

New Mexico's County and Tribal Health Council Factsheets



2020 BERNALILLO COUNTY HEALTH EQUITY COUNCIL

MISSION: To promote, advocate for, and achieve health equity for all Bernalillo County inhabitants and communities.



The Health Equity Council is Bernalillo County's trusted public health resource geared towards education, empowerment and capacity building within community networks and families.



OUR VALUES
Health
Accountability
Equity
Access
Capacity Building
Reduce racism, marginalization and violence

HEALTHY HERE INITIATIVE (HHI)

Works to change systems and environments to reduce health disparities among Hispanic and Native American residents in Albuquerque's South Valley and International District.

Impact in 2020:

- 3 community wide active living intervention pop up events
- Virtually engaged 55 persons in active living activities
- 100 persons enrolled and engaged in English and Spanish WWE self-directed programs
- Hosted 2 community mindfulness and wellbeing walks during COVID19



PUBLIC HEALTH INITIATIVE (PHI)

The Public Health Policy Initiative is a collaboration with the City of Albuquerque set in place to promote upstream community health strategies throughout Bernalillo County.

Impact in 2020:

- Public health policy briefs
- Personal protective equipment (PPE) distribution
- #IMaskUp campaign
- Community led needle pickup
- COVID-19 community



COMMUNITY HEALTH PROFILE



Created in partnership with the NMDOH NW Region Health Promotion Team, New Mexico Community Data Collaborative (NMCDC), Presbyterian Community Health, and the City of Albuquerque.

LOCAL GROWING INITIATIVE

Supports food equity and justice in Albuquerque's South Valley and International District through soil testing, mycoremediation, advocacy, and front yard gardens



- Conducted 20 Soil tests in the ID and South Valley
- Assisted with 10 community/shared harvest gardens
- Provided 10+ Environmental Justice Workshops
- Offered Educational Videos YouTube sunflowersforchange channel
- Monthly Food Distributions
- Facilitated of Growing Health and Justice Coalition Meetings and Bernalillo County Urban Ag Meetings

CIQLOVIA

A free event designed to encourage all burqueños and visitors to get active and enjoy our beautiful city and unique neighborhoods on foot or by bike. 213 residents enjoyed the activities in 2020 with 13 different recharge locations available to participants.



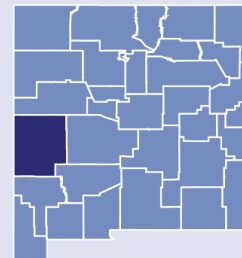
2022 CATRON COUNTY HEALTH COUNCIL

P.O. Box 813
Reserve, NM 98930
www.nmhealthcouncils.org



MISSION:

The Catron County Health Council is a community-based forum for assessment, promotion, and improvement of the health and well-being of county residents.



Catron is the largest County in the state with 6,929 square miles and a population of 3,579*

- Catron County is at the top of the list for Substance Abuse and Suicides.
- Substance abuse prevention and education, especially among our youth.
- Suicide prevention and education.
- Continue education in the schools on the effects of substance and alcohol use/abuse.
- Monitor progress/regress.

Catron County Profile: <https://nmcdd.maps.arcgis.com/sharing/rest/content/items/14128d84796646849f0264bc435fa9df/data>

Substance Abuse



Between 2018 and 2020 Catron county averaged 28.2 overdose deaths per 100,000†

What have we been doing about it?

- Work with DWI on Red Ribbon week and the Teen Health Fair.
- Partnered with State Police to educate youth with substance abuse presentations at the schools.
- Conducted an assessment to find ways to curb the high abuse in the County.
- Received two new grants for substance abuse from the DOH and strategic prevention DETERRA packets, overdose prevention dissemination to community
- Partnered with the school to educate youth on vaping
- Disseminated safe Substance disposal educational materials

Suicide Prevention



Between 2018 and 2020 Catron county averaged 75.3 suicide deaths per 100,000†

What have we been doing about it?

- Natural Helpers established in 2010 in Reserve and 2016 in Quemado
- Partnered with DOH to provide QPR training for the community
- Partner with PMS and American Foundation for suicide prevention at teen health fair
- Distribute crisis line info and educational material working towards bringing bridge to hope peer support group to the county

COVID-19

- Partner with Presbyterian Medical services to distribute covid-19 vaccine information
- Partnered with NMDC, New Mexico Alliance of Health Councils, and New Mexico Department of Health to participate in vaccine equity initiatives
- Distributed hand sanitizer and masks to those most vulnerable



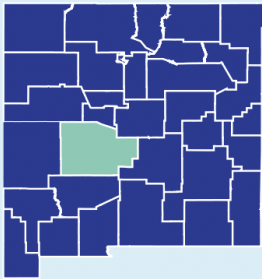
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2022 SOCORRO COUNTY OPTIONS, PREVENTION AND EDUCATION HEALTH COUNCIL



MISSION:

"We will work together to provide a method for community health decision making, to identify & prioritize health & safety needs, to establish & plan strategies for community health goals for the improvement of the health & quality of life in families & individuals of Socorro County."



Our county is home to multiple scientific research centers. While 9.8% of Socorro residents hold a PhD, wealth inequality is a major issue with 36% of our residents living in poverty. We are the 2nd largest county geographically with a population of 17,866.†

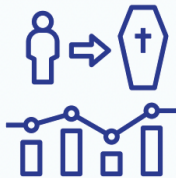
The county profile can be viewed here:

<https://nmcdc.maps.arcgis.com/sharing/rest/content/items/5c81df3d76d74bbf8cc548d2>

PRIORITIES:

Behavioral Health, Access to Care, Healthy Eating & Active Living, Food Insecurity, and Substance Misuse.

Behavioral Health



In 2020, the suicide rate was 228 per 100,000*

What have we been doing about it?

In 2020, we hosted a variety of behavioral health events including: a mental health event at NM Tech and Cottonwood Charter School, a youth summit for Socorro County Middle Schools, offered QPR training, naran training and a showing of the Wellness Wednesdays movie series at the Loma Theatre.

We also made it a priority to generate and distribute a new behavioral health resources guide as well as suicide prevention pamphlets. Madgelena wellness program was created this year. The program is a phone call based health and wellness check for seniors and shut ins.

Food Insecurity



26.6% of children age 0 to 17 are considered food insecure.

What have we been doing about it?

SCOPE generated a variety of resource guides which have been instrumental in connecting community members and organizations. The health council has also been working on food availability with the Warrior Wellness Committee to provide a school food pantry and clothing closet. The community gardens have been a huge success in Socorro County. The first garden was established in 2019 and has expanded to 3 gardens in both the city and county. We have over 30 garden beds that produce fruits, vegetables, and herbs providing commodities to two food pantries as well as senior centers.



In lifting others, we rise ...

Please join us once a month!

Valencia County is a 100% Community.

Community Wellness Council

Why Join Us?

- Make a difference
- Your voice: valued and needed
- Connect and network with others
- Build capacity and readiness in community
- Real change for real people

The Best Gift ... is You!

Priority Areas

- Violence Prevention
- Behavioral Health
- Substance Use
- Healthy Eating
- Active Living

Youth Mentoring

4th Monday @ 3 p.m.

Early Childhood

2nd Tuesday @ 9:30 a.m.

Medical/Dental

2nd Wednesday @ 9 a.m.

Jobs

2nd Wednesday @ 10:30 a.m.

Behavioral Health

2nd Thursday @ 1:30 p.m.

Community Schools

3rd Wednesday @ 12 noon

Housing

3rd Wednesday @ 9 a.m.

Food

3rd Thursday @ 10 a.m.

Parenting Supports

4th Tuesday @ 9:30 a.m.

Transportation

4th Wednesday @ 2 p.m.

For info or to join, contact us:

communitywellnesscouncil@gmail.com

<https://www.100nm.org/valencia/>

Diana Good (505) 222-0958

Designed by Wilderwood Equine Therapy and Rescue
Sponsored by Village of Los Lunas/ Valencia County DWI Program/ Office of Substance Abuse Prevention

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• MISSION •

To promote an optimum quality of life by linking governments, community-based resources, and the people of Lea County.

- Our goal is to enable the community and its members to learn about the services that other members and their organizations provide, share resources and help multiple agencies come together to work toward common goals. To strengthen communication and eliminate duplication of services. As well as work on our community issues which are; Teen Pregnancy Prevention, Substance Abuse/Mental Health, Chronic Diseases, and Housing.
- The Lea County Health Council assisted in the first ever Maze of Life to Lovington 8th grade students on September, 2019. The Maze of Life is an interactive youth engagement activity that provided real-life scenarios for choices made early in life and the impact they have over time.
- The Lea County Health Council was created in 2005. Where individuals from representing healthcare, public safety, education, and community service organizations have come together from all five major communities in the county. The Health Council educates citizens to be wise consumers; identifies community needs and available resources, maintains communication between local governments and the citizens of Lea County, and develops strategies and plans to address recognized needs.

Health Council Contact Information

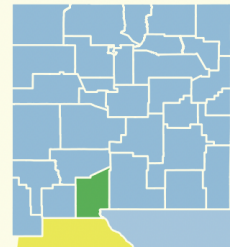
Lorenzo Velasquez, Treasurer (575)391-2983 lvelasquez@leacounty.net
Elaine Hernandez, Secretary (575)396-6611 ext. 1397 elaine.hernandez@nlgh.org



2022 DOÑA ANA COUNTY DOÑA ANA WELLNESS INSTITUTE SERVING AS THE HEALTH COUNCIL

MISSION:

To foster a community-centered, integrated health system to improve the health of Doña Ana County residents.



Doña Ana County is located in the southernmost part of the state and sharing 64 miles of border with an estimated 219,561 residents in 2020, making it New Mexico's second largest county by population.

STRATEGIES:

- Expand DAWI-NMSU Collaboration for Structural Competency Awareness
- Support DAWI-Community Partner Programs
- Broaden DAWI-NMSU Joint Efforts for Policy, Systems and Environmental Change

GOALS/PRIORITY AREAS



Implementation of
Structural Competency
Framework



Focus on
Health Equity



Improve Access to
Integrated Healthcare and
Preventative Services

Doña Ana County Profile: <https://nmdc.maps.arcgis.com/sharing/rest/content/items/06fe3e89dc634c59b65f2216b17408a3/data>

COVID-19 RESPONSE

- Collected and analyzed data about the impact COVID-19 is having on people living in rural and colonia communities in partnership with New Mexico State University.
- Participated in the local Unified Area Command to support coordinated response and communication.
- Implemented a COVID-19 to Home/Hotel Program to help maintain hospital bed capacity.
- Distributed masks and information about COVID-19 safe practices.
- Supported vaccine events.
- Trained promotoras as trusted voices to share COVID-19 safe practices in rural communities.

Important References:

<https://cv.nmhealth.org/>
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
<https://www.donaanacounty.org/>
<https://communityfoundationofsouthernnewmexico.org/>

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Pueblo of Acoma Health Council Organization



Purpose: The Health Council has been established to facilitate access to services and improve the quality of and cultural competence of the public health delivery system within the Acoma Community.

Mission: The Health Council of the Pueblo of Acoma will identify and determine healthcare issues and concerns with professionalism, customer-friendly, cultural and traditional sensitivity to meet the healthcare needs of the community.

Vision: The Health Council of the Pueblo of Acoma is committed to the following principles of maintaining confidentiality, respect, and caring while providing quality management to assure health education and promotion, disease prevention, and the assurance of safety that meets individuals as well as community health needs.

New Mexico Alliance of Health Councils

SCAN HERE!

Download or view County and Tribal Health Council Factsheets to learn more about:

- *Health Council Goals & Objectives*
- *Community Priorities*
- *Previous and Existing Initiatives*
- *Success Stories & Highlights*

MCKINLEY COMMUNITY HEALTH ALLIANCE 2022

Mission

It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying "root" causes of poverty/income inequity, institutional racism and multi-generational trauma.

Vision

MCHA envisions healthy communities in which Individual & Family Wellness, Community Wellness, Cultural Respect, Educational Quality, Access to Services, and a Cooperative spirit are increasingly evident.



VISIT US AT OUR WEBSITE!

[HTTPS://WWW.NMHEALTHCOUNCILS.ORG/](https://www.nmhealthcouncils.org/)