

HSD Behavioral Health Presentation to LHHS August 5, 2021

BRYCE PITTENGER, LPCC - CEO OF BEHAVIORAL HEALTH COLLABORATIVE NEAL BOWEN, PhD – BEHAVIORAL HEALTH SERVICES DIVISION DIRECTOR INVESTING FOR TOMORROW, DELIVERING TODAY.

### BEFORE WE START...

On behalf of all colleagues at the Human Services Department, we humbly acknowledge we are on the unceded ancestral lands of the original peoples of the Apache, Navajo and Pueblo past and present.

With gratitude we pay our respects to the land, the people and the communities that have contributed to what today is known as the State of New Mexico.





### AGENDA

Time	Presenter	Topics
9:15AM – 9:30AM	Bryce Pittenger	Behavioral Health Collaborative Overview
		Collaborative Goals 1 & 2 Accomplishments and Next Steps
9:30AM – 9:50AM	Neal Bowen	Adverse Childhood Experiences (ACEs) Overview
9:50AM – 10:20AM	Bryce Pittenger	Collaborative Goals 3 & 4 Accomplishments and Next Steps
10:20AM – 11:00AM	Neal Bowen	Administrative Services Organization Overview
		Access to Behavioral Healthcare in NM
		988 Crisis Now
11:00AM - 12:15PM		Questions & Answers



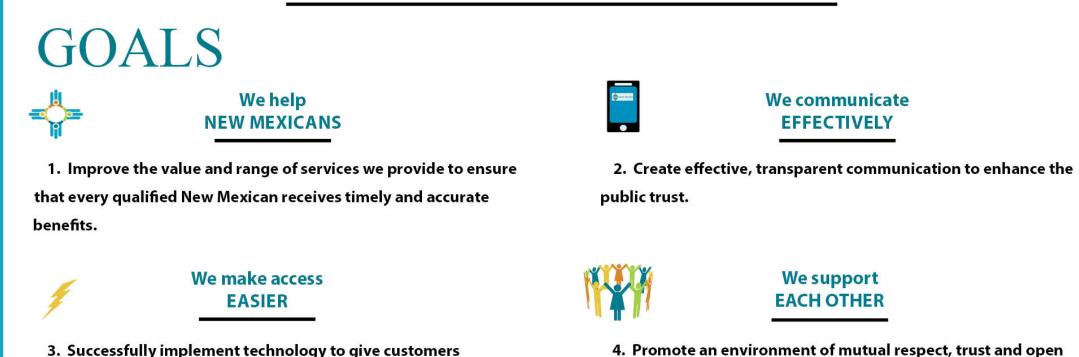
### MISSION



communication to grow and reach our professional goals.

4

To transform lives. Working with our partners, we design and deliver innovative, high quality health and human services that improve the security and promote independence for New Mexicans in their communities.



3. Successfully implement technology to give customers and staff the best and most convenient access to services and information.

# MEET THE JOHNSON FAMILY...

- David 36; Amanda 33; Mia 9
- Mia brought to the attention of CYFD by her 3rd Grade teacher for neglect, teacher was concerned by her grooming and clothes, and unkempt appearance.
- CYFD assessment reveals David is carpenter, Amanda works in retail.
- Economic strain has risen during pandemic
  - Food insecurity is frequent; rent payments have been missed
  - Relationship between them has become tense
  - David abusing opioids over the last year following shoulder surgery.
- David arrested for DUI, briefly jailed just before CYFD involvement





### MISSION



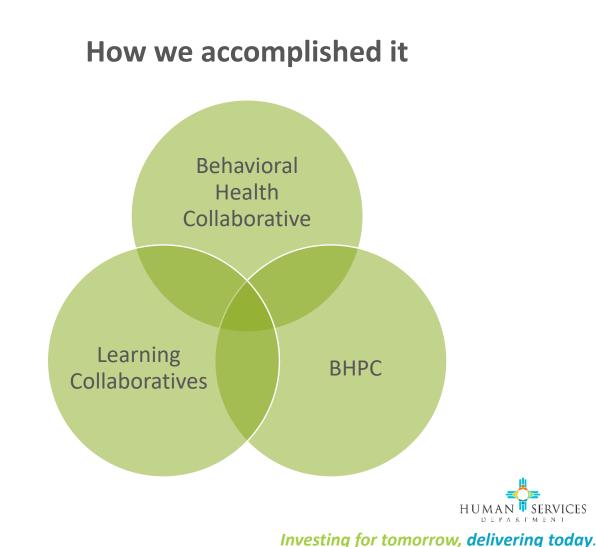
To work collectively to improve the lives of New Mexicans by ensuring that Behavioral Health care. is-accessible, of high quality, collaborative, fiscally responsible, and meets the needs of our diverse population



### NEW MEXICO BEHAVIORAL HEALTH COLLABORATIVE ACCOMPLISHMENTS SINCE 2019

#### What we accomplished

- August 2019 BHC executive departments met and designed 4 goals and FY 2020 budget expansion
- October 2020 full time CEO
- Monthly Strategic planning meetings with Cabinet Secretaries
- Monthly Operations planning meetings with designated behavioral health liaisons
- BHC quarterly meetings
- ASO: 2 new departments, ECECD and DDC
- Local Collaborative survey



### GOAL 1: BEHAVIORAL HEALTH WORKFORCE

### What we accomplished

Where we're going





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### GOAL #1 ACCOMPLISHMENTS: WORKFORCE

#### **Provider rate increases**

- Effective 10/01/19, rate increase to bring Medicaid rates up to at least 90% of Medicare. BH Fee schedule released with Medicaid Managed Care Organization (MCO) Letter of Direction (LOD) #19.
- COVID-19 LOD #21 gave temporary increase to BH services of 6.81% from April 1, 2020 to June 30, 2020.

#### **Providers as partners**

- Resolved lawsuits and welcomed 2013 providers back.
- BHSD formed provider workgroup on credentialing process and claims issues with providers and MCOs.

#### Peer service expansion

- 14 peer-support trainings with total of 353 people
- 403 fully certified peers statewide currently
- 7 peers employed by NM Corrections Dept. with project ECHO pilot.
- Family-Peer service development through High-Fidelity Wraparound (CYFD/HSD) and Youth Peer development (CYFD)





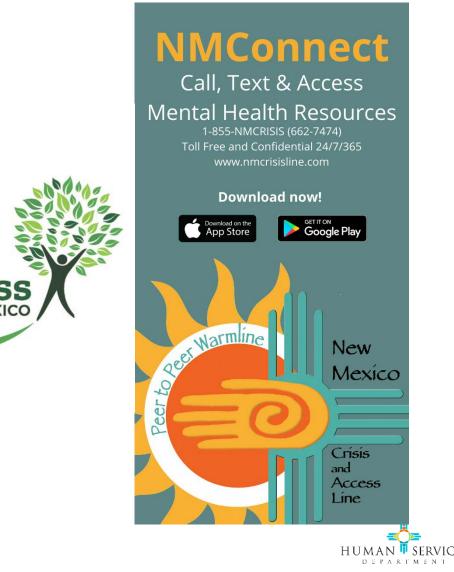
### GOAL #1 ACCOMPLISHMENTS: WORKFORCE

#### Adapting to COVID-19 pandemic

- Use of Certified Peer Support Workers (CPSWs) through ESF6 28 CPSWs served 415 people in COVID-19 shelters
- 2. Over 50 CPSWs served as crisis counselors trained by FEMA, assisting over 43,000 people
- 3. Early adaptation and reimbursement for telehealth

Interagency Suicide Prevention Workgroup

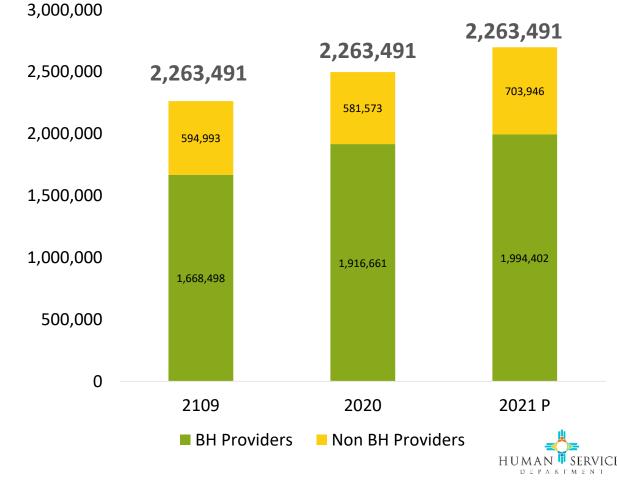
- 1. Public Service announcements
- 2. Wellness promotion...Path to Wellness
- 3. Mental health Mondays
- 4. Began Zero Suicide implementation planning



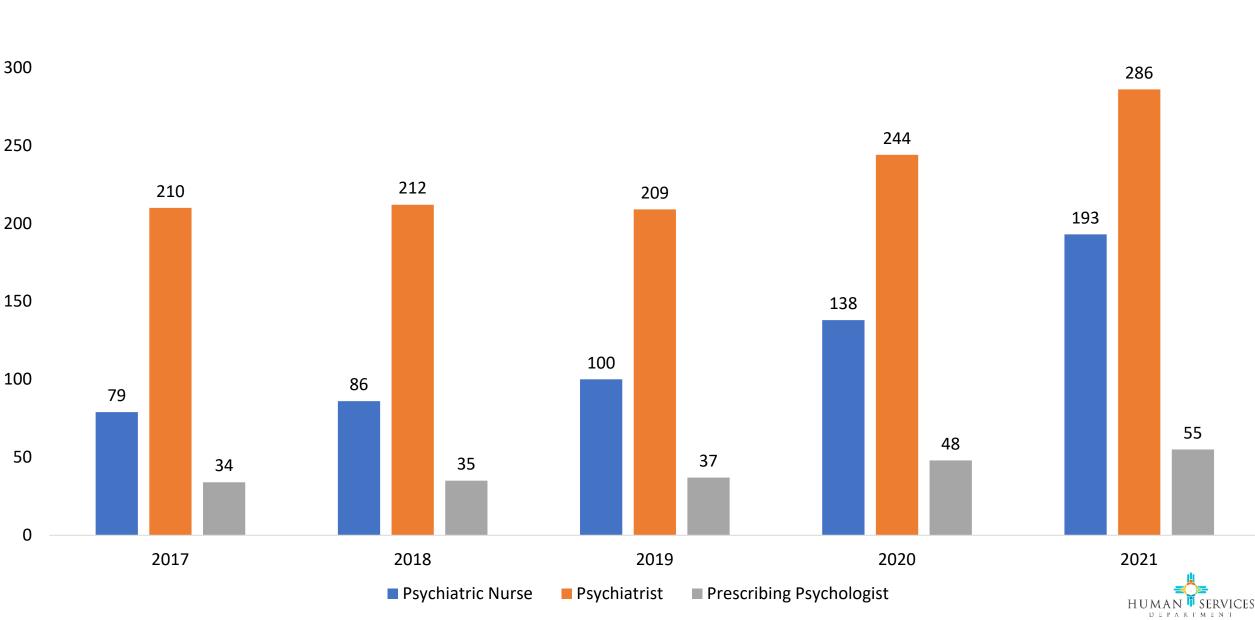
### BEHAVIORAL HEALTH ENCOUNTERS 2019-2021

- 2021 values projections based on first 6 months
  - Actuals 2021 Year-to-date
    - Non-BH Providers: 351,973
    - BH Providers: 997,201
    - Includes Medicaid and Non-Medicaid Encounters
- More BH Encounters for Non-BH Providers in 2021
  - Reverses Trend

## NM Total Behavioral Health Encounters, 2019-2021



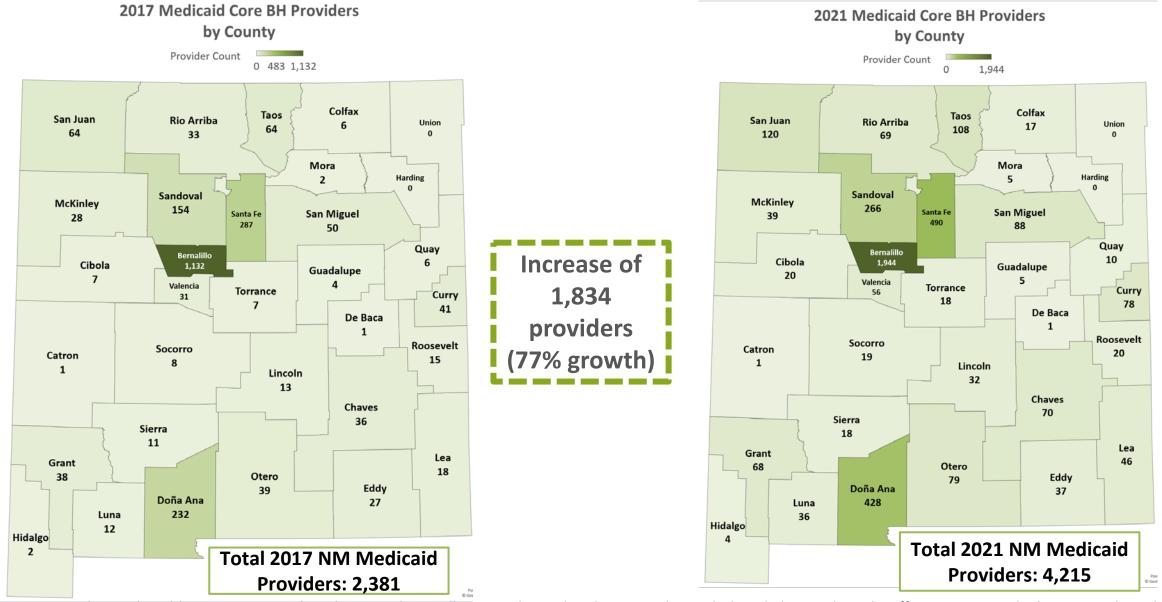
NM Behavioral Health Provider Expansion, 2017-21



Source: NM HSD, Behavioral Health Services Division

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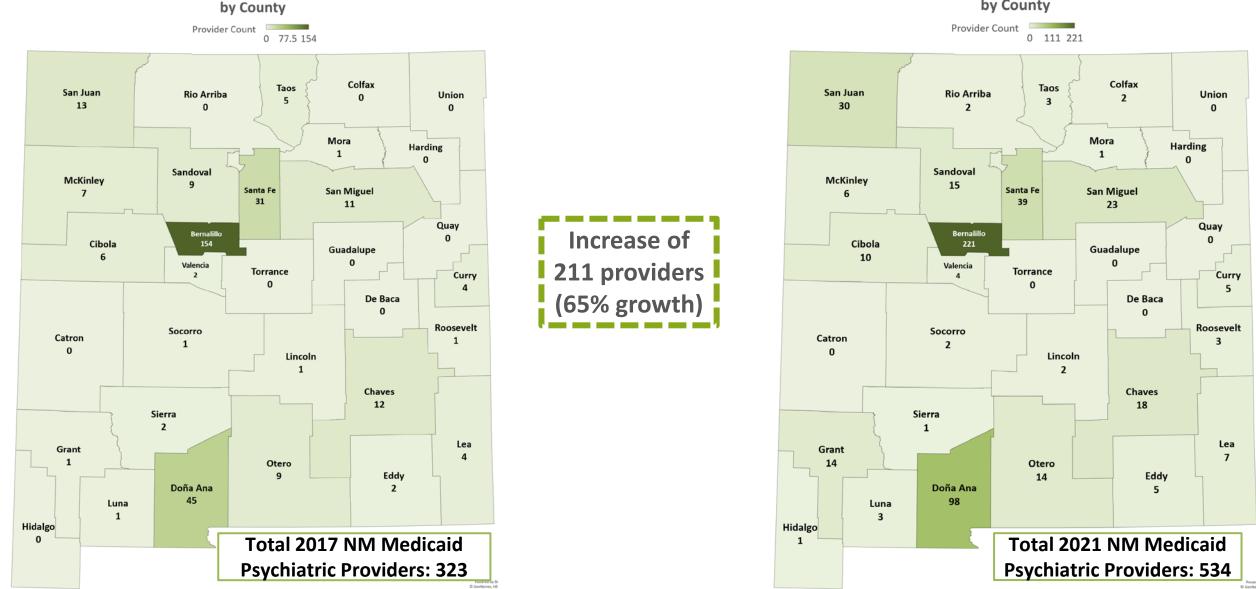
### PROVIDER NETWORK GROWTH 2017 TO 2021



Source: NM HSD, Behavioral Health Services Division based on provider enrollment in the Medicaid system. The totals do include providers who offer services in multiple counties throughout the state, however have a Medicaid provider identification for each area serviced. Providers who are serving multiple counties may not be serving the county on a full-time basis. Core BH Providers" include Licensed Social Workers – independent and non-independent; Licensed Counselors - independent and non-independent; Psychologists; does not include alcohol and addiction counselors.

#### PROVIDER NETWORK GROWTH 2017 TO 2021 2017 Medicaid Psychiatric Providers

2021 Medicaid Psychiatric Providers by County



Source: NM HSD, Behavioral Health Services Division based on provider enrollment in the Medicaid system. The totals do include providers who offer services in multiple counties throughout the state, however have a Medicaid provider identification for each area serviced. Providers who are serving multiple counties may not be serving the county on a full-time basis.

### GOAL #1: WHERE WE ARE GOING...

#### Improve quality

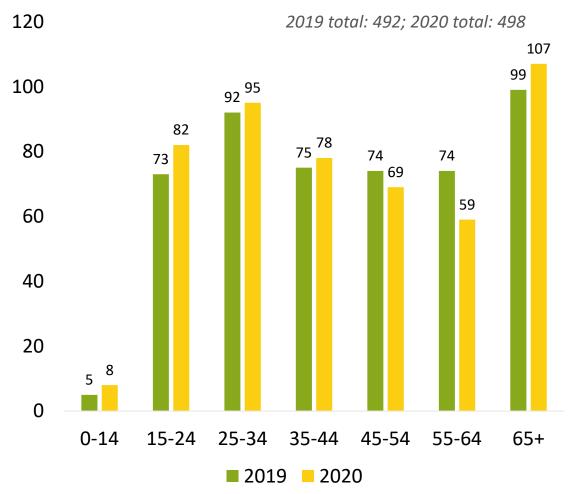
- Use of Evidence Based Practices
- Early childhood Clinical Consultation model <u>ECECD</u> <u>Strategic Plan</u>
- NMSU Center of Innovation (<u>COI</u>) coordination
- Increase disability community competency in BH
- Increase Clinical supervision competency

#### **Improve Access**

- Sustain Telehealth
- 988 Crisis Now! Planning efforts aligned
- Suicide Prevention across departments
- Expand referral platform and processes
- No Wrong Door for all

NM had 2<sup>nd</sup> highest suicide death rate in 2018 (14 deaths per 100,000 population

#### NM Suicides by Age Group, 2019-20



### GOAL #1: WHERE WE ARE GOING...

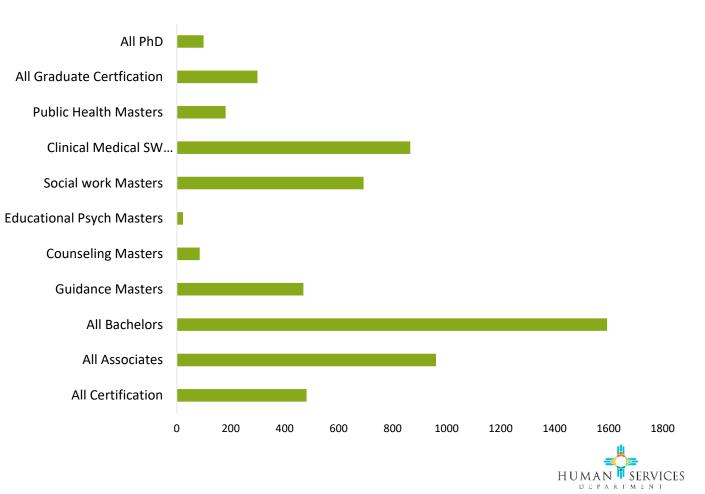
### Increase members of workforce who represent the cultural and racial diversity of NM

- Partner with African American, Hispanic/Latino, and Native American Providers Associations to align efforts to increase workforce diversity
- Explore policy and practice, suggest changes
- Analize current workforce practitioner language and ethnicity; Analize prevalence of certified interpretation, cost, training and certification needs

#### Financial incentives (explore)

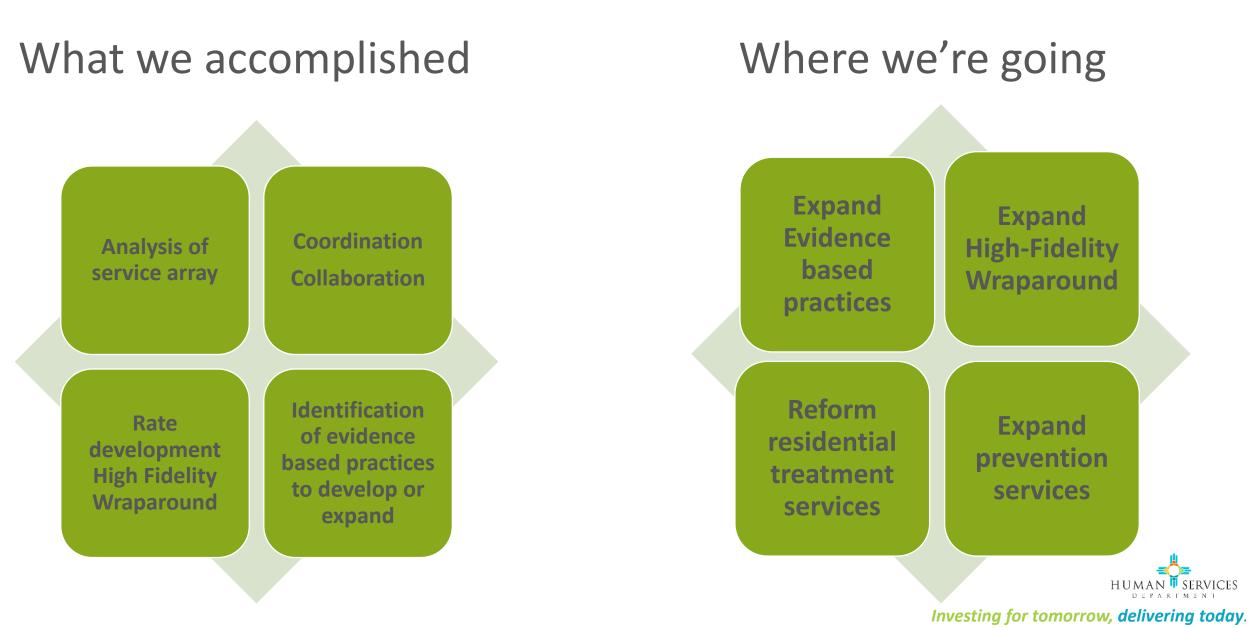
- Rural Tax credits for counselors and Social Workers
- Federal loan repayment options
- NM Higher education State General Fund loan repayment
- Children, Youth and Families Dept. stipends for loan forgiveness

### NM Behavioral Health Workforce Graduates 2015-2020



### GOAL 2: CHILDREN & YOUTH BH SERVICES

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# GOAL 2 ACCOMPLISHMENTS: CHILDREN & YOUTH

**Analysis**: Understand current provider network and service provision across the state. Determine needed prevalence.

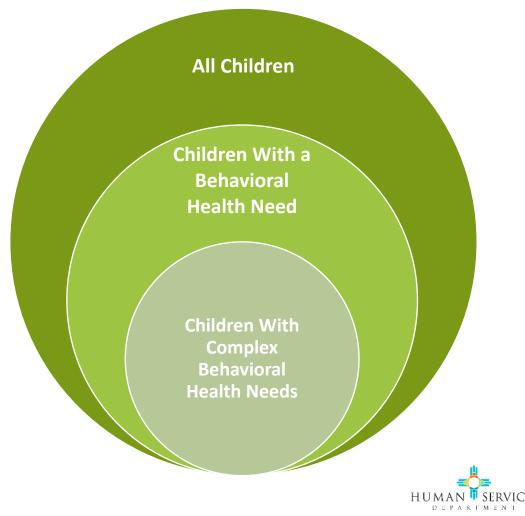
<u>Services Map</u> for children, youth, and family behavioral health services

#### **Collaboration in Process (continue)**

- 1. PED, CYFD, HSD, DOH on School Based Health Centers
- 2. CYFD, HSD, DOH, PED, DDC on special education training and supports
- 3. CYFD/HSD on joint process to offer BH care to children, youth, families with BH needs
- 4. PED, CYFD, HSD, DOH on funding for BH services in schools outside the Individualized Education Plan (IEP)

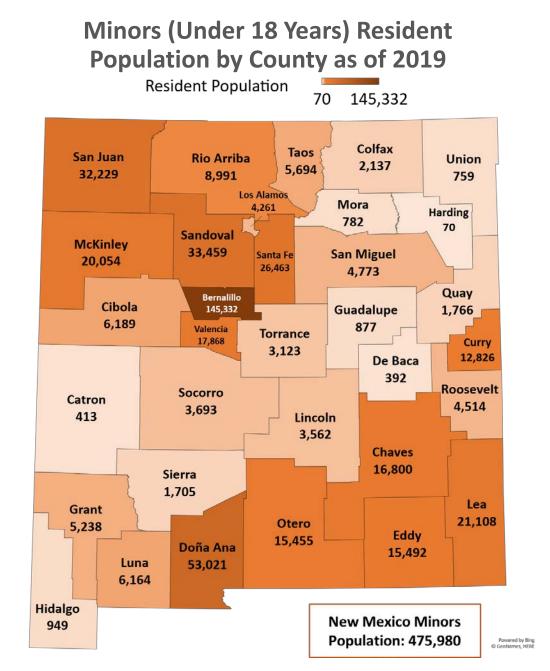
Rate development: High-Fidelity Wraparound

**Evidence Based Practice development** 



# GOAL 2: WHERE WE'RE GOING

- Expand Evidence based practices training
- Double High-fidelity Wraparound to 35 facilitators
- Reform Residential Treatment Services
  - Building Bridges Initiative: Evidence based national approach to reforming youth RTC's
  - Qualified Residential Treatment
     Program development (regulation change) per the
     Family First Prevention and Services Act <u>FFPSA</u>
  - Target date: October 2021
- Identify prevention gaps
  - Plan to close gaps with (FFPSA) federal funding
  - Social Emotional Learning curriculum for PED
  - Align suicide prevention ask from Goal #1 for children, youth, and transition age youth



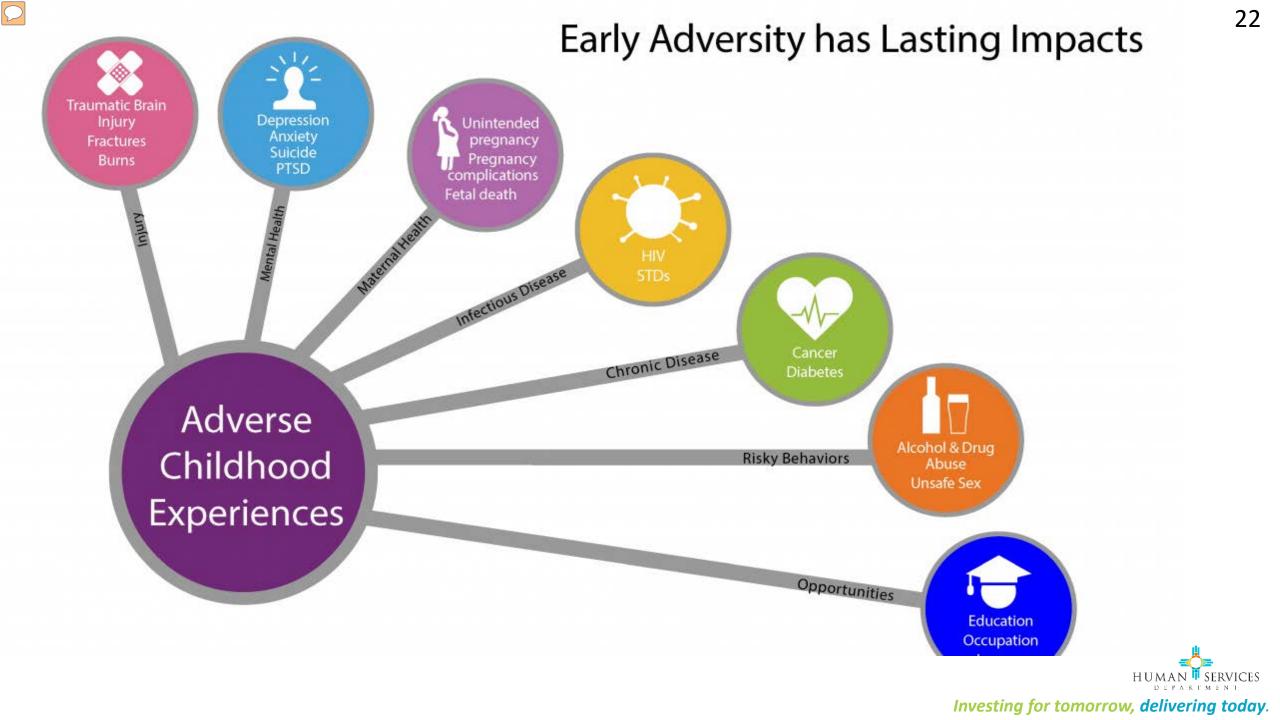
# ADVERSE CHILDHOOD EXPERIENCES (ACEs)

#### The Pair of ACEs

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#### Adverse Childhood Experiences

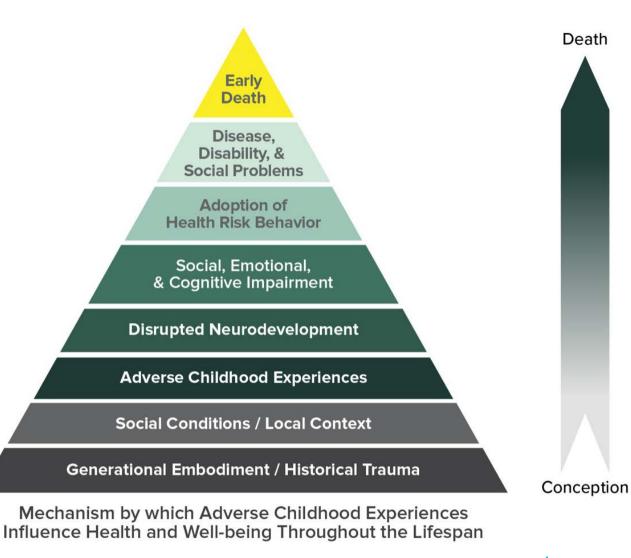




#### Among Children from Birth through Age 17, Percentage Reported to have had 0, 1, 2, and 3+ Adverse Childhood Experiences (2018)

	0 ACEs	1 ACEs	2 ACEs	3+ ACEs
US	55%	24%	11%	10%
NM	48%	25%	9%	18%

 Table source: <a href="https://www.childtrends.org/publications/prevalence-adverse-childhood-experiences-nationally-state-race-ethnicity">https://www.childtrends.org/publications/prevalence-adverse-childhood-experiences-nationally-state-race-ethnicity</a>





### Some Groups Are More Likely to Have Experienced ACEs

Multiple studies show that people who identified as members of these groups as adults reported experiencing significantly more ACEs:

Black, Hispanic/Latino, or multiracial people	People with less than a high school education	People making less than \$15,000 per year u	People who are inemployed or unable to work	Lesbian, gay, bisexual, or transgender people
		Among New Mexicans.	•••	
67.3% of people identify as nonwhite <sup>1</sup>	14.4% did not graduate high school (ranks 7 <sup>th</sup> in US) <sup>2</sup>	16.0% are in poverty (ranks 3 <sup>rd</sup> in US) <sup>3</sup>	7.9% unemployed (ranks 1 <sup>st</sup> in US) <sup>4</sup>	4.5% identify as LGBTQ+ (estimate) <sup>5</sup>
Sources: https://vetoviolence.cdc.	gov/apps/aces-infographic/home; 1. <u>ht</u>	tps://www.census.gov/quickfacts/fact	/table/NM,US/EDU635219; 2.	

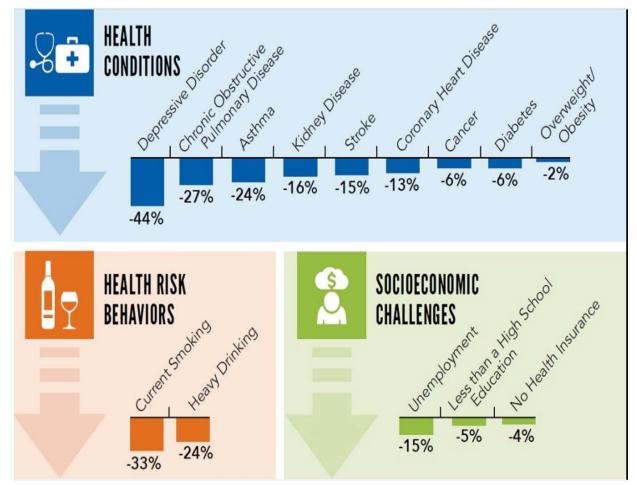
Sources: <u>https://vetoviolence.cdc.gov/apps/aces-infographic/home</u>; 1. <u>https://www.census.gov/quickfacts/fact/table/NM,US/EDU635219</u>; 2. <u>https://www.census.gov/newsroom/releases/xls/cb12-33table1states.xls</u>; 3. <u>https://www2.census.gov/programs-surveys/demo/tables/p60/270/state.xlsx</u>; 4. <u>https://www.bls.gov/web/laus/laumstrk.htm</u>; 5. https://williamsinstitute.law.ucla.edu/visualization/lgbt-stats/?topic=LGBT#density

### PREVENTING ACES

#### **CDC Recommendations**

- 1. Strengthen Economic Supports to Families
- 2. Promote social norms that protect against violence and adversity
- 3. Ensure a strong start for children
- 4. Teach skills
- 5. Connect youth to caring adults and activities
- 6. Intervene to lessen immediate and longterm harms

### Potential reduction of negative outcomes in adulthood, CDC



https://www.cdc.gov/vitalsigns/aces/index.html

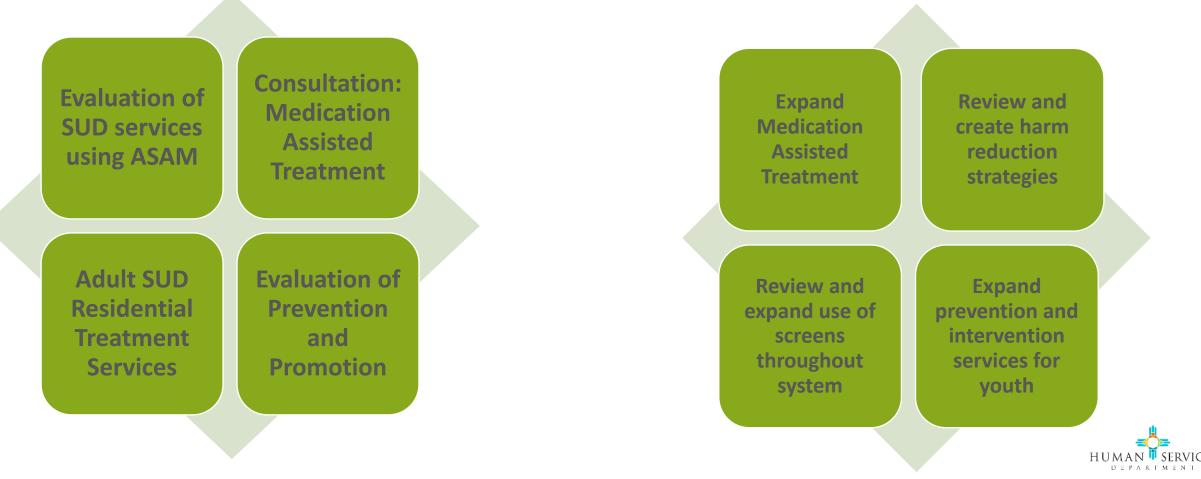


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### GOAL 3: ADDRESSING SUBSTANCE USE DISORDER (SUD)

### What we accomplished

### Where we're going



### GOAL #3 ACCOMPLISHMENTS: SUBSTANCE USE DISORDER

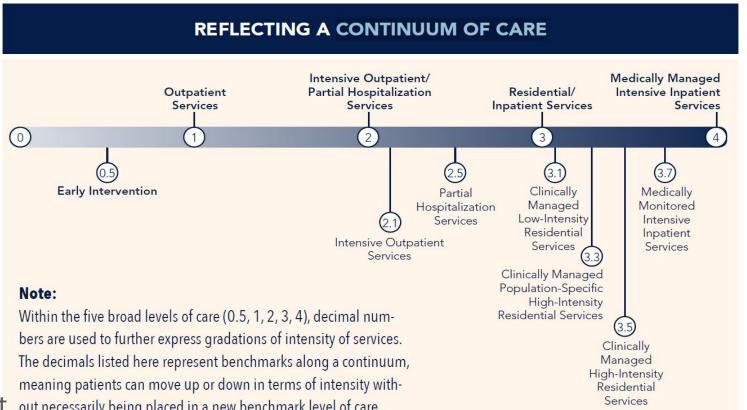
- Evaluation of substance use disorder
- services using American Society of
- Addiction Medicine criteria
- Medication Assisted Treatment
   Promotion

#### **Adult SUD Residential Treatment**

process

- States General Fund savings via moving funding to Medicaid for accredited, qualified providers
- 8 Adult Accredited Residential Treatment out necessarily being placed in a new benchmark level of care.

Centers (AARTC), 236 beds, 7 ARTC's in





### STATE GENERAL FUNDS SAVED BY TRANSITIONING ADULT ACCREDITED RESIDENTIAL TREATMENT CENTER (AARTCS) TO MEDICAID

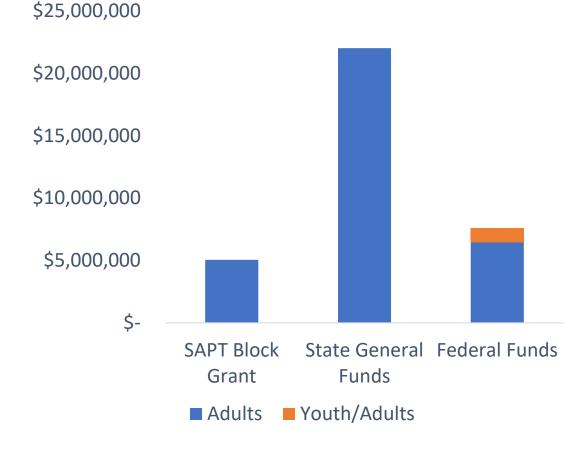
<b>Provider status</b>	FY20	FY 21	GF
AARTCs that	\$13,634,575	\$5,967,750	(\$7,666,825) Savings
transitioned to			
Medicaid			
New AARTC		\$568,700	\$568,700
Not Medicaid	\$2,253,750	\$2,234,900	(\$18,850) Savings
	\$15,888,325	\$8,771,350	(\$7,116,975) Savings

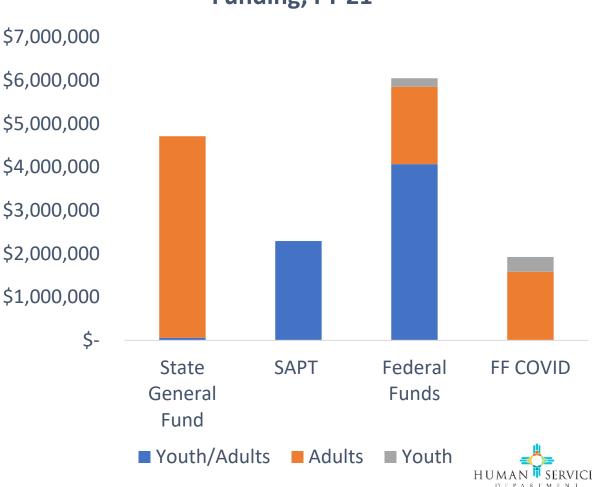


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### GOAL #3: SUBSTANCE USE DISORDER FY21 FUNDING

#### NM Behavioral Health Treatment non-Medicaid Funding, FY 21





#### NM Behavioral Health Prevention Funding, FY 21

### GOAL #3: WHERE WE ARE GOING...

#### Expand Medication Assisted Treatment

- Develop Strategy with Pew and National Governor's Assoc
- Develop pilot with NMCD
- Continue to develop and expand Opioid Treatment Programs
- Explore mobile means for rural areas

#### **Harm Reduction**

 Maintain NARCAN supply and distribution (FY 2021 YTD 2,682 trained; at least 300 overdose reversals)



https://doseofreality.com/



### GOAL #3: WHERE WE ARE GOING...

#### Review use of all SUD screenings across primary care and BH settings

- Identify screenings to use, by setting, for adults and youth
- Collect data and analyze
- Implement screens and data collection

#### Expand prevention and intervention services for youth

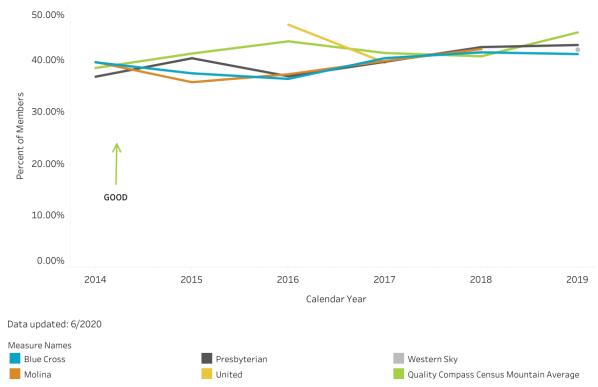
- Utilize Interagency Steering to address gaps in Intensive Outpatient Programs (focus groups with providers)
- Work with Residential Treatment providers to specialize
- Explore detox options, Medication Assisted Treatment, and Prevention alternatives for youth

#### Drug Overdose Death Rate per 100,000 Population by County, 2013-17 Deaths per 100,000 Age-adjusted 0.0 35.4 88.6 Colfax Taos San Juan **Rio Arriba** Union 45.6 29.6 18.5 88.6 0.0 Los Alamos Mora 23.8 Harding 12.7 0.0 Sandova McKinley 20.1 San Miguel Santa Fe 13.7 30.1 50.2 Quay Bernalillo Cibola 9.0 Guadalupe 26.3 22.6 Valencia 37.8 Torrance 35.4 Curry 32.0 20.4 De Baca 29.6 Roosevelt Socorro Catron 6.6 16.2 15.1 Lincoln 48.0 Chaves 25.4 Sierra 42.1 Lea Grant Otero 19.7 39.3 Eddy 18.7 Doña Ana 24.9 Luna 16.6 28.7 Hidalgo New Mexico Drug Overdose Deaths: 34.6 25.3/100,000 population

### INITIATION OF SUD TREATMENT

- Comparison is to Mountain States (Arizona, Colorado, Idaho, New Mexico, Montana, Utah, Nevada and Wyoming): 45.2%
- •NM MCOs report between 41% and 42.8%
- Drug Overdose Deaths in NM increased 25% in 2020

Source: <u>https://sites.google.com/view/nmhsdscorecard/goal-</u> 1/mco-behavioral-health How good is my Managed Care Organization (MCO) at working with providers to ensure I receive treatment initiation for alcohol or other drug (AOD) dependency, should I need it?



**Description:** The percentage of adolescent and adult members with a new episode of alcohol or other drug (AOD) abuse or dependence who received Initiation of AOD Treatment.

Reports: Annual (last year's data published at end of June).

Numerator: Initiation of AOD treatment within 14 days of the Index Episode Start Date (IESD).

Denominator: Members 13 years and older with a new episode of AOD abuse or dependence during the Intake Period. Target: 2014-2020: improve by 2% or meet regional average; 2020-2022: all MCOs improve by average amount to meet regional average in 2023.

Data Source: MCO audited HEDIS report.

### OPIOID TREATMENT PROGRAMS

- Provide array of services to folks suffering from Opioid Use Disorder, including Methadone, and potential for other Medication Assisted Treatment
- Only facilities allowed to provide ongoing Methadone treatment
- Approved by BHSD, Accreditation and SAMHSA certification required, with licenses from other entities (e.g. DEA and BoP)
- MAT in Opioid Treatment Program must include counseling

#### NM Opioid Treatment Programs

County	Number of Providers	Number of Clients
Bernalillo	12	5,018
Chaves	1	181
Doña Ana	1	288
Rio Arriba	2	572
Sandoval	1	148
San Juan	1	160
Santa Fe	2	647
Valencia	1	313
TOTAL	21	7,327

### MEDICATION ASSISTED TREATMENT (MAT)

- Availability based on Prescriber Training
  - MDs/DOs; NPs; PAs
  - Limited panel allowed
- Variety of locations
  - Primary Care
  - SUD treatment facilities
  - Jails

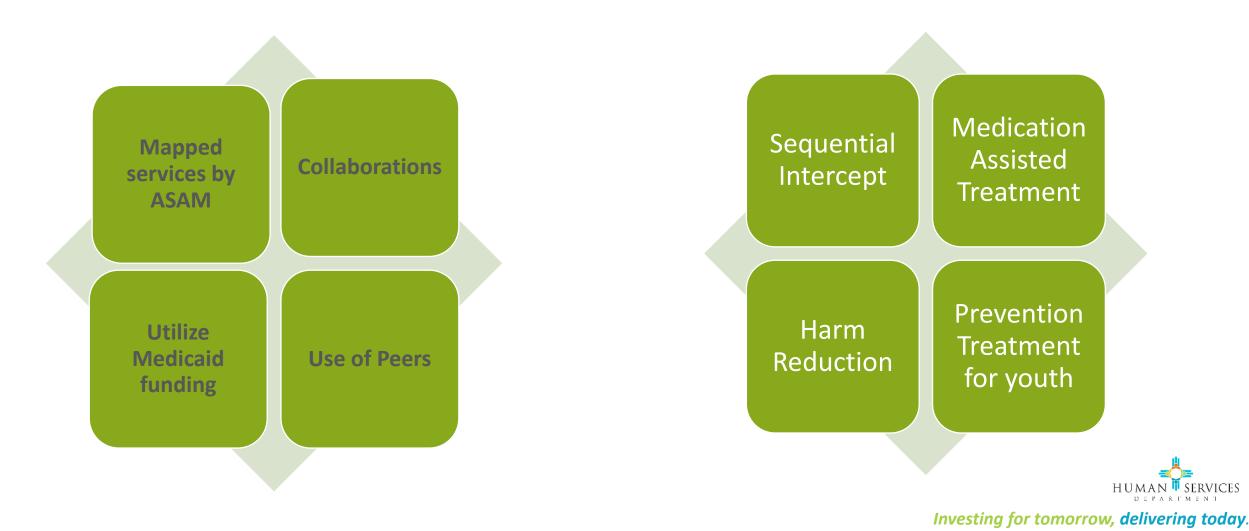
- For opiates:
  - Methadone
  - Buprenorphine
  - Naltrexone
- For EtOH
  - Acamprosate
  - Disulfiram
  - Naltrexone



### GOAL 4: SERVICES FOR JUSTICE-INVOLVED INDIVIDUALS

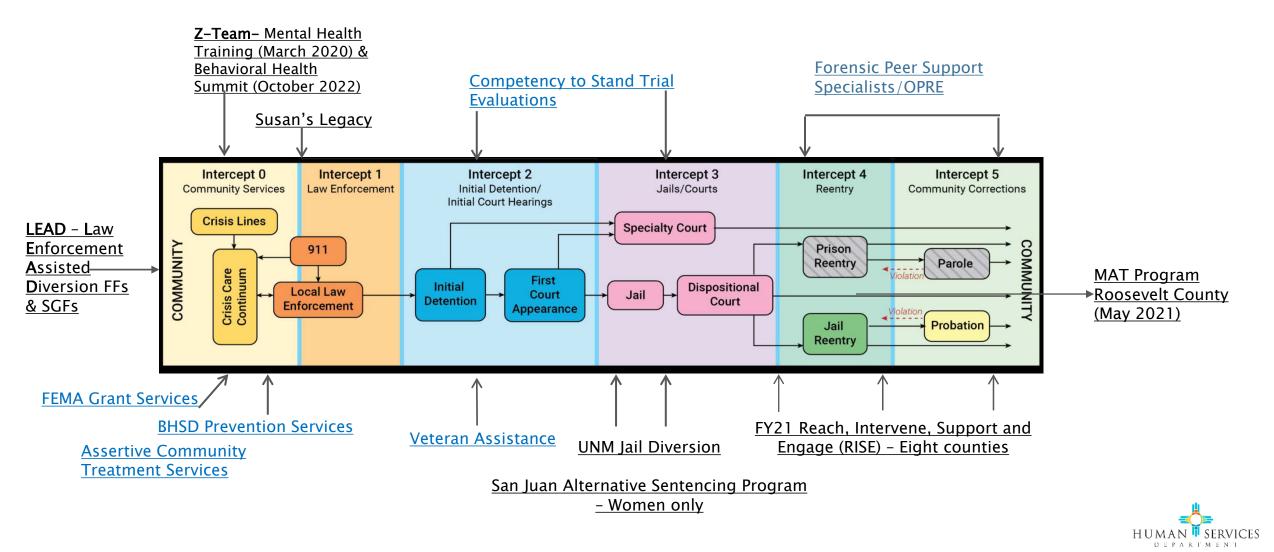
### What we accomplished

Where we're going



### GOAL #4: EFFECTIVE INTERVENTIONS FOR JUSTICE INVOLVED INDIVIDUALS

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### GOAL 4 ACCOMPLISHMENTS: JUSTICE-INVOLVED SERVICES

**Mapped services** for justice-involved individuals using Sequential Intercept Model

#### Administrative Office of the Courts Treatment Courts Intercept 3

- FY 2020 1,658 people served (\$10.2 million)
- FY 2021 **1,389** people served (\$10.2 million)

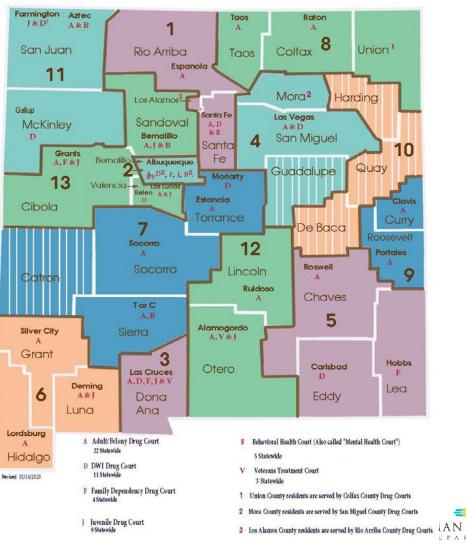
#### BHSD

- Intercept 1: Pre-arrest diversion FY21 \$3.3 million: Gallup, Dona Ana, Tribal LEAD, LEAD Santa Fe, Taos, San Juan, San Miguel, Lea, and Bernalillo
- Intercepts 2-5: Treatment FY 2021:
  - \$6.1 million veterans, RISE, forensics
  - UNM, Peer Support Training
     *NM Corrections Department*
  - Peer Support Workers

#### NEW MEXICO TREATMENT COURTS

DISTRICT, METROPOLITAN, MAGISTRATE & MUNICIPAL PROGRAMS IN THE STATE'S 13 JUDICIAL DISTRICTS

As of March 30, 2021, 28 counties and 12 of the state's 13 judicial districts have at least one drug court program. Five counties (striped) and one judicial district (the  $10^{n}$ ) do not yet.



SERVICES

#### GOAL #4 ACCOMPLISHMENTS: JUSTICE-INVOLVED SERVICES

#### CYFD

- Intercept 3 Alternatives to detention (Juvenile Community Corrections): FY21 \$2.4 million 1,180 youth served
- Intercept 0 Mentoring (Deflection): FY21 2,500 youth served \$2.7 million
- Intercept 0 Prevention (Juvenile Justice Advisory Councils): FY21
   5,471 youth served \$2.2 million
- Intercept 4 (Facilities): FY21 207 youth served \$2.7 million

48	ECONOMIC WELL-BEING			
	Rank 48th	UNITED STATES	NEW MEXICO	
	IN POVERTY 10,000   NM: 116,000	<b>22% 17%</b> 2010 2019 BETTER	30% 2010 2	<b>5%</b> 2019
	WHOSE PARENTS LACK SECURE EMPLO 33,000   NM: 151,000	<b>33% 26%</b> 2010 2019 BETTER	37% 2010	2019 BETTER
COST BURE	LIVING IN HOUSEHOLDS WITH A HIGH F DEN <b>'0,000   NM: 124,000</b>	HOUSING 41% 30% 2010 2019 BETTER	33% 2010	<b>6%</b> 2019
	T IN SCHOOL AND NOT WORKING 5,000   NM: 12,000	<b>9% 6%</b> 2010 2019 BETTER	12% <sub>2010</sub> ]	<b>1% BETTER</b>



Graphic Source: <u>https://assets.aecf.org/m/databook/2021KCDB-profile-NM.pdf</u>

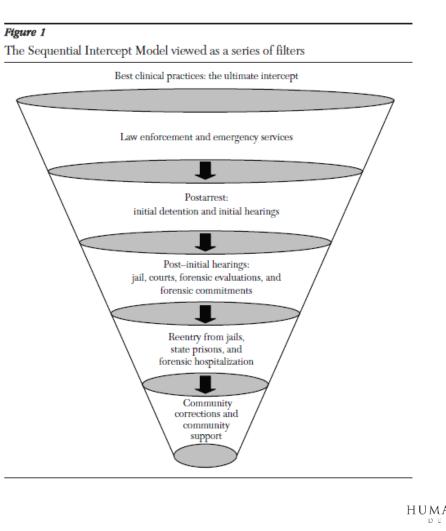
### GOAL #4: WHERE WE ARE GOING...

#### **Sequential Intercept**

- Plan to increase intercepts service and supports
- Collaborative with Courts on Z-team initiative
- Align federal and state funds to strengthen hub and spoke model

#### **Medication Assisted Treatment**

- Increase qualified prescribers, and number of people they are serving, with MAT for Opioid Use Disorder
- Align MAT across intercepts
  - PEW project (BHC, DOH, NMCD, HSD, GOV)
  - National Gov's Association (BHC, DOH, NMCD, GOV, HSD)
  - NMCD/HSD pilot (details in development, Roosevelt County September 2021)



### GOAL #4: WHERE WE ARE GOING ...

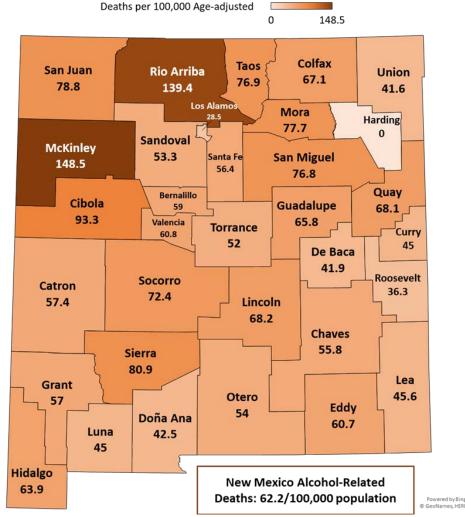
#### **Harm Reduction**

- Sustain Narcan for overdose prevention
- Promote use of Fentanyl testing strips in pilot with ABQ and BERNCO (in possible development)

#### **Prevention and Treatment for Youth**

- Increase alignment of youth serving systems
- Use of SBIRT in primary care settings
- Utilize School Based Health Centers for Intercept
   1
- Review Intensive OP for youth: 9 providers, only 3 serving SUD
- Review accredited residential treatment center for youth with SUD as primary

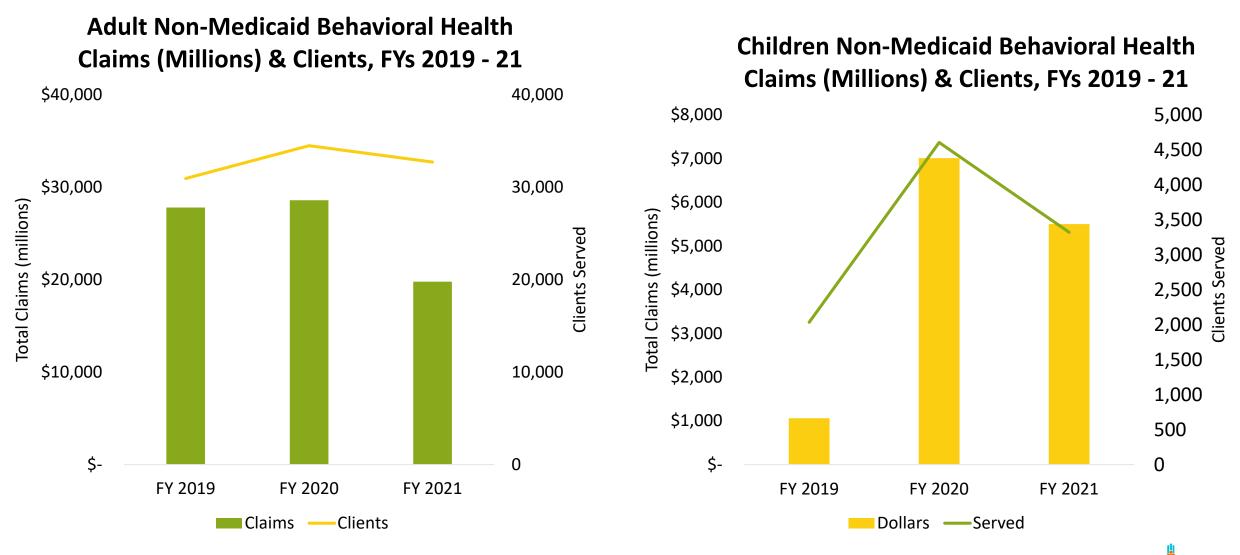
#### Alcohol-Related Deaths by County per 100,000 Populations, 2013-2017



Source: Data obtained from NM-IBIS: <u>https://ibis.health.state.nm.us/indicator/view/AlcoholRelatedDth.Cnty.html</u>. New Mexico Death Data: Bureau of Vital Records and Health Statistics (BVRHS), New Mexico Department of Health. New Mexico Population Estimates: University of New Mexico, Geospatial and Population Studies (GPS) Program, http://gps.unm.edu/. U.S. Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, http://www.cdc.gov/nchs/

# ADMINISTRATIVE SERVICES ORGANIZATION (ASO): FALLING COLORS

Federal and State dollars spent on services



HUMAN SERVICES DEFARTMENT Investing for tomorrow, delivering today.

### TELEHEALTH SERVICES THROUGH ASO FY 2020-2021 (DOES NOT INCLUDE MEDICAID SPENDING)

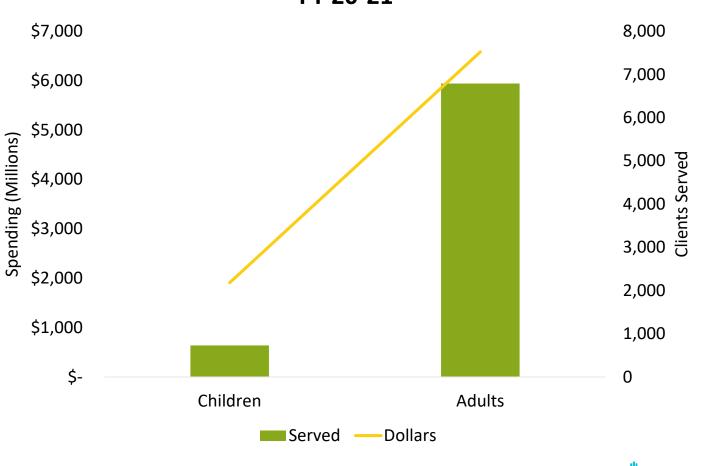
#### **Adults top 4 services**

- Psychotherapy (32,137 served)
- CCSS (21,690)
- Case Management (5,659)
- Psycho-social Rehab (3,795)

#### **Children top 4 services**

- CCSS (3,010)
- Psychotherapy (2,122)
- Family Psychotherapy (1,848)
- Medication monitoring (288)

#### NM Telehealth Clients & Spending (Millions), FY 20-21



HUMAN **F** SERVICES Investing for tomorrow, delivering today.

# ACCESS TO BEHAVIORAL HEALTH SERVICES

#### FEMA COVID CRISIS RESPONSE GRANTS

- Trained Certified Peer Support workers in crisis counseling
- Initiative embraced by Navajo Nation and Native American neighbors in particular
  - McKinley, Sandoval, San Juan, Santa Fe, Bernalillo, Doña Ana

- Since October 2020 over 41,000 individuals served, including:
  - 3,374 who utilized individual crisis counseling
- Total Cost \$1.35M
- <u>https://www.facebook.com/nmc</u> ovid19supportservices/videos/7
   97872410826037



#### TREAT FIRST IMPACT



Source: NM HSD, Behavioral Health Services Division, June 2021.

HUMAN SERVICES Investing for tomorrow, delivering today.

# VALLE DEL SOL TRANSITION

- Arizona provider in NM since 2013
  - Left NM effective 7/30/21
  - 1,386 patients impacted
- Formal process for identifying providers supported to ensure continuity of care:
  - Clinical Capability
  - Financial and Administrative Stability
- Held 4 Community Meetings

- Presbyterian Medical Services: Effective 7/1/21
  - Grants
  - Española
- <u>Team Builders</u> returned provider impacted by 2013:
  - Effective 7/14/21: Moriarty
  - Effective 7/19/21: Clayton, Raton
  - Effective 7/30/21: Grants, Los Lunas, Taos, Santa Rosa

988 – CRISIS NOW

## 988 AND CRISIS NOW OVERVIEW

- 988 Enacted by Federal Legislation October 2020
- Scheduled Date to go live: July 16, 2022
- Vibrant/Lifeline planning grant: April – December 2021
- Mental Health Block Grant Set Aside for Crisis: \$219,000 for Federal FY 22 for planning





## NM 988 PLANNING PROCESS MAY TO JULY 2021

- Overall Advisory Council
  - Contributes membership to 5 Working Groups:
    - 1. Specific communities
    - 2. Tribal communities
    - 3. 988/911 Collaboration
    - 4. Mobile Crisis Response
    - 5. Crisis Triage Center +

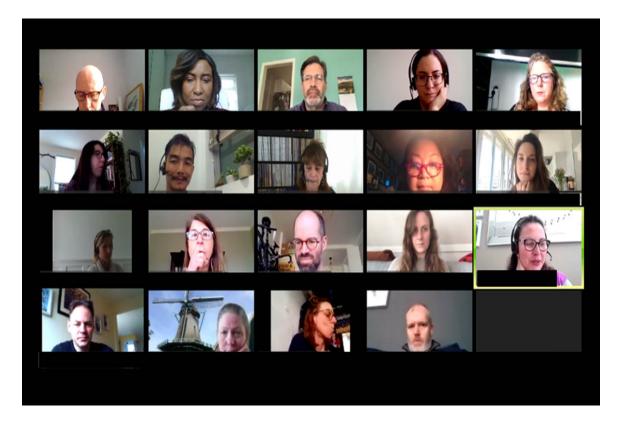
 Core working team of BHSD and Consortium for Behavioral Health Training and Research

- Made progress report to BH Collaborative 7/8/21
- Overall plan due by December
   2021



### 988 COMMUNITY STAKEHOLDER INPUT

- Providers as well as state and county representatives who work with:
  - People with lived experience
  - Survivors of suicide
  - Trans and LGBTQ+ communities
  - Black, Indigenous, and People of Color (BIPOC) communities
  - Domestic violence and sexual assault survivors
  - The immigrant and asylum seeker community
- Separate Tribal Communities Group
- Listening Sessions in August/September





### 988 COMMUNITY STAKEHOLDER INPUT

#### **Community Identified Concerns**

- Fear of Law Enforcement response leading to death, harm, or deportation of the person seeking help.
- Not knowing where to safely seek help from or having the financial resources to access help.\*
- Long wait times or travel times to hospitals or other crisis stabilization locales.

\*Most common concern among those making comments in Spanish





# 988/911 COLLABORATION

- Understand and identify solutions to anticipated needs related to expanded call center usage and role for NM crisis BH system (air traffic controller model/SAMHSA best practices).
  - Resolve
  - Refer (community services including BH appts./Crisis Triage Centers)
  - Dispatch Mobile Crisis Teams
  - Follow up
- Understand and seek solutions to increase and improve the interaction between Public Safety Answering Point (911) and call centers (988) in NM, including interoperability.

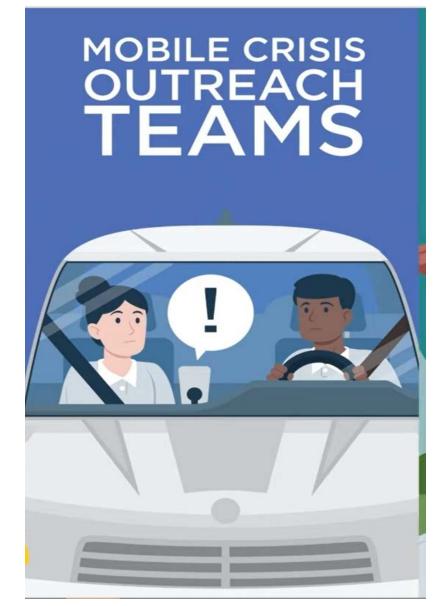


### MOBILE CRISIS RESPONSE

 Identify training needs and opportunities for call centers, first responders, 911 operators, crisis team operators, and community members.

#### Main models of mobile crisis response:

- Co-response teams: Activated by 911.
- Community mobile crisis teams: Potentially activated by 988.
- Mobile crisis teams for youth (CYFD youth mobile crisis team pilots in Chavez, Sandoval, and Valencia counties).
- Mobile crisis teams serving American Indian communities.
- Community Engagement Teams: include initial contact by someone with lived experience (currently operating in Bernalillo county).





# CRISIS TRIAGE CENTER +

- Develop statewide Crisis Receiving/Stabilization Services
   plan that accounts for cultural, regional, and local differences.
  - Identify existing services/types of care available within 5 health regions that serve as (or support) Crisis Receiving/ Stabilization Services.
  - Map identifying existing services across NM.
  - Identify gaps in crisis services.
  - Identify best practices and innovative models.

Elements on the CTC+ continuum





### THE JOHNSON FAMILY TODAY...

- Mia and family receive High-Fidelity Wraparound services and overall plan of care
- David begins MAT in jail, referred to FQHC for ongoing care, including treatment for depression
  - Community Reinforcement Approach Family Training
- Parenting supports, including Family Peer Support
- Income support through ISD
- Mia not removed, significant progress being made











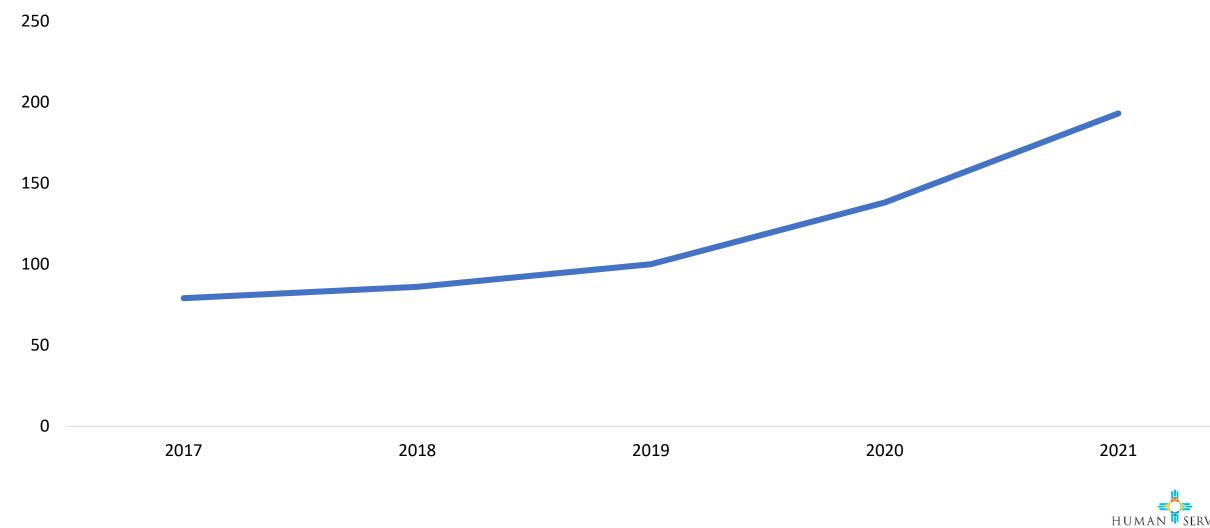
# QUESTIONS

INVESTING FOR TOMORROW, DELIVERING TODAY.

APPENDIX

### PROVIDER NETWORK GROWTH: PSYCHIATRIC NURSES

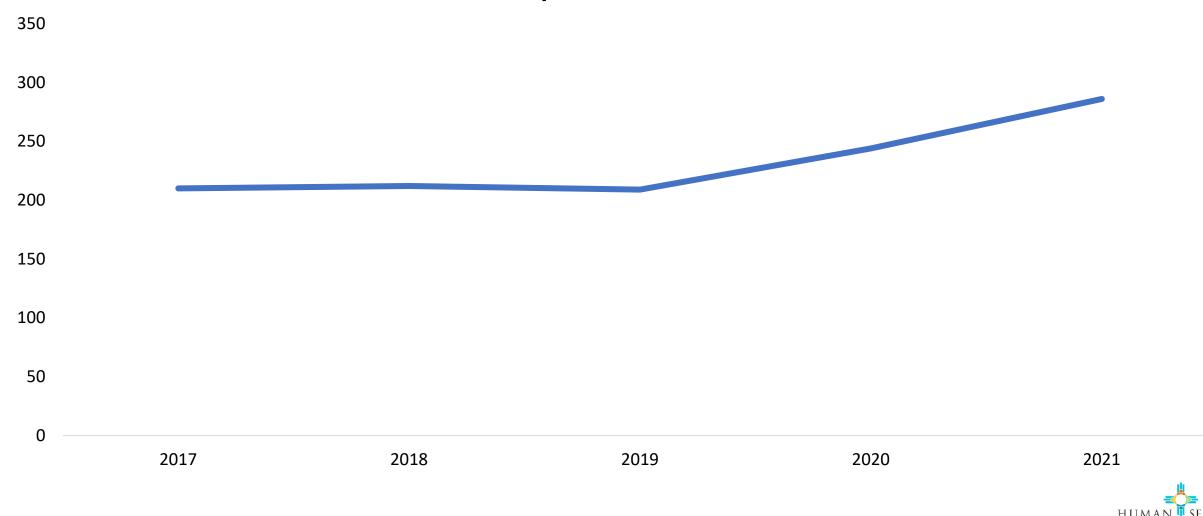




Source: New Mexico Human Services Department Behavioral Health Services Division analysis. July 2021.

### PROVIDER NETWORK GROWTH: PSYCHIATRISTS

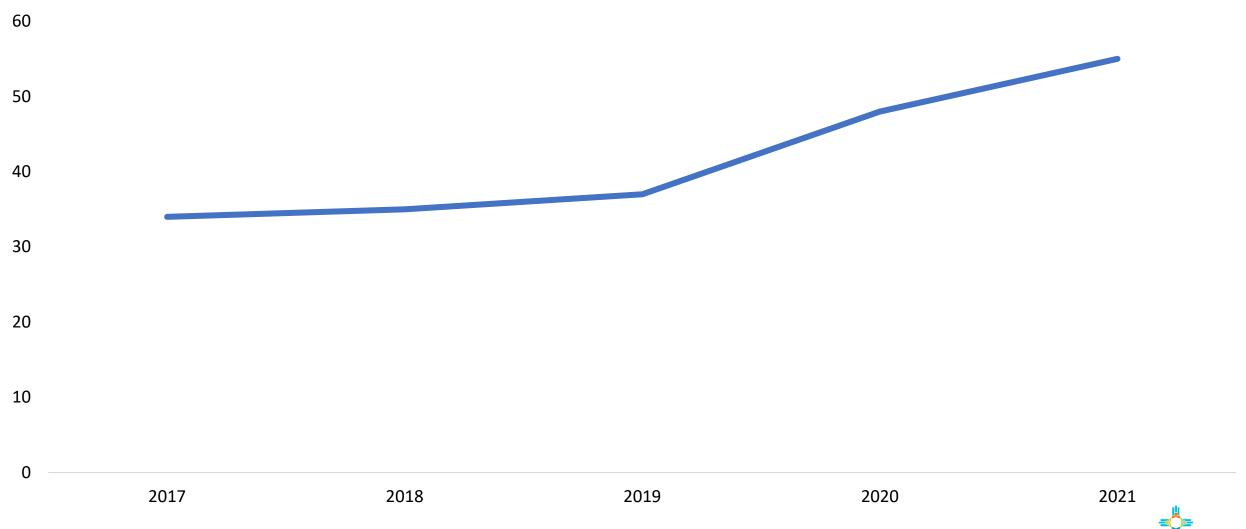
**Psychiatrists in NM** 



Source: New Mexico Human Services Department Behavioral Health Services Division analysis. July 2021.

#### <sup>61</sup> PROVIDER NETWORK GROWTH: PRESCRIBING PSYCHOLOGISTS

**Prescribing Psychologists in NM** 



Source: New Mexico Human Services Department Behavioral Health Services Division analysis. July 2021.

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