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HOUSE BILL 260

57TH LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2025

INTRODUCED BY

Yanira Gurrola and Eleanor Chávez and E. Diane Torres-Velásquez and Patricia Roybal Caballero

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FOR THE LEGISLATIVE EDUCATION STUDY COMMITTEE

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AN ACT

RELATING TO PUBLIC SCHOOLS; ADDRESSING ALLOWABLE RESPONSES TO STUDENT BEHAVIOR; LIMITING THE USE OF PHYSICAL RESTRAINT; PROHIBITING OTHER TYPES OF RESTRAINT AND SECLUSION; REQUIRING TRAINING; REQUIRING DOCUMENTATION OF BEHAVIORS AND TECHNIQUES.

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BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF NEW MEXICO:

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SECTION 1. Section 22-5-4.12 NMSA 1978 (being Laws 2017,

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"22-5-4.12. USE OF PHYSICAL RESTRAINT [AND SECLUSION] --

Chapter 33, Section 1) is amended to read:

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PROHIBITED ACTIVITIES -- TECHNIQUES -- REQUIREMENTS . --

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A. As <u>used in this section:</u>

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used to control behavior or movement; provided that "chemical

(1) "chemical restraint" means a medication

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restraint" does not include the administration of medication

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prescribed by a health care provider as standard treatment for

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3	involves using communication or other techniques to reduce the
4	intensity of a potentially violent situation or conflict;
5	(3) "elopement" means a student leaving an
6	assigned area without permission from or knowledge of a school
7	<pre>employee;</pre>
8	(4) "first responder" means a person based
9	outside of a public school who functions within the emergency
10	medical services system and who is dispatched to a public
11	school to provide initial emergency aid;
12	(5) "less restrictive intervention" includes
13	positive behavior interventions and supports and de-escalation;
14	(6) "mechanical restraint" means applying a
15	device or an object to the student's body that restricts the
16	student's free movement; provided that "mechanical restraint"
17	does not include adaptive devices, mechanical supports, vehicle
18	safety restraints or other devices or objects that are
19	prescribed by a health care provider or authorized by parental
20	consent for a student;
21	(7) "physical escort" means touching or
22	holding of the hand, wrist, arm, shoulder or back to induce a
23	student to walk to a safe location;
24	(8) "physical restraint" means the use of
25	physical force without the use of any device or material that
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the mental or physical condition of a student;

(2) "de-escalation" means a process that

1	restricts the free movement of all or a portion of the
2	student's body but does not include physical escort;
3	(9) "prone restraint" means a method of
4	intervention in which a student's face and frontal part of the
5	body are placed in a downward position touching a surface for
6	any amount of time;
7	(10) "restraint", when not otherwise modified,
8	means physical restraint;
9	(11) "seclusion" means the involuntary
10	confinement of a student alone in a room or area from which
11	egress is prevented and without continuous line-of-sight
12	supervision; provided that "seclusion" does not mean the use of
13	voluntary behavior management techniques, including a time-out
14	location, as part of a student's education plan, individual
15	safety plan, behavioral plan or individualized education
16	program that involves the student's separation from a larger
17	group for purposes of calming the student; and
18	(12) "time-out" means a continuum of behavior
19	management techniques designed to address inappropriate student
20	behavior that begin with minimally intrusive strategies up to
21	separation of the student from classmates for some amount of
22	time before a return to the classroom.
23	B. The following activities are prohibited in
24	<pre>public schools:</pre>
25	(1) seclusion;
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1	(2) chemical restraint;
2	(3) mechanical restraint; and
3	(4) prone restraint.
4	[A.] C. A public school may [permit] allow the use
5	of <u>physical</u> restraint [or seclusion] techniques on [$\frac{any}{a}$] <u>a</u>
6	student only if [both of the following apply]:
7	(1) the student's behavior presents an
8	imminent danger of serious physical harm to the student or
9	others; and
10	(2) less restrictive interventions [appear]
11	are insufficient to mitigate the imminent danger of serious
12	physical harm;
13	[B. If a restraint or seclusion technique is used
14	on a student:
15	(1) school employees shall maintain continuous
16	visual observation and monitoring of the student while the
17	restraint or seclusion technique is in use;
	,
18	(2) the restraint or seclusion technique shall
18 19	•
	(2) the restraint or seclusion technique shall
19	(2) the restraint or seclusion technique shall end when the student's behavior no longer presents an imminent
19 20	(2) the restraint or seclusion technique shall end when the student's behavior no longer presents an imminent danger of serious physical harm to the student or others;
19 20 21	(2) the restraint or seclusion technique shall end when the student's behavior no longer presents an imminent danger of serious physical harm to the student or others; (3) the restraint or seclusion technique shall
19 20 21 22	(2) the restraint or seclusion technique shall end when the student's behavior no longer presents an imminent danger of serious physical harm to the student or others; (3) the restraint or seclusion technique shall be used only by school employees who are trained in the safe
19 20 21 22 23	(2) the restraint or seclusion technique shall end when the student's behavior no longer presents an imminent danger of serious physical harm to the student or others; (3) the restraint or seclusion technique shall be used only by school employees who are trained in the safe and effective use of restraint and seclusion techniques unless

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2	impede the student's ability to breathe or speak; and
3	(5) the restraint technique shall not be out
4	of proportion to the student's age or physical condition] or
5	(3) the student is eloping and the conditions
6	in Paragraphs (1) and (2) of this subsection are also met. For
7	elopement that falls short of conditions in Paragraph (1) or
8	(2) of this subsection, physical restraint is not authorized,
9	but physical escort may be appropriate.
10	[$rac{G_{ullet}}{C_{ullet}}$] $rac{D_{ullet}}{C_{ullet}}$ Schools shall establish policies and
11	procedures for the <u>training and</u> use of <u>positive behavior</u>
12	interventions and supports, de-escalation and physical
13	restraint [or seclusion] techniques in a school safety plan;
14	provided that the school safety plan shall:
15	(1) be in accordance with guidance issued by
16	the department;
17	[(1) the school safety plan shall] <u>(2)</u> not be
18	specific to [any] <u>an</u> individual student; [and
19	(2) any school safety plan shall] <u>(3)</u> be
20	drafted by a planning team that includes at least one <u>person</u>
21	trained and certified in positive behavior interventions and
22	supports, de-escalation and restraint techniques and at least
23	one special education expert;
24	(4) address school district supports and
25	strategies applicable to physical restraint for school
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employees t	o successfu	ılly reint	egrate a	student	who h	as been
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physically	restrained	back into	the sch	<u>ool or c</u>	<u>lassro</u>	om;

(5) address elopement in a separate section and shall have procedures for elopement that requires physical restraint and elopement that requires interventions less than restraint; and

(6) be approved by the department.

E. Training of school employees designated in the school safety plan shall occur biannually and in the same year as hiring for a new school employee. All training shall be approved by the department. At least one administrator at each public school shall receive training addressing Paragraphs (1), (2) and (5) of this subsection, and other school employees shall be designated to receive training as necessary to carry out the provisions of this section, as approved by the department. Training shall include:

(1) less restrictive interventions, including positive behavior interventions and supports and de-escalation;

(2) hypothetical-situation training for triaging use of less restrictive interventions or physical restraint;

(3) practice sessions on physical restraint techniques:

(4) physical restraint techniques in proportion to the student's age or physical condition; and .229346.1

1	(5) monitoring, documenting and reporting when
2	physical restraint is used.
3	F. If a physical restraint technique is used on a
4	student:
5	(1) school employees shall maintain continuous
6	visual observation and monitoring of the student while the
7	restraint technique is in use;
8	(2) the physical restraint technique shall end
9	immediately when the student's behavior no longer presents an
10	imminent danger of serious physical harm to the student or
11	others;
12	(3) the physical restraint technique shall be
13	used only by school employees who are trained in the safe and
14	effective use of restraint techniques unless an emergency
15	situation does not allow sufficient time to summon those
16	trained school employees and the imminent danger to the student
17	or others is greater than the risk of harm of the physical
18	restraint to the student;
19	(4) the physical restraint technique employed
20	shall not impede the student's ability to breathe or
21	communicate; and
22	(5) the physical restraint technique shall not
23	be out of proportion to the student's age or physical condition
24	and should be consistent with the medical or other needs of the
25	student known to the person applying the restraint.
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1	G. Time-out shall not be used as a punishment.
2	$[rac{ ext{H.}}{ ext{V}}]$ Schools shall establish reporting and
3	documentation procedures to be followed when a physical
4	restraint [or seclusion] technique has been used on a student.
5	The procedures shall include the following provisions:
6	(1) a school employee shall provide the
7	student's parent [or guardian] with written or oral notice on
8	the same day that the incident occurred, unless circumstances
9	prevent same-day notification. If the notice is not provided
10	on the same day of the incident, notice shall be given within
11	twenty-four hours after the incident;
12	(2) within [a reasonable time] <u>three school</u>
13	days following the incident, a school employee shall provide
14	the student's parent [or guardian] with written documentation
15	[that includes information about any persons, locations or
16	activities that may have triggered the behavior, if known, and
17	specific information about the behavior and its precursors, the
18	type of restraint or seclusion technique used and the duration
19	of its use; and] on a department-issued form that includes:
20	(a) any known precursors that may have
21	triggered the behavior, such as specific persons, locations or
22	activities;
23	(b) a description of the behavior;
24	(c) the reason for physical restraint;
25	(d) any less restrictive interventions

1	attempted or, if none were attempted, why;
2	(e) the duration of the physical
3	restraint;
4	(f) the location of the physical
5	restraint;
6	(g) the techniques used;
7	(h) the staff involved in the physical
8	restraint; and
9	(i) the date of the involved staff's
10	last training pursuant to this section;
11	(3) schools shall review strategies used to
12	address a student's dangerous behavior with a person trained
13	and certified in de-escalation and restraint techniques if use
14	of restraint [or seclusion] techniques for an individual
15	student has occurred [two or more times] <u>more than one time</u>
16	during any [thirty-calendar-day period] school year. The
17	review shall include:
18	(a) a review of the incidents in which
19	restraint [or seclusion] techniques were used and an analysis
20	of how future incidents may be avoided, including whether the
21	student may be eligible for special education or requires a
22	functional behavioral assessment; and
23	(b) [a meeting of the student's] <u>if the</u>
24	student has an individualized education program team,
25	behavioral intervention plan team or student assistance team, \underline{a}
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<u>requirement that the team must meet</u> within two weeks of each
use of restraint [or seclusion after the second] when more than
one use occurs within a [thirty-calendar-day period] school
year to provide written recommendations for avoiding future
incidents requiring the use of <u>physical</u> restraint [or
seclusion]: and

(4) a parent has a right to request an individualized education program team, behavioral intervention plan team or student assistance team meeting after an instance of physical restraint.

[E.] I. If a school summons law enforcement instead of using a physical restraint [or seclusion] technique on a student, the school shall comply with the reporting, documentation and review procedures established pursuant to [Subsection D of] this section.

[F. Policies regarding restraint and seclusion shall consider school district support and strategies for school employees to successfully reintegrate a student who has been restrained or secluded back into the school or classroom environment.

 G_{\bullet}] J_{\bullet} The provisions of this section shall not be interpreted as addressing the conduct of law enforcement or first responders.

[H_{\star}] K_{\star} The provisions of this section do not apply to any school located within a county juvenile detention center .229346.1

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or	а	state-operated	juvenile	facility.

[I. For the purposes of this section:

(1) "first responder" means a person based outside of a school who functions within the emergency medical services system and who is dispatched to a school to provide initial emergency aid;

(2) "mechanical restraint" means the use of any device or material attached or adjacent to the student's body that restricts freedom of movement or normal access to any portion of the student's body and that the student cannot easily remove, but "mechanical restraint" does not include mechanical supports or protective devices;

(3) "physical restraint" means the use of physical force without the use of any device or material that restricts the free movement of all or a portion of a student's body, but "physical restraint" does not include physical escort;

(4) "restraint" when not otherwise modified means mechanical or physical restraint; and

(5) "seclusion" means the involuntary confinement of a student alone in a room from which egress is prevented. "Seclusion" does not mean the use of a voluntary behavior management technique, including a timeout location, as part of a student's education plan, individual safety plan, behavioral plan or individualized education program that .229346.1

1	involves the student's separation from a larger group for
2	purposes of calming.]"
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