



Mental Health

FOR **LGBTQ Young People in NM**



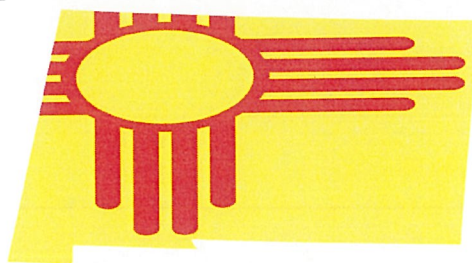
Important notes on this data:

This data was collected from lesbian, gay, and bisexual (LGB) students in high schools across New Mexico through the Youth Risk and Resiliency Survey. 2013 was the first year that demographic data was collected for sexual orientation. Data was not collected on gender identity and therefore cannot identify particular disparities for trans or gender non-conforming (gnc) young people. This is particularly critical as young trans women of color and gnc people of color are facing extreme violence and death. The data source was built by surveying young people who are in school and does not capture the experiences or insight of youth who exist on the margins and who are no longer engaged and/or enrolled in the school system, including youth whose lives have ended in suicide, youth getting by through working in street economies, and youth who have left their homes and schools as a matter of survival. The data that refers to "students in New Mexico" includes LGB young people, so the disparities between straight and LGB young people are even more stark than they appear. Young LGBTQ+ people are living their #WarriorStateofMind, but our state, institutions, and communities must consider their needs and do better.

20.2% of students in New Mexico have experienced non-suicidal self-harm



48.7% of LGB students in NM have experienced non-suicidal self-harm



LGBTQ
Youth Mental Health Matters

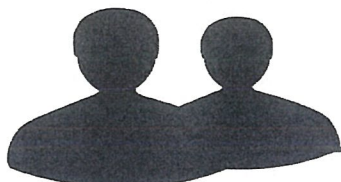
of LGB students in NM have seriously considered suicide **42%**

47%

of LGB in NM students have planned suicide

33.8% of LGB students in NM have attempted suicide

9.4% of students in NM have attempted suicide



which means

1 in 3 LGB students in NM have attempted suicide



Source:

Green D, Peñaloza L, and FitzGerald C. 2014. New Mexico Youth Risk and Resiliency Survey: High School Survey Results 2013, Lesbian, Gay, or Bisexual. Epidemiology and Response Division, New Mexico Department of Health; School and Family Support Bureau, New Mexico Public Education Department; and University of New Mexico Prevention Research Center.