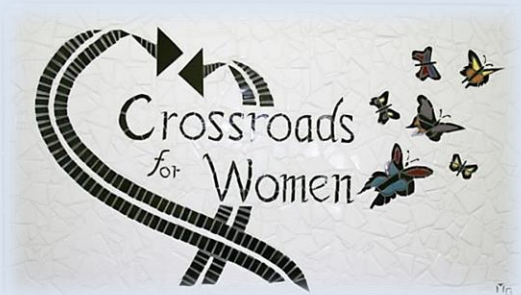


Crossroads for Women

The mission of Crossroads for Women is to provide comprehensive, integrated services to support women working to break the cycle of homelessness and incarceration and achieve healthy, stable and self-sufficient lives in the community for themselves and their children.





Crossroads for Women

Board Members

Kathleen Winslow, Registered Principal
INVEST Financial Corp. - President

Cynthia Alcalá, RN-Vice President

Mary A. Malwitz, CPA- Treasurer
Broderick, Phillippi, Wright & Comunas

Jennifer Gardner-Secretary
Vice President of Business Management
Prosperity Works

Angelica Anaya Allen,
Director, Fair Lending Center
United South Broadway Corp.

Bette Fleishman J.D.
Executive Director of the Women's Justice Project

Kristina Ford, Executive Director
All Faiths Receiving Home

Anne Garcia, MA LMFT, Clinical Therapist
UNMH-Multi Systemic Therapy



Crossroads for Women Staff



Client Graduation



CRFW Holiday Party



Client Advisory Board

KC Quirk
Executive Director

Mink G. Price
Clinical Director

Joe Puleo
Day Program Coordinator

Laura Chavez
Vocational Coordinator

Patty Pesantez
Family Specialist

Tracy Bland
Case Manager

Jean Cole
Case Manager

Sarah Nakata-Penland
Case Manager

Cory Lee
Maya's Place
Program Coordinator

Tory Aragon
Maya's Place Case Manager

Tana Chavez
Maya's Place Resident
Manager

Amanda Douglas
Resource Development
Coordinator

Jess Fulton
Resource Development
Assistant

Larry Leyva
Chief Financial Officer

Kathie Casaus
Office Manager/Financial
Assistant

Volunteers, Donors, Funders and Community Partners





Community Partnerships

(partial list)



Adelante
 Albuquerque Metropolitan Central Intake
 Albuquerque Public Schools
 Albuquerque Transit Department
 All Faiths
 Barrett Foundation
 Bernalillo County Community Services Department
 Bernalillo County Department of Substance
 Abuse Programs
 Bernalillo County Extension office
 Catholic Charities
 Casa de Salud
 City of Albuquerque Family and Community
 Services Department
 CNM Connect
 CNM Disability Services
 CNM Student Services
 Counseling and Psychotherapy Institute
 CLN Kids
 Credit Rescue Now, Inc.
 D-Ink Tattoo Removal
 Department of Vocational Rehabilitation
 Disability Rights New Mexico
 Del Norte Rotary Club
 Dragonfly
 Early Head Start and Head start
 Evening Optimist Club of Albuquerque
 Evolution Group
 First Baptist Church-West Albuquerque

First Nations Health Source
 Goodwill
 Gordon Bernell Charter School
 Harwood Art Center
 Harwood Methodist Church
 Healthcare for the Homeless
 Healthcare for the Homeless Re-Entry Project
 Hispano Chamber of Commerce
 Indian Health Services
 Job Corps
 Junior League of Albuquerque
 La Entrada
 Law Access New Mexico
 Lighthouse
 Lion's Club
 Methodist Children's Home
 Metropolitan Assessment and Treatment
 Services
 Metropolitan Community Church
 Metropolitan Detention Center
 National Air Traffic Controllers Association
 NM AIDS Services
 NM Children, Youth and Families Department
 NM Corrections Department
 NM Department of Health
 New Mexico Highlands University
 NM Solutions
 NMSU School of Social Work
 PB&J Family Services Inc.

Planned Parenthood
 Prosperity Works
 Rape Crisis Center of Central New Mexico
 Reading Works New Mexico
 SAFE House
 SER de NM
 SL Start
 St. Bernadette's Catholic Church
 St. Martin's Hospitality Center
 St. Paul's Lutheran Church
 Tattoo Removal
 The Center for Spiritual Living
 Turquoise Lodge
 Soroptimists of Albuquerque
 Storehouse
 United Way of Central New Mexico
 UNM Art Department
 UNM Cares
 UNM Career Services
 UNM Children's Psychiatric Center
 UNM Psychiatric Center
 UNM School of Medicine
 UNM's ASAP
 UNM's Center for Development and
 Disabilities
 U.S. Department of Housing and Urban
 Development
 Workforce Connection of Central NM
 Young Women United

History of Crossroads for Women

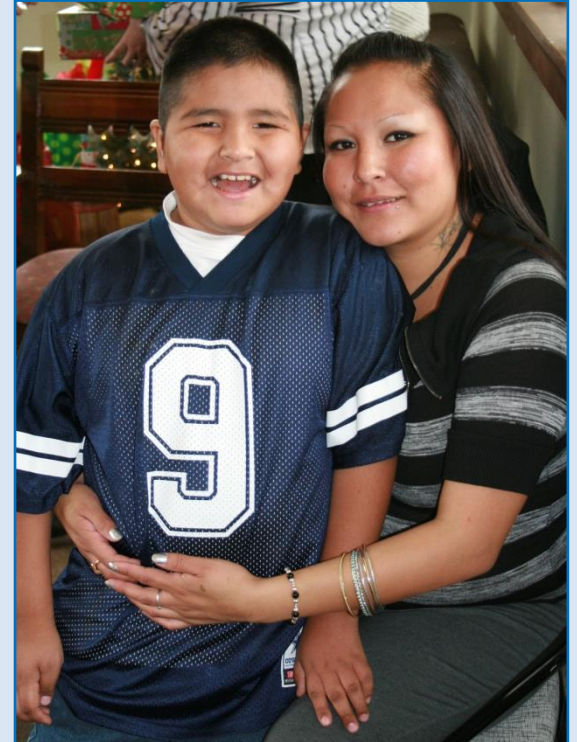
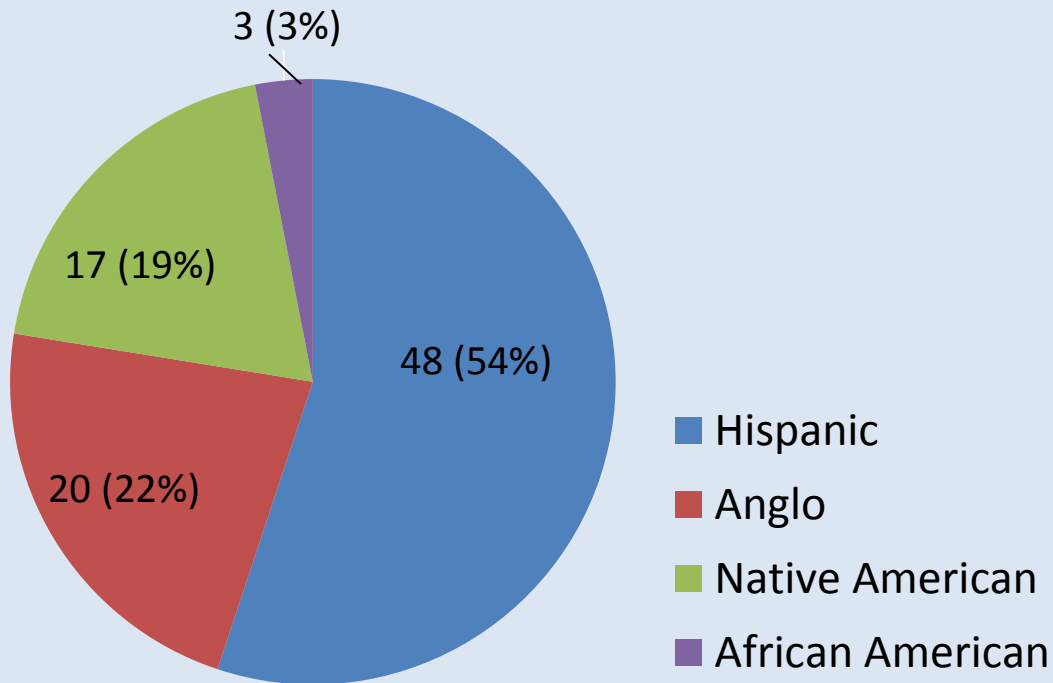


- 1997** → Crossroads for Women incorporated under the name Human Rights Advocacy with a one time donation of \$75,000.
- 1999** → 501(c)3 non-profit status granted.
- 2000** → Funds were obtained from the Albuquerque Community Foundation. Case management & housing services began with 3 women.
- 2002** → HUD funds became available for a major expansion of the housing program. → Counseling & life skills education began with a grant from United Way. → The Crossroads began a life skills program in the Metropolitan detention center.
- 2003** → Day Program expanded to include group sessions, vocational assistance, & therapeutic social activities.
- 2005** → Crossroads contracted with City of Albuquerque to operate Maya's Place. Parenting education implemented at Crossroads & Maya's Place.
- 2006** → A second HUD grant allowed Crossroads to expand housing services in order to accommodate graduates of Maya's Place.
- 2009** → Crossroads receives Federal Probation & Pre-Trial Services contract.
- 2012** → Crossroads for Women has a capacity to serve 30 women in community based apartments and an additional 12-15 women at Maya's Place.
- 2013** → Maya's Place receives first NM Corrections Department contract.

2013

- **639** women participated in the education groups at MDC
- **89** women were housed at The Crossroads and Maya's Place.
- **37** children were housed in The Crossroads
- **Over 60** previous housing clients received after-care services

Race & Ethnicity

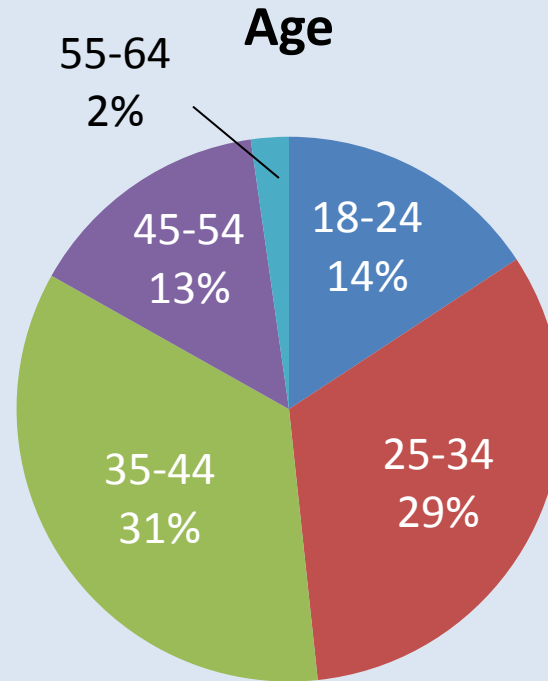


Since 2001, 499 women have received housing through CRFW.

2013



- **16** women completed the program at Maya's Place.
- **10** of them entered The Crossroads housing program.
- **11** women completed The Crossroads program and moved into permanent housing.





Crossroads For Women



The Crossroads

Long Term Scattered Site
Housing
25-30 households

Maya's Place

Congregate Living Program
12-15 women



Case Management &
Counseling/Therapy

Special
Events

Life and Social
Skill Building

Women's Health &
Wellness

Reintegration
Support

Vocational/
Educational
Preparedness

Parenting
and Family
Reunification
Support

Education
Program at
MDC

Relapse
Prevention

Recovery &
Trauma Based
Groups

Medication
and Mental
Health
Stabilization



The Crossroads → Day Program ← Maya's Place



Day Program



Vocational Counseling
Parenting Support



**Self
Actualization**
personal growth
and fulfillment

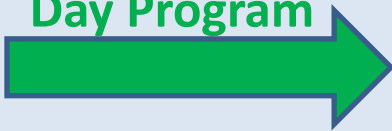
Esteem needs:
respect, recognition
self worth

Belonging needs:
family, friendship, community

Safety needs:
structure and stability

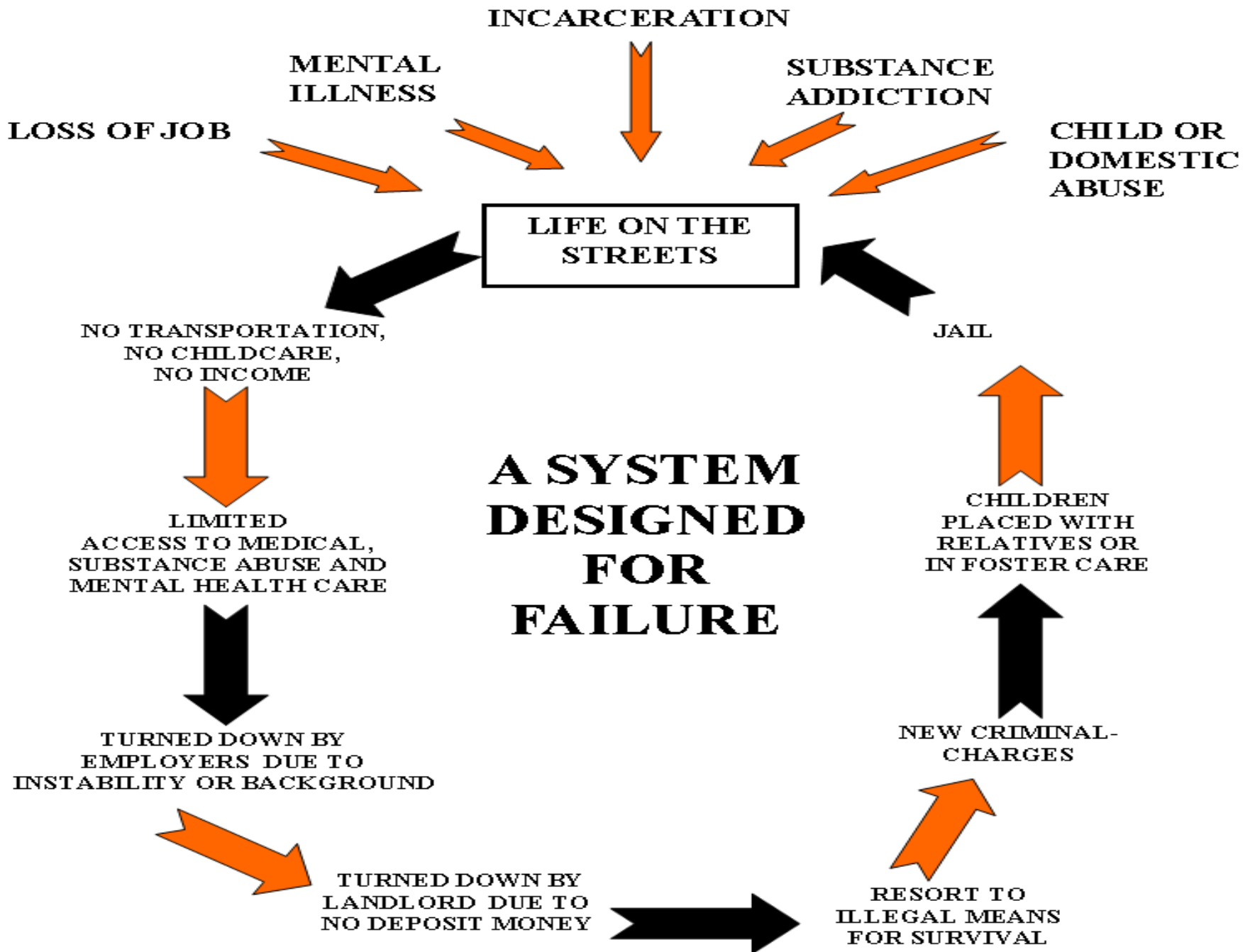
Physiological needs:
basic life needs
food, drink, *"a roof over my head."*

Day Program



Case Management







Maya's Place Groups

Vocational Group

Relapse Prevention

Reintegration Group

Life Skills Group

Dangerous Relationships

Program Director's Process
Group

Self-Esteem Group

Parenting Group

Life on Life's Terms

Healing Abandonment Wounds

Circle of Courage

Anger Management

Health and Nutrition

Stress Management

Mindfulness Meditation

Search for Love & Power

Back in Action

Emotional Intelligence

GED Preparation

Exercise Group

Educational Field Trips



Case Management

Safety

*Safe, furnished apartments
in the community.

*Education on how to be a
good neighbor/tenant.

*Individualized safety & relapse
prevention plans.

Physiological

*Assistance with obtaining food and other basic needs.

*Information and guidance
with financial assistance options.

*Help with accessing health/mental health care
and needed medications.

*Social Security for Disability

**Day Program
Groups & Events**

Recovery Groups:

Addiction Education
Relapse Prevention
Maintaining Recovery
Healing the Underlying
Causes of Addiction

Life Skills Groups:

Anger and Stress management
Relationship & Communication skills
Women's Health and Nutrition
Assertiveness Training
Personal Safety and Self Defense
Life Skills Group at MDC

Trauma Based Groups:

Healing from Sexual Abuse, Domestic Violence, & Rape
Recognizing Dangerous People
Cultivating Healthy Boundaries and Communication

Art Groups:

Digital Storytelling Project
Building Confidence in Creative Expression

Social Skill Building Groups & Special Events

Holiday Celebrations
Group outings to the theater, concerts & community events in Albuquerque

Esteem

Belonging

Stabilize



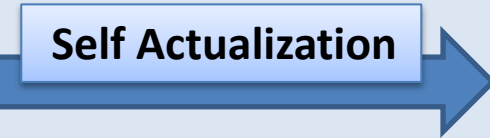
Reunify



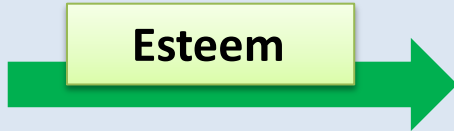
Break
Destructive
Cycles

Parenting Education

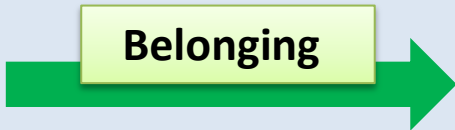
Self Actualization



Esteem



Belonging



Stabilization Skills:

*Mothers address & resolve emergent medical, educational and emotional needs for self and children.

Successful Reunification Skills:

- *Mothers learn developmentally appropriate parenting skills.
- *Mothers provide supports needed to maximize child's social/emotional development & physical /nutritional health.
- *Mothers & children learn how to maintain safety, establish healthy boundaries & relationships, communicate effectively, adapt, problem solve, resolve conflict & function as a family.

Breaking Destructive Cycles:

*Mothers & children learn to set, actively work toward, & achieve healthy, long term goals through involvement in positive personal interests, peer & educational activities.

Vocational Coordination

Individualized Planning:

Intake, Assessment,
Quarterly reviews

Support Services:

Assistance with Transportation,
Professional Dress Clothing, Child Care,
Felony Bonding, Disability Services

Educational Support:

Literacy, GED/ High School, Trades and Certification
Two and Four year Degrees, Financial Aid and Scholarships,
School Supplies, Tutoring and Study Skills

Employment Support:

Professionalism, Communication Skills,
Vocational Rehabilitation, On The Job Training, Internships,
Resume Building, Interview Skills, Job Search, Retention

Individualized Programs:

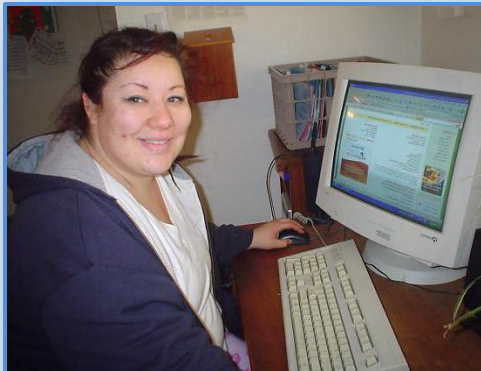
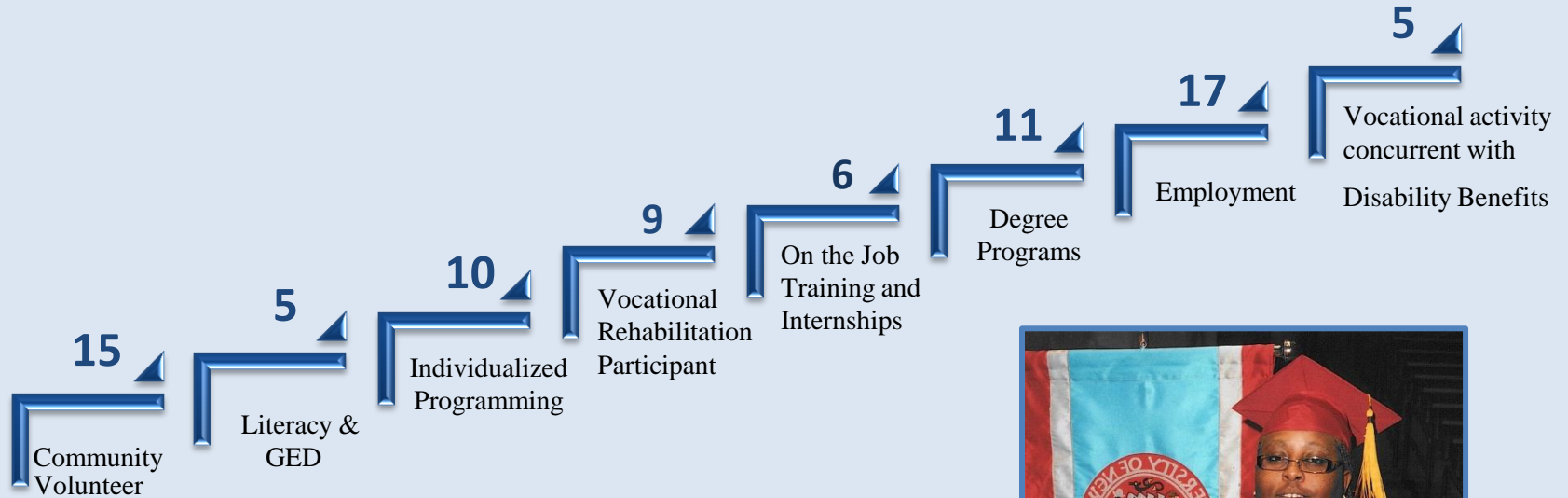
Computer Skills, Financial Literacy, Debt Consolidation,
Self- Employment Support, Small Business Development,
Concurrent with Disability Benefits: Work Trial Period,
Disability Support Services, Disability Accommodations

Self Actualization

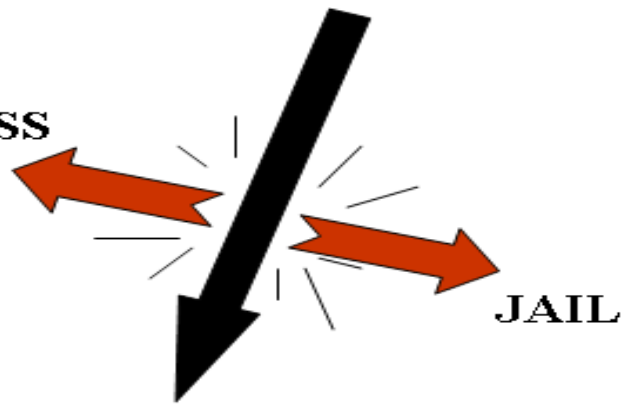
(Self-Sufficiency, Building Independence)

Building Blocks to Self-Sufficiency

January 2013 Through December 2013



HOMELESS



JAIL

A New Direction for Women on the Streets

CROSSROADS FOR WOMEN



**SAFE AND STABLE
FURNISHED HOUSING**

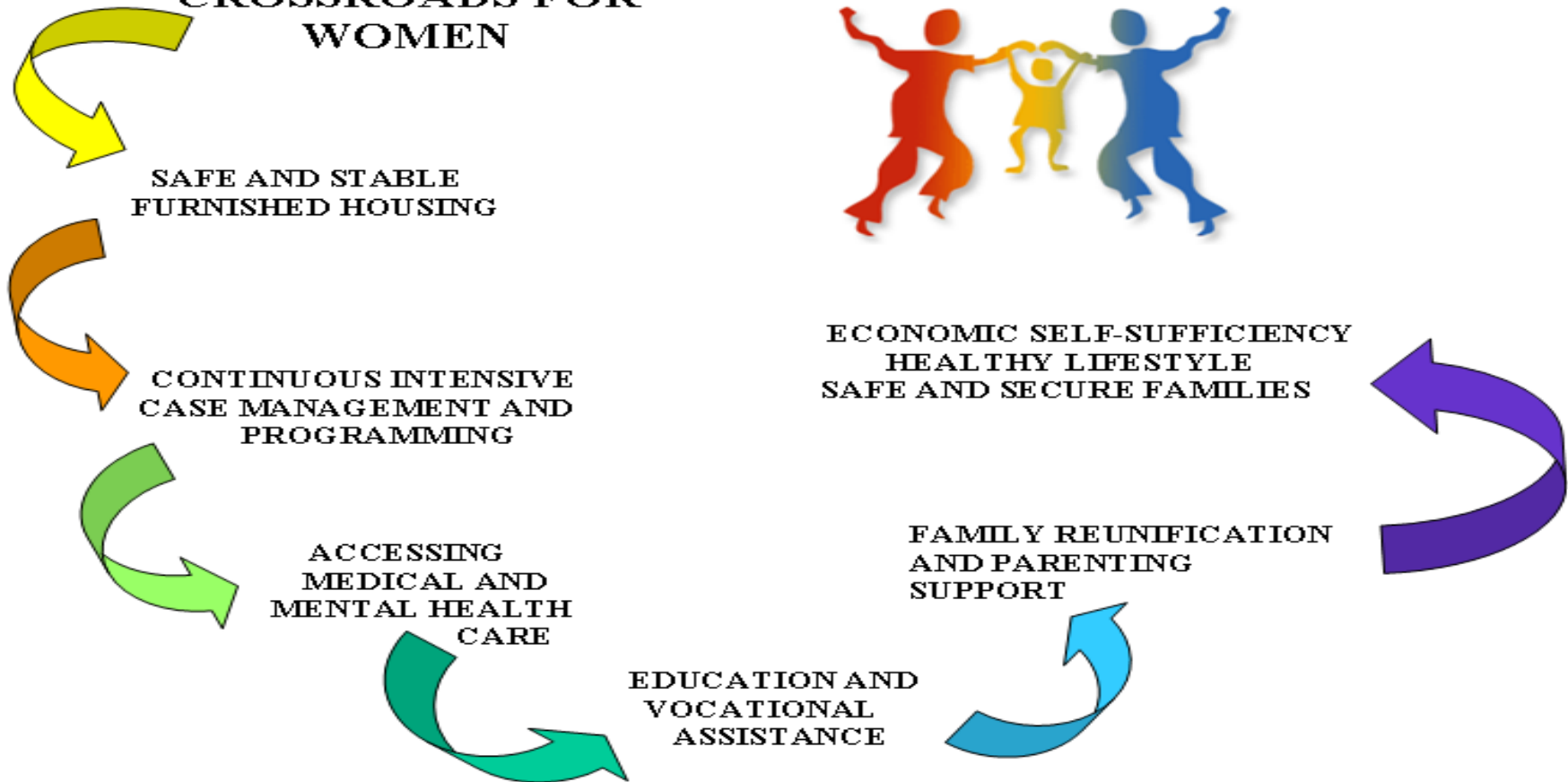
**ECONOMIC SELF-SUFFICIENCY
HEALTHY LIFESTYLE
SAFE AND SECURE FAMILIES**

**CONTINUOUS INTENSIVE
CASE MANAGEMENT AND
PROGRAMMING**

**ACCESSING
MEDICAL AND
MENTAL HEALTH
CARE**

**FAMILY REUNIFICATION
AND PARENTING
SUPPORT**

**EDUCATION AND
VOCATIONAL
ASSISTANCE**



Successfully completed audits:

New Mexico Department of Health

Optum Health New Mexico

United States Probation and Pre-Trial Services

New Mexico Mortgage Finance Authority

US Department of Housing and Urban Development

City of Albuquerque

Bernalillo County

- ❖ Identified as an exemplary program worthy of replication in the Executive Summary of the Behavioral Health Needs & Gaps in N.M.
- ❖ In 2007 Crossroads received an award for its outstanding accomplishments and contributions to the field of behavioral health from the NM Behavioral Health Collaborative.

We Believe...



Women can recover from
trauma and painful experiences
of the past...



Everyone has the ability to heal
and move on with their lives...



Everyone deserves new starts
and second chances...