### National Center on Birth Defects and Developmental Disabilities





## Behavior therapy first for children under 6 with ADHD

Rachel Hulkower, JD, MSPH
Legal Analyst/ORISE Fellow
Child Development Studies Team

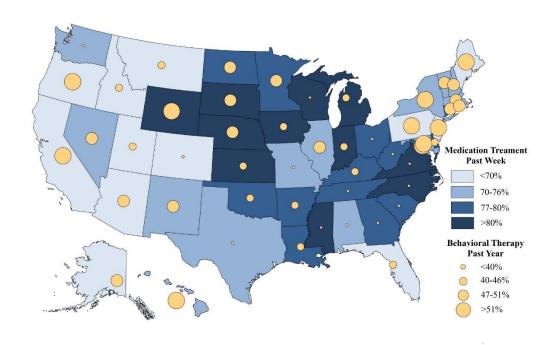
Cost-Effective Strategies in Public Health: The "Winnable Battles" Initiative, June 20-22, 2016

### Examine State Data for Rates of Medication Treatment and Psychological Services



### **Example Data Sources:**

- Medicaid data
- Private insurance
- Foster care



National Survey of Children with Special Health Care Needs (4-17 years of age), 2009-2010

# **Evaluate ADHD Medication Prescribing Policies and Other Policies that May Affect ADHD Treatment**



#### Policies such as:

- Data registries
- Preferred drug lists
- Prior authorization policies



www.LawAtlas.org

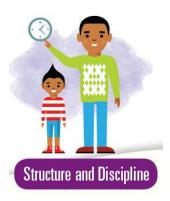
## Support Availability and Accessibility of Behavior Therapy Services



#### Partners and policy-makers can:

- Support scale-up of proven parent training programs
- Encourage health plans and provider organizations to support reimbursement for behavior therapy services
- Facilitate referrals and connections to available services







### **Contact Information**

Rachel Hulkower, JD, MSPH rhulkower@cdc.gov

www.cdc.gov/ADHD

For more information, contact CDC

1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



