

# CRISIS NEGOTIATION TEAM





## Law Enforcement Training

Working with individuals who live with a mental health disorders.

# Why focus on Mental Health Training?

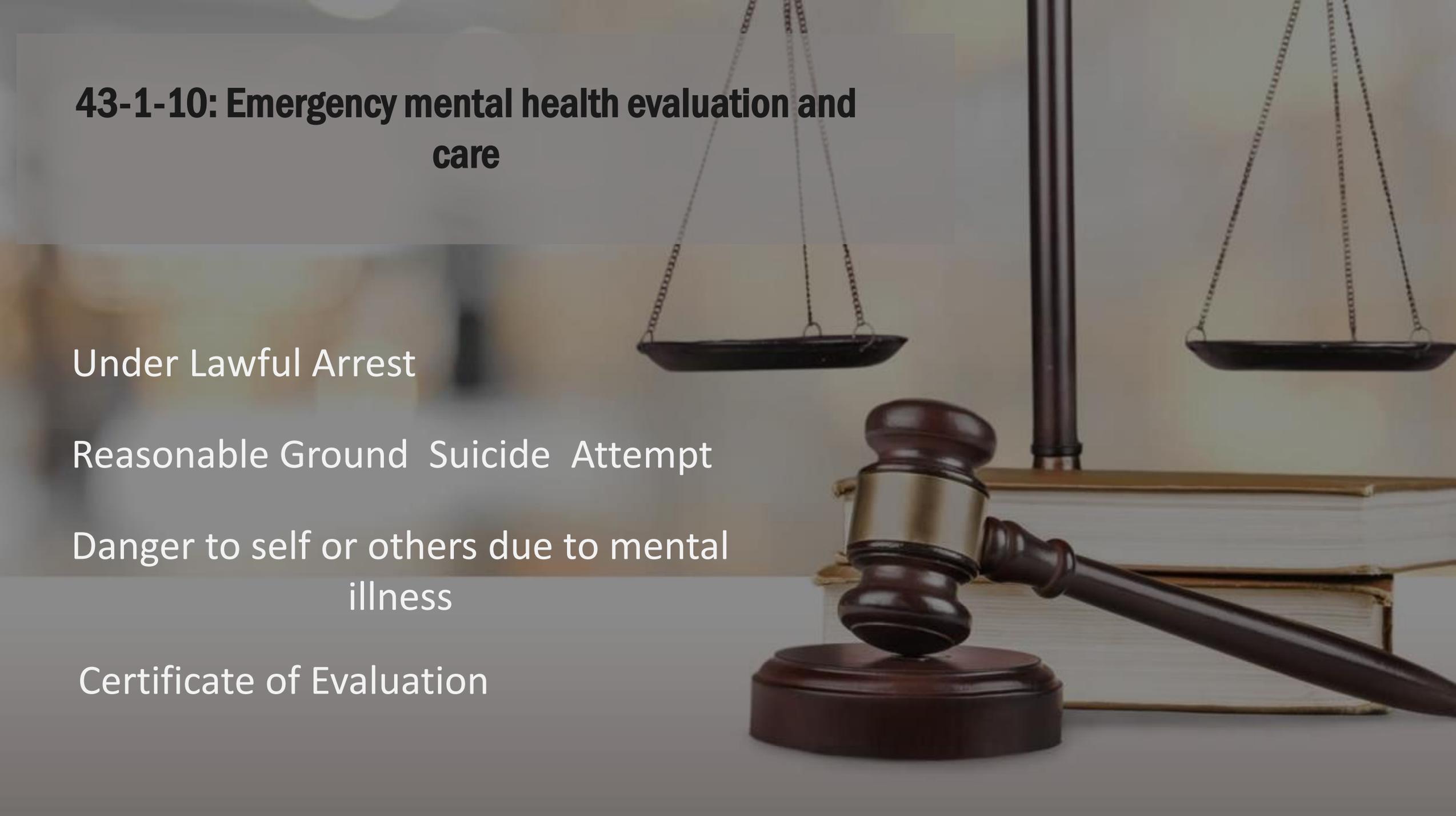
1 in 5 people live with a mental health disorder

1 in 20 live with a serious mental health disorder

Suicide is the 2<sup>nd</sup> leading cause of death in ages between 10-34

2 million times each year a person with serious mental health is booked in jail



A background image featuring a pair of scales of justice and a wooden gavel resting on a stack of books. The scales are positioned in the upper half, and the gavel is in the lower right. The entire scene is overlaid with a semi-transparent grey filter.

## 43-1-10: Emergency mental health evaluation and care

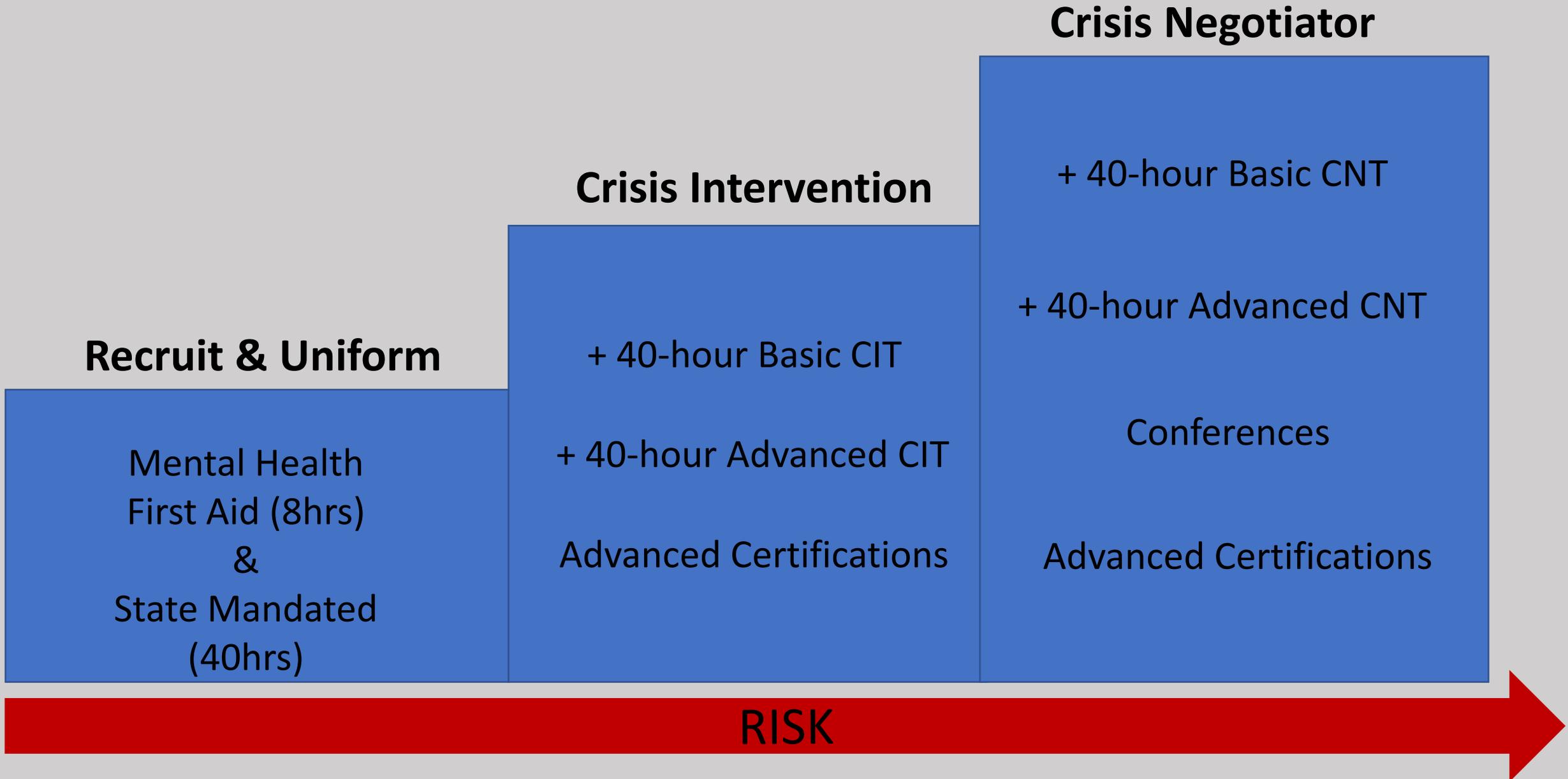
Under Lawful Arrest

Reasonable Ground Suicide Attempt

Danger to self or others due to mental illness

Certificate of Evaluation

# NMSP Mental Health Training Overview



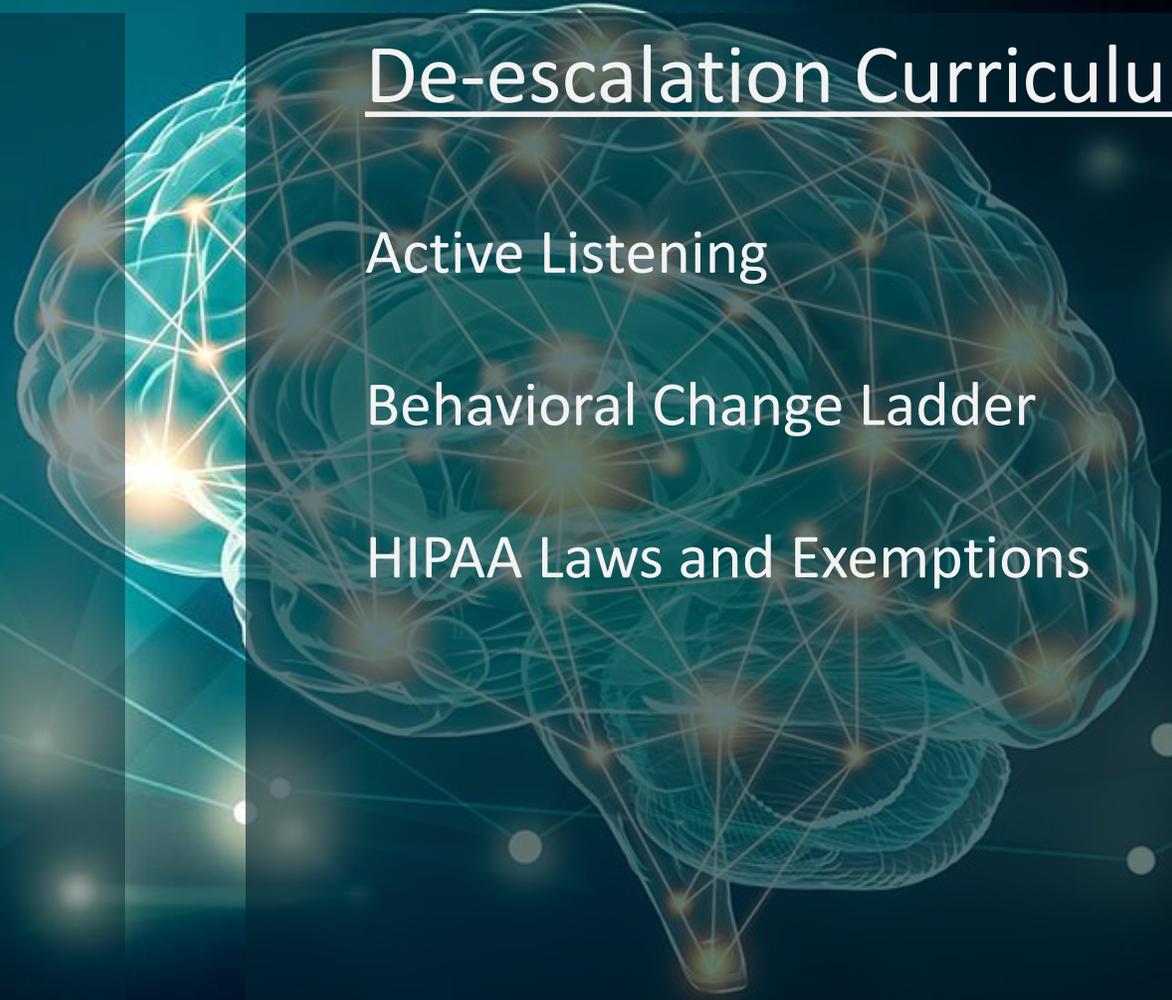
# Curriculum List

## Mental Health Curriculum

- Mental Health First Aid
- Behavior and Crisis Management
- Handle Persons with Mental Illness
- Personality Disorders

## De-escalation Curriculum

- Active Listening
- Behavioral Change Ladder
- HIPAA Laws and Exemptions





MENTAL  
HEALTH  
FIRST AID



Know the Signs



Learn the Actions



Be a Lifeline



## ALGEE Action Plan

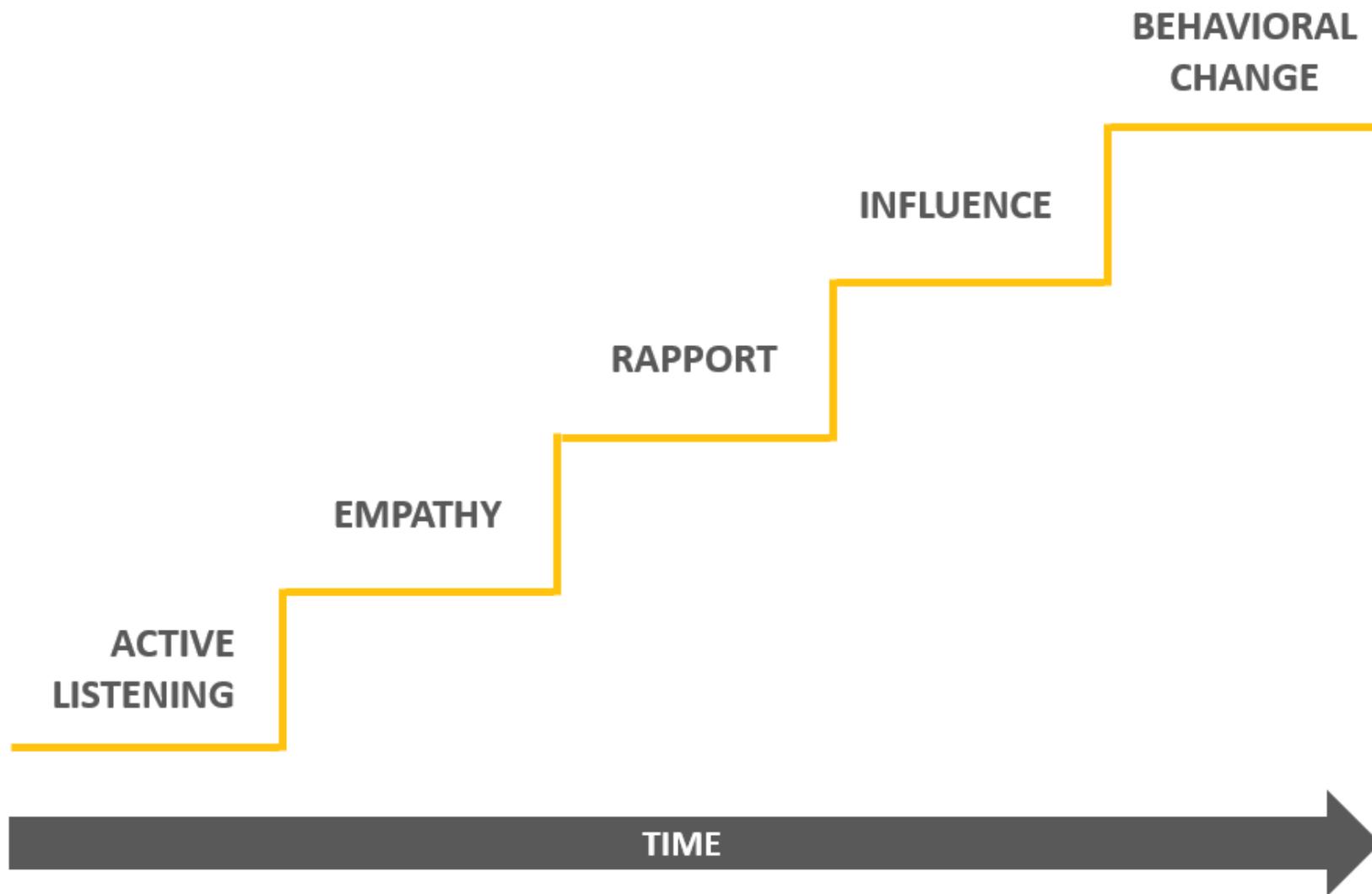
- Assess for risk of suicide or harm
- **Listen** nonjudgmentally
- **Give** reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies



# Active Listening Skills

- Minimal Encouragers
- Open Ended Questions
- Reflect/Mirror
- Emotion Label
  
- Paraphrasing
- I Statements
- Effective Pause







Continued Growth, Education, and Goals



ANY  
QUESTIONS?

