



# UNM Behavioral Health

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LEGISLATIVE HEALTH AND HUMAN SERVICES

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# Addressing Behavioral Health/Substance Use Disorder Central to meeting our Vision and Mission

		
<b>VISION</b>	<b>MISSION</b>	<b>VALUES</b>
<p>THE UNIVERSITY OF NEW MEXICO HEALTH SCIENCES CENTER WILL WORK WITH COMMUNITY PARTNERS TO HELP NEW MEXICO MAKE MORE PROGRESS IN HEALTH AND HEALTH EQUITY THAN ANY OTHER STATE.</p>	<ul style="list-style-type: none"><li>• PROVIDE AN OPPORTUNITY FOR NEW MEXICANS TO OBTAIN AN EXCELLENT EDUCATION IN HEALTH SCIENCES.</li><li>• ADVANCE HEALTH DISCOVERY AND INNOVATION IN THE MOST IMPORTANT AREAS OF HUMAN HEALTH.</li><li>• ENSURE THAT ALL POPULATIONS IN NEW MEXICO HAVE ACCESS TO THE HIGHEST QUALITY HEALTH CARE.</li></ul>	<ul style="list-style-type: none"><li>• EXCELLENCE IN EDUCATION, PATIENT CARE AND RESEARCH.</li><li>• COMMITMENT TO SERVICE, QUALITY AND SAFETY.</li><li>• INTEGRITY AND ACCOUNTABILITY.</li><li>• RESPECT AND COMPASSION FOR ALL PEOPLE.</li><li>• TEAMWORK AND COLLABORATION.</li><li>• PROVIDING HOPE FOR THOSE WE SERVE.</li></ul>

# UNMHSC Strategic Focus Areas

Child Well-Being

**Behavioral  
Health/Substance  
Use Disorder**

Healthy Aging

**Workforce  
Development**

# Current Issues and Deficits

- ❖ Higher rates of mental health illness and addictions than national
- ❖ Large deficit in meeting social service needs of behavioral health patients
- ❖ Chronic behavioral health provider shortage
- ❖ Lack of access at all levels of behavioral healthcare – especially pronounced with child services
- ❖ Fragmented care coordination for high needs patients
- ❖ System instability with high degree of administrative complexity

# New Mexico Mental Health Patients

	New Mexico	US Median
% adults who meet SMI Criteria	83.2%	71.0%
% Children who meet SED Criteria	72.1%	68.0%
Percent of adults with co-occurring substance abuse	27.0%	21.0%
Percentage of children with a substance abuse diagnosis	6.0%	3.0%

- ❖ 304,110 adults require mental health services
- ❖ 209,787 children require mental health services
- ❖ 44% of adults, 37% of children (12-17) with a mental illness received treatment (2010 to 2014)

# UNMH Behavioral Health Operation Volume

	2017	2018	2019	2020 Budget
Days for all Behavioral Operations	23,301	23,809	23,680	23,934
Visits for all Behavioral Operations	140,676	155,136	162,537	170,616
Total Psychiatric Emergency Volume (Calendar Year)	7,478	8,078	8,832 Projected	9,714 Projected

# PES Volume

Patients Seen - Includes Minors

Pt Seen	2014	2015	2016	2017	2018	2019
Jan	534	524	474	538	633	777
Feb	487	465	447	514	625	695
Mar	487	540	468	611	685	723
Apr	534	492	510	656	740	
May	454	542	537	638	669	
Jun	447	485	496	600	719	
Jul	495	487	533	636	712	
Aug	545	532	526	655	671	
Sep	510	501	533	646	701	
Oct	487	579	475	696	685	
Nov	429	470	514	662	589	
Dec	462	451	517	626	641	
Yearly total	5871	6068	6030	7478	8070	

Minors ONLY

Minors	2015	2016	2017	2018	2019
Jan	51	66	72	78	119
Feb	45	67	97	123	138
Mar	70	77	91	93	127
Apr	45	65	102	110	118
May	54	60	80	88	113
Jun	25	46	39	83	85
Jul	34	40	51	63	
Aug	38	50	74	81	
Sep	49	74	95	96	
Oct	63	77	109	116	
Nov	67	67	111	95	
Dec	51	81	78	104	
Yearly Totals	592	770	999	1130	

# UNMH Collaborations with Bernalillo County

- ❖ MDC BH Discharge Planning
- ❖ Resource Reentry Center for MDC released Inmates
- ❖ Pathways program expansion
- ❖ Care Coordination Services for patients in supportive housing
- ❖ Clinical Services development at MATS

# UNMHSC Service Development

- ❖ Expanded capacity for Psychiatric Emergency Services
- ❖ Expanded child and adolescent services with a statewide coordinated approach
- ❖ Expanded statewide telehealth services
- ❖ Clinic at Health Sciences Center Rio Rancho
- ❖ Medical home for high needs adult and youth
- ❖ Expanded peer services – Living Room Model

# Gaps

- ❖ Community-Based Services Statewide in rural, frontier and tribal communities
- ❖ Prevention Services
- ❖ Intensive Outpatient Treatment
- ❖ Partial Hospitalization
- ❖ Assessment BH Patients in rural EDs (telehealth)
- ❖ Peer Support Services
- ❖ Limited access to Crisis Services
- ❖ Provider Availability at all levels

# System Impacts

- ❖ Public Safety Concerns
- ❖ Increase in Jail Population with Mental Illness
- ❖ Increased Utilization in Psychiatric Emergency Services and Emergency Departments
- ❖ Increased lengths of stay in higher levels of care – lack of other community based services
- ❖ Workforce availability and financial sustainability

# UNM Workforce Development

- ❖ Nationally recognized adult Psychiatry – Addictions & Rural
- ❖ Fellowships in Child, Addictions, Geriatrics, Consultation
- ❖ Additional Addictions Fellowship
- ❖ Reproductive Psychiatry Fellowship
- ❖ Psychology Internship Program
- ❖ Postdoctoral Psychology Programs
- ❖ Partnership with College of Nursing – PNP's
- ❖ Physician Assistant Residency in Psychiatry
- ❖ Developing Forensic Psychiatry Fellowship
- ❖ Opening UNM HS Rio Rancho BH Clinic – Diverse training

# Opportunities

- ❖ Work collaboratively with HSD, CYFD and DOH – Community
- ❖ Intensive Outpatient, Partial Hospitalization, and other intermediate levels of care
- ❖ Community BH providers, school-based health centers and FQHCs – systems of care in local communities with technical support from UNM
- ❖ Address Social Determinants of Health
- ❖ Expand Trauma Informed Care
- ❖ Collaboration – communities prevention and education
- ❖ High end specialty care for high needs patients

# Questions?