



Investing for tomorrow, delivering today.

Building Resiliency for New Mexico's Adolescents

Presentation to LHHS August 6, 2021

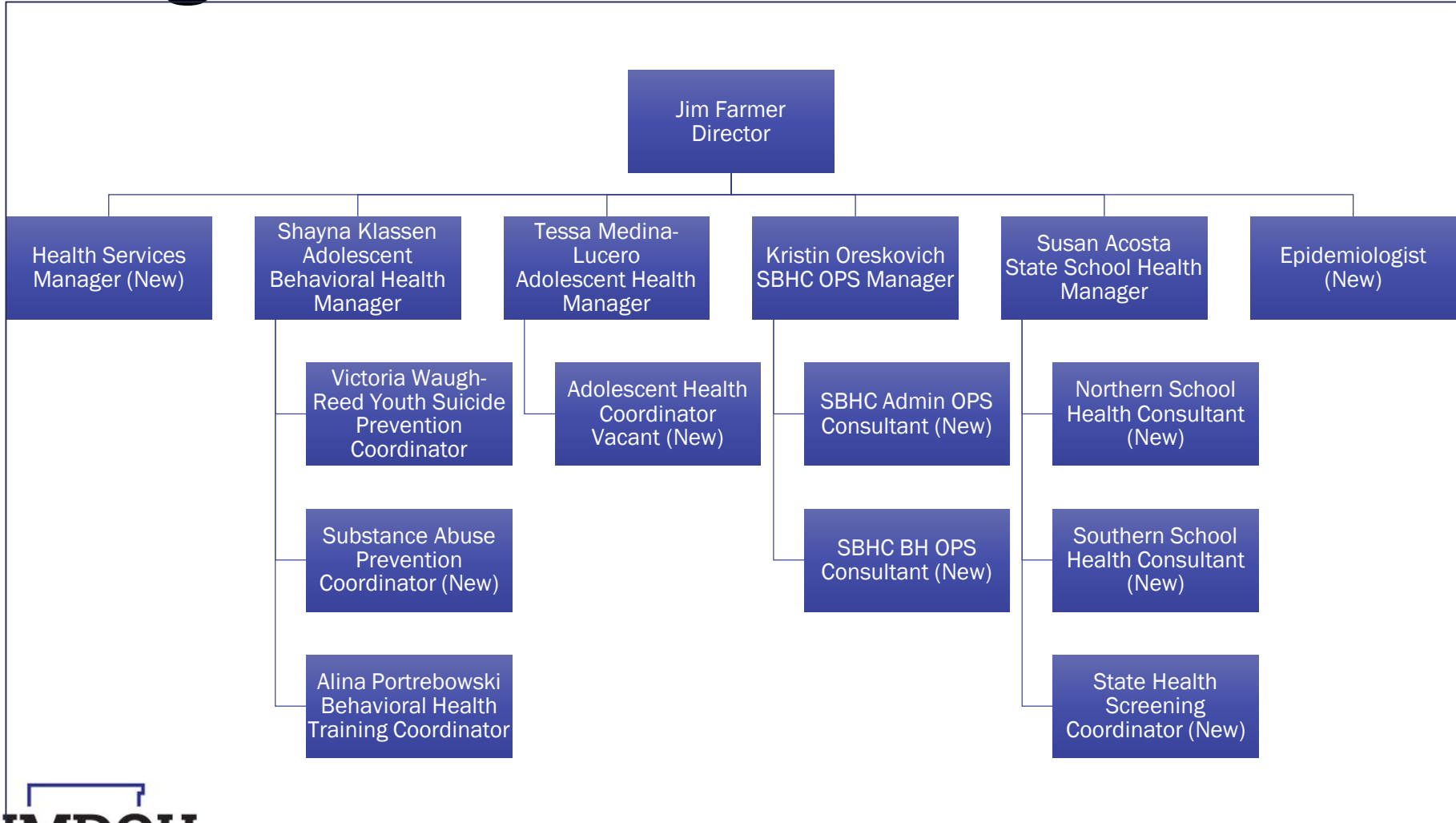
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Organizational Structure



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Adolescent Health

- There are 40 Youth Peer-to-Peer Programs statewide.
- *Adapted* from the promising practice Natural Helper Program & evidence based PYD approach.
- Based on the premise that when young people have problems, they most often turn to trusted friends for help and that within every school a “helping network” already exists in various student subgroups.

Adolescent Health

- Young people are identified by peers and adults as “helpers” and receive training and support to recognize when a peer needs help, improve their communication, listening, and problem-solving skills, become aware of when a situation is more serious and needs adult professional intervention.
- Each program plans and implements one service learning & one health promotion project.

Behavioral Health

- Promoting capacity building and sustainability of behavioral health services and early intervention programs in schools and youth serving organizations.
- Providing technical assistance for implementation and expansion of evidence-based behavioral health programs.
- Training schools and youth serving organizations in evidence-based programs, such as: PREPaRE curriculum in school crisis prevention and intervention, Question Persuade Refer Gatekeeper for suicide prevention, CPI Nonviolent Crisis Intervention techniques, Counseling on Access to Lethal Means, Youth Mental Health First Aid, and Teen Mental Health First Aid.

Behavioral Health

- Alliance building for schools and youth serving organizations to coordinate care with community mental health organizations and providers .
- Facilitating community partnerships to support awareness, decrease stigma, and enhance behavioral health services statewide.
- Providing advanced training for medical and behavioral health providers on screening, early intervention, resiliency, referral, and follow-up.

School Health Services

- NM School Health Manual - a vital web-based guidance manual to assist school health personnel in providing a coordinated school health program that receives 5,000 visits per year.
- The Annual School Health Services Report, a snapshot of health services provided by NM school nurses, is coordinated and maintained by OSAH. Statewide data is linked into the National Data Set allowing NM school health to be represented.
- We collaborate with public health regions and Regional Health Officers to provide statewide training and technical assistance for approximately 500 school nurses, 450 health assistants, and 1,000+ school counselors and social workers.
- unique opportunity for improving school health and behavioral health.

School Health Services

- The trained workforce provides school health services for 310,000+ students at 800 campuses, including provision of chronic disease management and coordination for 6,800+ students who require medically complex procedures for chronic health conditions such as asthma, diabetes, and complex seizure disorders.
- The annual Head to Toe Conference, hosted by OSAH, is a culmination of our partnerships with communities, professionals, youth leaders, and resources. Entering its 24th year, H2T has gone virtual (H2T365) to meet the needs of school health personnel statewide and remains the largest conference in NM and a truly unique opportunity for improving school health and behavioral health

School Based Health Centers

- 48 OSAH funded SBHCs provide quality, integrated, and culturally responsive health care delivered in a youth friendly setting to keep children and adolescents in school and ready to learn.
- OSAH funded SBHCs provide accessible services regardless of insurance status or ability to pay and in alignment with New Mexico statutes for minor's rights for receipt of health care services.
- Nearly 40% of visits to NM SBHCs are for behavioral health services; eliminating barriers to this important service.
- All OSAH supported SBHCs are in Health Professional Shortage Areas.

QUESTIONS?