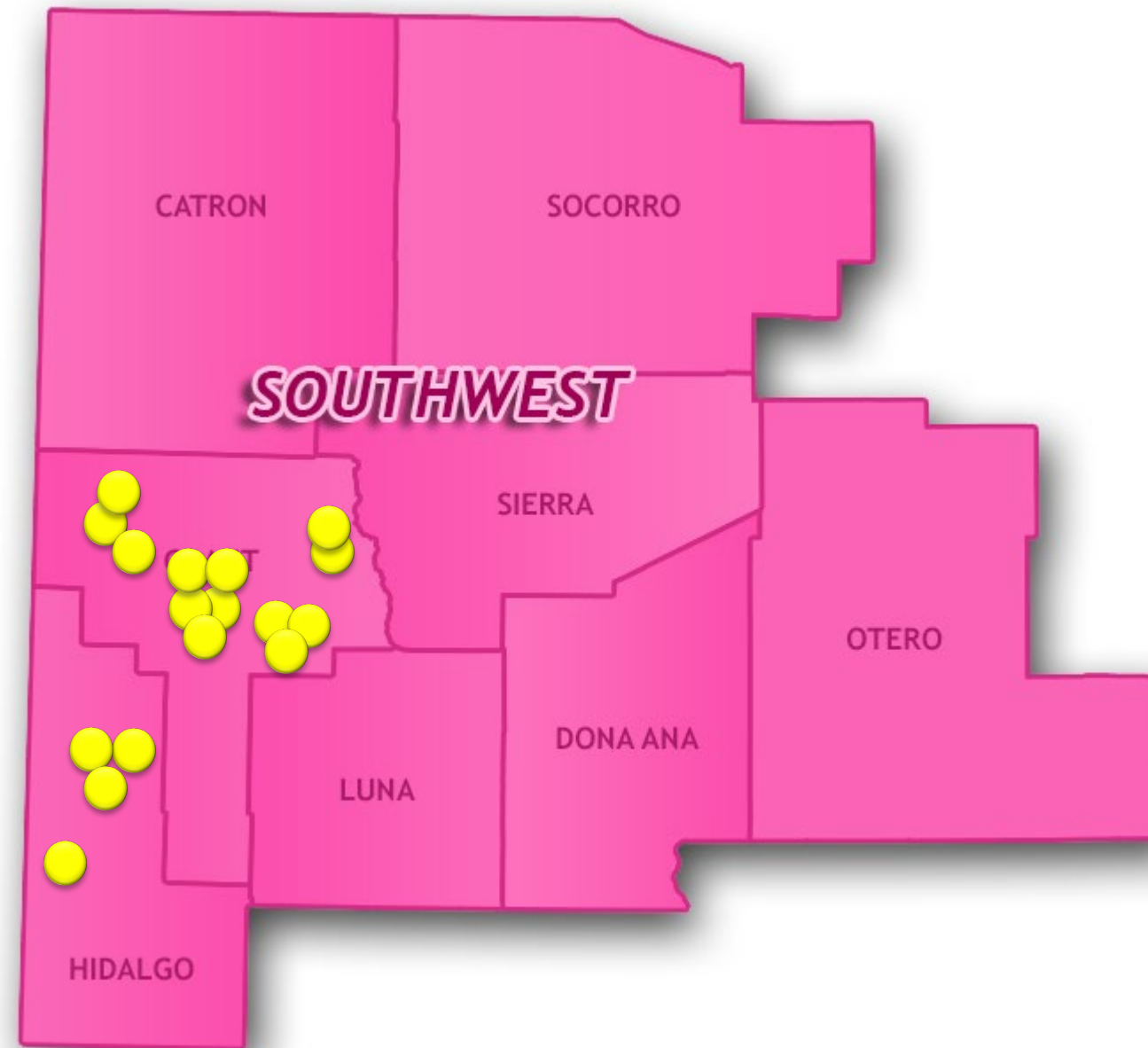
- ● ● Lordsburg CHC
- ● Lordsburg SBHC
- Animas CHC

#### Grant County

- ● ● Silver City CHC
- ● Med Square CHC
- ● Tranquil Skies
- ● Gila/Cliff CHC
- ● Mimbres CHC
- ● Silver Schools SBHC
- ● Cobre Schools SBHC
- ● Tu Casa
- ● New Beginnings

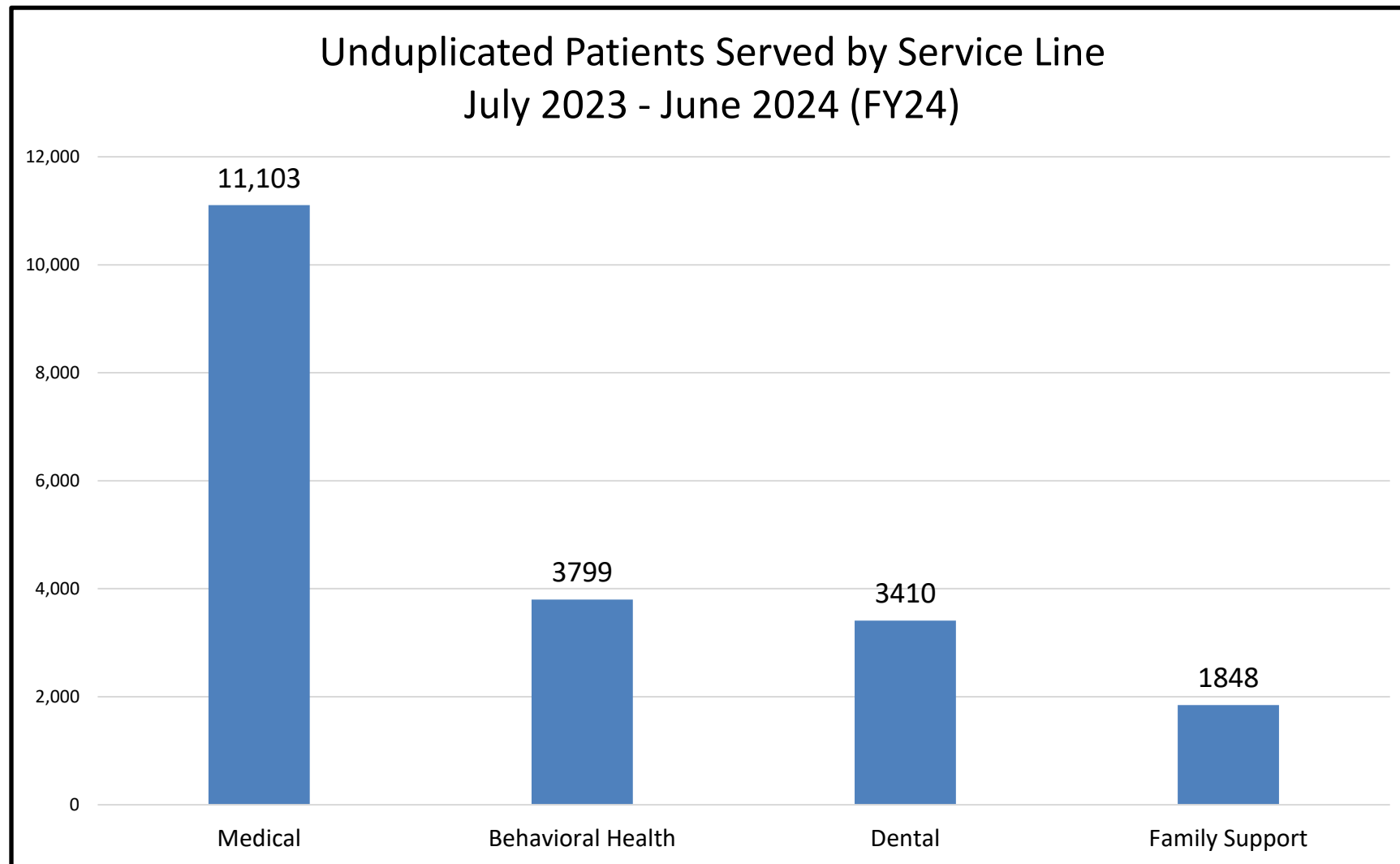
### Senior Centers

- Ena Mitchell
- Gila/Cliff
- Mimbres
- Santa Clara
- Silver City

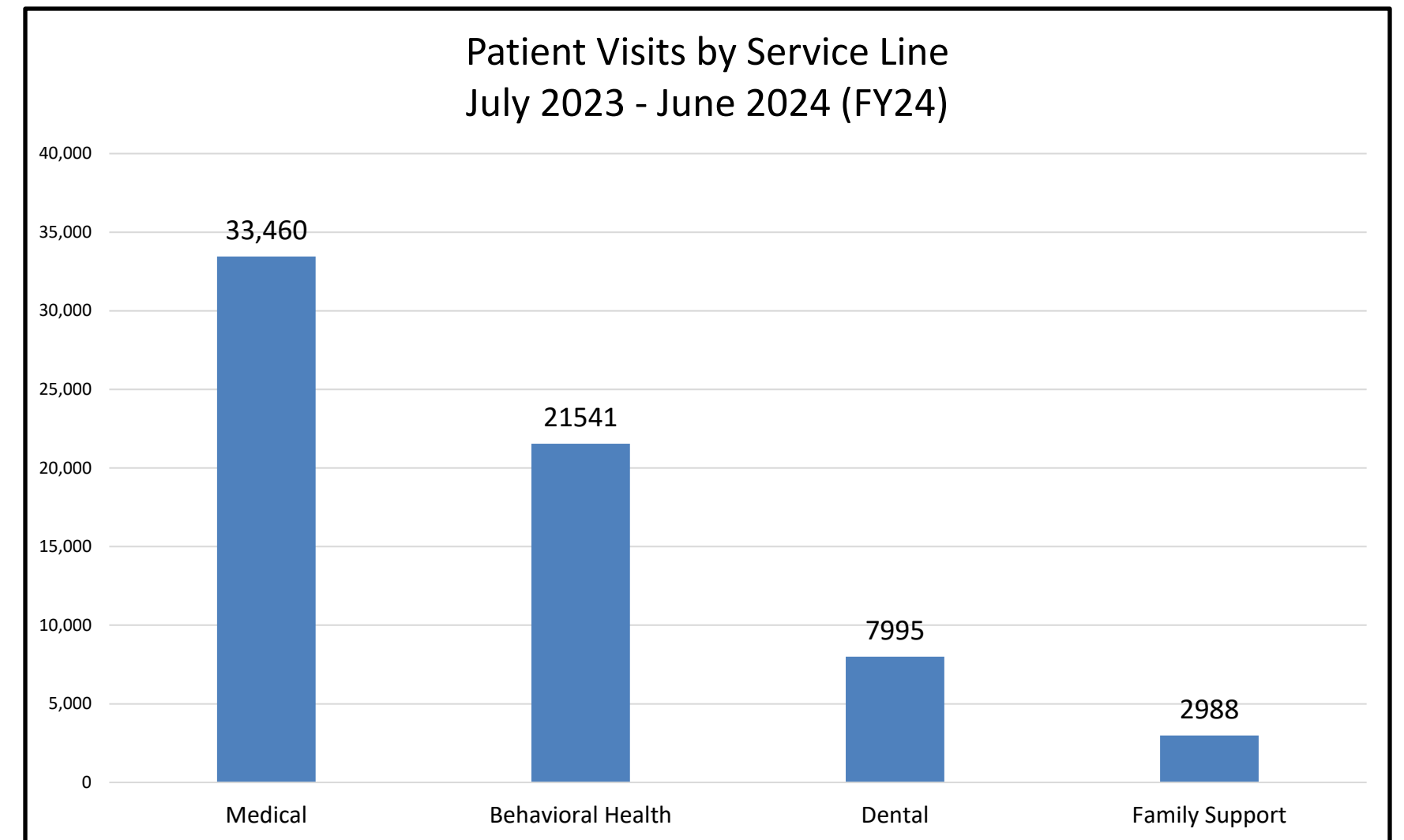


- Primary Care Services
- Behavioral Health Services
- Dental Services

# Hidalgo Medical Services

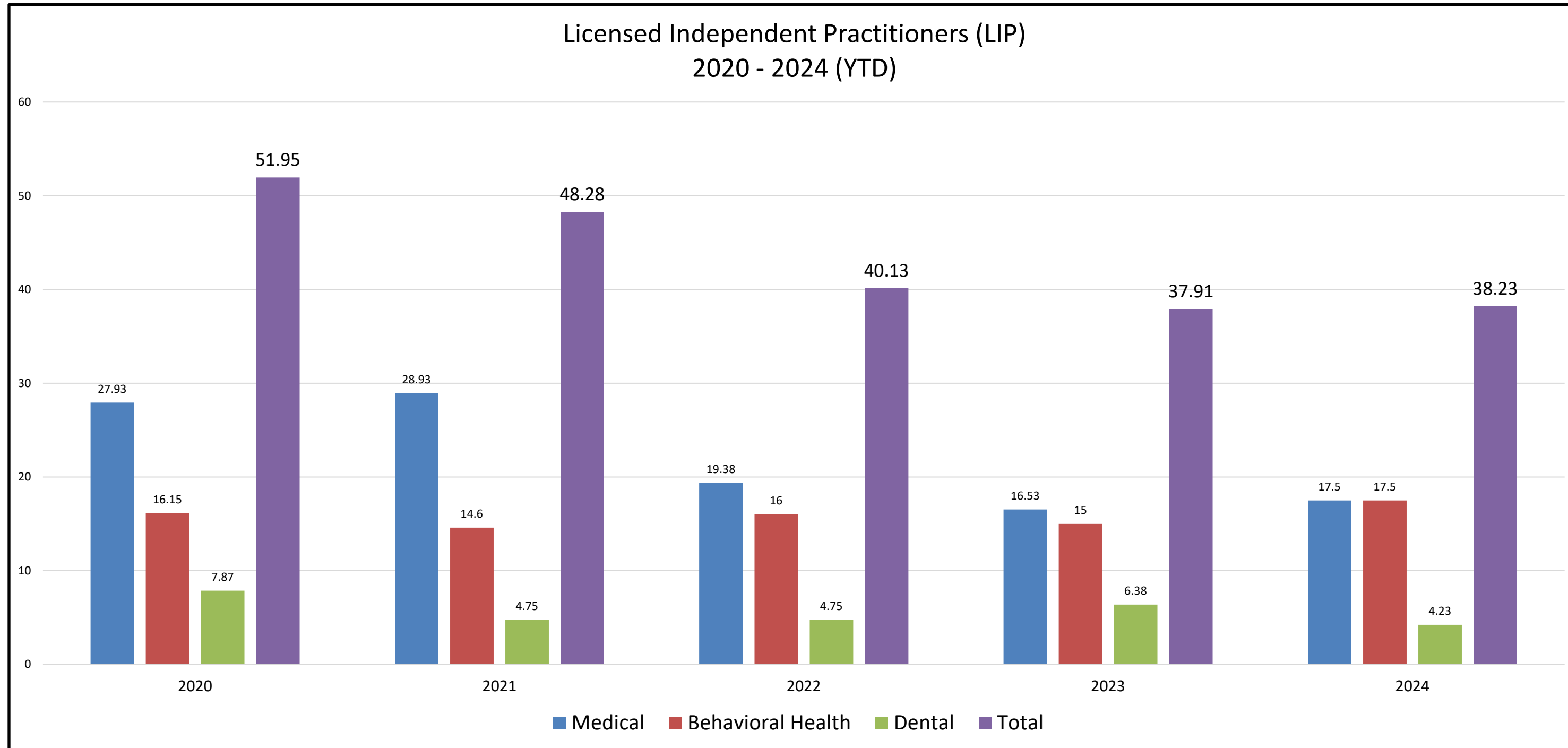


**Total Unduplicated Patients 14,026**



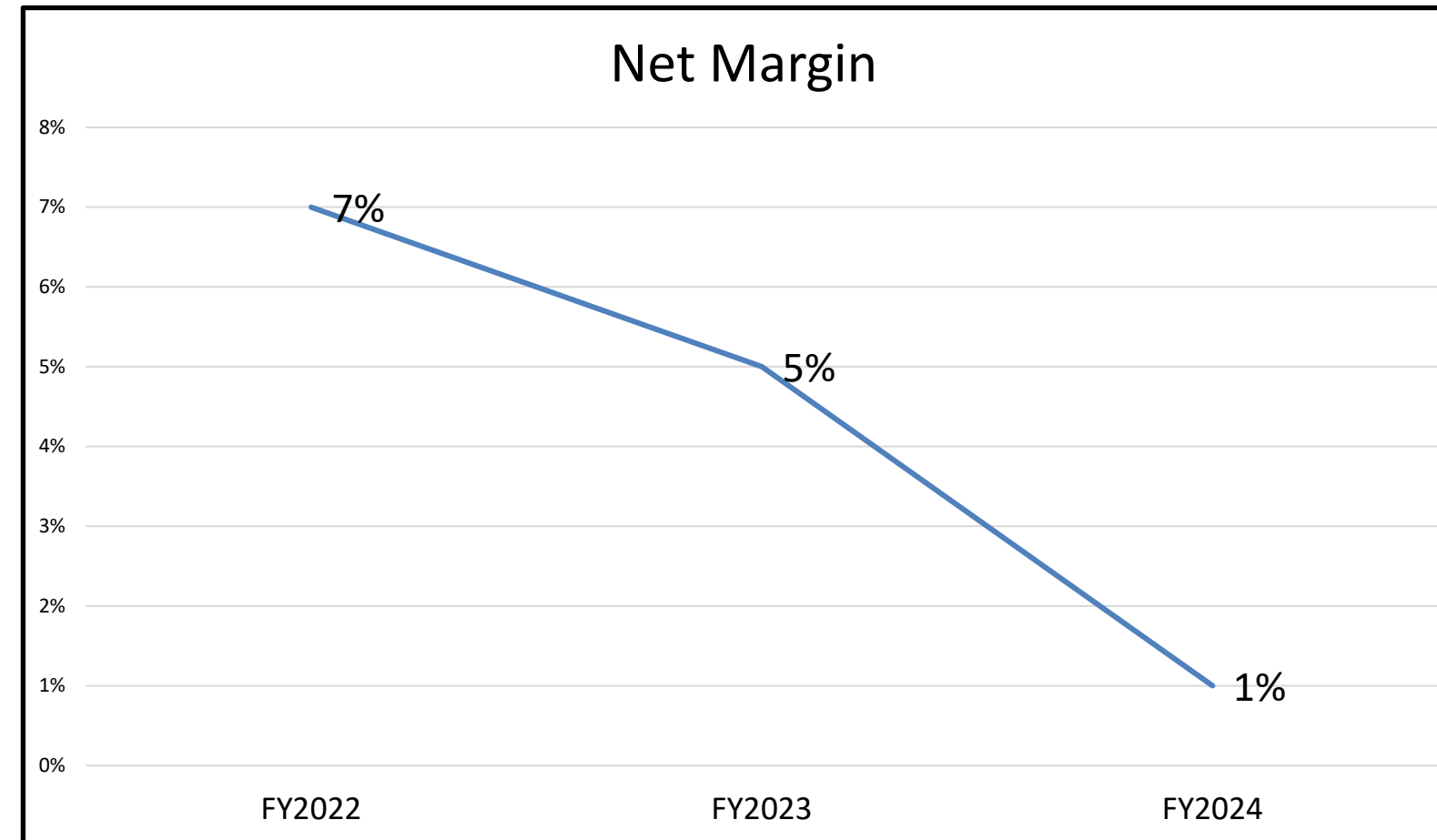
**Total Visits 65,984**

# Hidalgo Medical Services



# Hidalgo Medical Services

	Pre-Covid FY2019	FY2023	FY2024	FY24 Increase from FY23	FY24 Increase from Pre-Covid
Payroll	\$ 12,502,121.00	\$ 12,801,700.00	\$ 12,592,773.00	-2%	1%
Fringe	\$ 2,153,732.00	\$ 2,030,428.00	\$ 2,153,637.00	6%	0%
Contractor Cost	\$ 487,037.00	\$ 1,021,984.00	\$ 1,703,400.00	67%	250%
Recruitment Fees	\$ 35,506.00	\$ 72,280.00	\$ 101,326.00	40%	185%
Relocation	\$ 4,282.00	\$ 30,783.00	\$ 21,394.00	-31%	400%





# Hidalgo Medical Services

Behavioral Health Services

Now and In the Future

---

# Behavioral Health Provider Types

- Psychiatrists (MD) - 1
- Nurse Practitioners (PMHNP) - 6
- Neuropsychologists (PhD) – 1
- Psychologist (PhD/PsyD) - 2
- Mental Health Therapists
  - Professional Counselor (LPCC, LMHC) - 5
  - Social Worker (LCSW, LMSW) - 6
- Substance misuse Counselors
  - Licensed Alcohol and Drug Abuse Counselor (LADAC) - 1
  - Licensed Substance Abuse Associate (LSAA) - 1
- Community Support Workers (CSW) - 5
- Certified Peer Support Workers (CPSW) - 3
- Care Coordinators – 2
- Medication Assisted Treatment (MAT) Coordinator - 1
- Psychiatric or Psycho-Social Rehabilitation (PSR) Coordinators - 2





# Behavioral Health Divisions at HMS

- Psychiatric Services
- Psychology Services
  - New Mexico - Psychology Internship Program (NM-PIC)
- Community Behavioral Health
- Addiction Medicine Services
  - Tu Casa - Outpatient
  - Medication Assisted Treatment (MAT)
- Behavioral Health Specialty Programs
  - Comprehensive Community Support Services
  - Psychiatric or Psycho-Social Rehabilitation
- Care Coordination
  - Care Link New Mexico



# Behavioral Health Visits 2023

- Total mental health services provided 15,004
  - Unique patients 2,529
- Total substance misuse services provided 5,562
  - Unique patients 1,821
- Crisis intervention services provided – 462 (last 12 months)



# Visits by Diagnosis for 2023

- Alcohol-related disorders – 4,585
  - Unique patients – 531
- Other substance-related disorders (excluding tobacco) – 6,120
  - Unique patients – 739
- Depression and other mood disorders – 14,104
  - Unique patients – 2,123
- Anxiety disorders – 13,970
  - Unique patients – 2,440
- Attention deficit and disruptive behavior disorders – 1,765
  - Unique patients 400
- Other mental health disorders – 7,652
  - Unique patients – 1,567

# Crisis Intervention

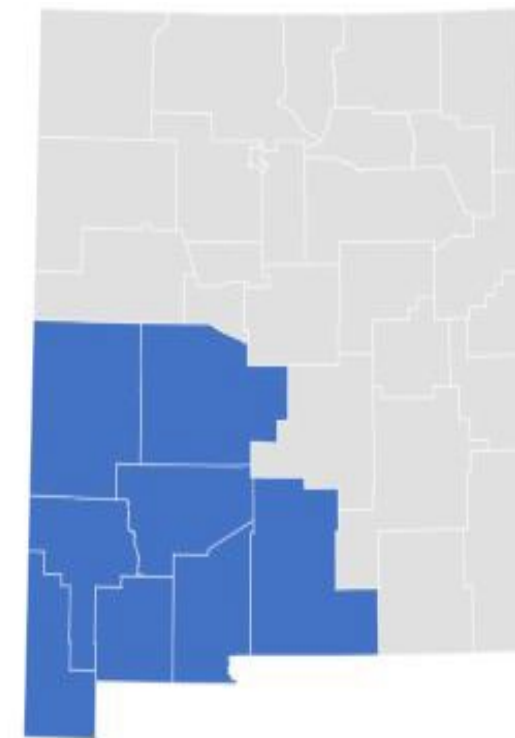
- Crisis walk-in appointments
  - In person
  - Telehealth
- Warm handoffs from primary care provider (PCP)/dental to behavioral health (BH) providers
- Most times, our BH providers help resolve the crisis
- Higher level of care
  - Emergency Department (local)
  - Acute inpatient treatment (not local)
- 988

**CRISIS**  
**INTERVENTION**



# Substance Misuse Statistics SW Region

This report was generated using data from NMHealth's syndromic surveillance database. Syndromic surveillance is a passive surveillance system of emergency department (ED) visits in New Mexico that provides the state with near real-time data about emergency department visits.



Powered by Bing  
© GeoNames, Microsoft, TomTom

# Substance Misuse Statistics SW Region

- Alcohol-June 2024
  - Total Alcohol ED Visits-210



- Alcohol-July 2024
  - Total Alcohol ED Visits-196

- Opioids-June 2024
  - Total Opioid overdose ED Visits-12



- Opioids-July 2024
  - Total Opioid overdose ED Visits-13

# Substance Misuse Statistics SW Region

- Stimulants-June 2023 to June 2024
  - Total Stimulant ED Visits-130

- Benzodiazepine-June 2023 to June 2024
  - Total Benzodiazepine Overdose ED Visits-21



- Stimulants-July 2023 to July 2024
  - Total Stimulant ED Visits-123
- Benzodiazepine-July 2023 to July 2024
  - Total Benzodiazepine Overdose ED Visits-21

# Future Behavioral Health Divisions at HMS

## Regional Behavioral Health Care System

- Crisis Triage Center (CTC)
  - 23 hours/7 days a week
- 14-Day Crisis Stabilization Unit
- Mobile Crisis Response
  - 24 hours/7 days a week
- Inpatient Behavioral Health Unit
  - Acute Psychiatric Treatment
  - Substance Misuse Treatment
  - Adults, Adolescents, and Children

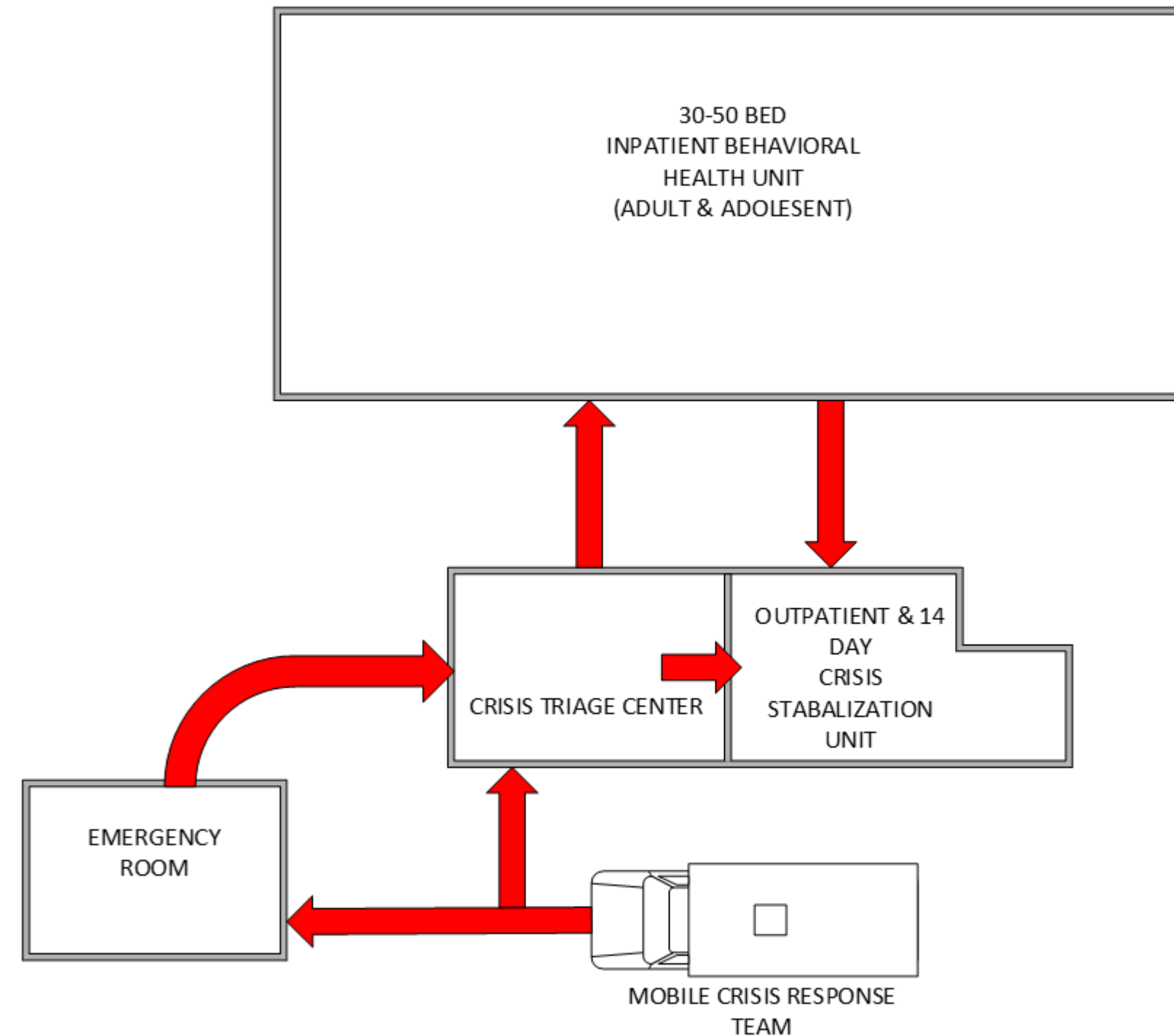




# Hidalgo Medical Services

A Regional Behavioral Health Care Delivery System

- ❖ Crisis Triage Center
- ❖ 14-Day Crisis Stabilization Unit
- ❖ Mobile Crisis Response
- ❖ Inpatient Behavioral Health Unit




# Hidalgo Medical Services

## ➤ 2025 Legislative Session – HMS and Community Needs

1. Regional Behavioral Healthcare System funding
2. Funding to modernize 1960 primary care and behavioral health facility
3. State of the art security system (cameras and facility access)
4. Replacement of Hidalgo and Grant County X-Ray machines
5. Primary Care and Dental Mobile Units
6. Funding to Support Comprehensive Medical Transportation System
7. Increased Senior Center funding
8. Increased Medicaid rates to keep up with inflationary costs
9. Add needed funding to the Rural Primary Health Care Act
10. Statutory language to protect 340B program


# THANK YOU

Dan Otero, DBA  
Chief Executive Officer


 575-590-7090

 [www.HMS-NM.ORG](http://www.HMS-NM.ORG)

 [dotero@hmsnm.org](mailto:dotero@hmsnm.org)


 530 DeMoss Street,  
Lordsburg, NM 88045

Teresa Arizaga, MD  
Chief Behavioral Health Officer


 575-313-2229

 [www.HMS-NM.ORG](http://www.HMS-NM.ORG)

 [tarizaga@hmsnm.org](mailto:tarizaga@hmsnm.org)


 530 DeMoss Street,  
Lordsburg, NM 88045

Ashley Ogilvie  
Behavioral Health Program Manager

 575-597-2526

 [www.HMS-NM.ORG](http://www.HMS-NM.ORG)

 [aogilvie@hmsnm.org](mailto:aogilvie@hmsnm.org)

 530 DeMoss Street,  
Lordsburg, NM 88045