## LFC Requestor: Self Assigned

## 2025 LEGISLATIVE SESSION AGENCY BILL ANALYSIS

### **Section I: General**

Chamber: Senate	Category: Bill
Number: 207	Type: Introduced

Date (of THIS analysis): 1/31/2025Sponsor(s): Stefanics, Thomson, and HickeyShort Title: Add Classes to Prior Authorization Drugs

Reviewing Agency: Agency 665 - Department of Health

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# **Section II: Fiscal Impact**

#### **APPROPRIATION (dollars in thousands)**

Appropriation Contained		Recurring or	Fund	
FY 25	FY 26	Nonrecurring	Affected	
\$0	\$0	N/A	N/A	

#### **REVENUE** (dollars in thousands)

Estimated Revenue		Recurring or		
FY 25	FY 26	FY 27	Nonrecurring	Fund Affected
\$0	\$0	\$0	N/A	N/A

#### ESTIMATED ADDITIONAL OPERATING BUDGET IMPACT (dollars in thousands)

	FY 25	FY 26	FY 27	3 Year Total Cost	Recurring or Non- recurring	Fund Affected
Total	\$0	\$0	\$0	\$0	N/A	NA

#### Section III: Relationship to other legislation

Duplicates: None

Conflicts with: None

Companion to: None

Relates to: None

Duplicates/Relates to an Appropriation in the General Appropriation Act: None

### **Section IV: Narrative**

### 1. BILL SUMMARY

a) Synopsis

Senate Bill 207 proposes to amend the prior authorization act to add on and off label drugs that are not subject to prior authorization or step therapy protocols. Additionally, SB207 adds covers for rare diseases which are defined in the bill as medical conditions that affect fewer than 200,000 people in the United States.

The prescriber would need to determine medical necessity and would only require prior authorization when a biosimilar or generic biologic is available.

Is this an amendment or substitution?  $\Box$  Yes  $\boxtimes$  No

Is there an emergency clause?  $\Box$  Yes  $\boxtimes$  No

b) Significant Issues

The <u>Orphan Drug Act</u> defines a rare disease as a disease or condition that affects less than 200,000 people in the United States. There are approximately 25-30 million people combined across a variety of conditions who are affected by rare diseases in the United States. With only 5-7% of rare diseases having an FDA approved treatment, most medication is prescribed off-label. Patients are frequently required to pay out of pocket or provide additional paperwork which delays medication access.

https://pmc.ncbi.nlm.nih.gov/articles/PMC8630459/#:~:text=Due%20to%20the%20rejection%20 of,label%20(10%2C11).

Utilization management protocols, such as prior authorization, are tools that can help control costs and prevent the overuse of health care services. However, when used improperly or without consideration of a patient's unique medical situation or history, utilization management can delay necessary treatment. According to a survey of rare disease patients and caregivers conducted by NORD in 2019, 61% of people with rare disorders have been denied, or faced delays accessing treatments requiring pre-approval from an insurance company (including prescription drugs, medical devices or other treatments). Respondents earning less than \$20,000 per year were twice as likely to be denied referral to a specialist compared to those earning \$100,000 or more. https://rarediseases.org/wp-content/uploads/2020/11/NRD-2088-Barriers-30-Yr-Survey-Report\_FNL-2.pdf

For patients with rare diseases, the impact of inappropriate step therapy is especially severe. These individuals often endure years-long diagnostic journeys before finding a treatment that works. Patients who switch insurance plans may be required by their new insurer to discontinue a successful treatment and take a less effective medicine, jeopardizing their stability and, in some cases, their health outcomes. <u>https://rarediseases.org/policy-issues/step-therapy-fail-first/</u>

Across health plans, variations in coverage, utilization management (such as prior authorization and step therapy), and plan tiering create access barriers for individuals with rare conditions. Many of the treatment criteria and diagnostic testing variants were not consistent with clinical practice guidelines (where available or applicable) or FDA label indications. The variation in coverage across plans for the same medication—such as coverage for orphan drugs (novel therapies used for rare conditions or clinical presentations) and high-frequency utilization management for therapies that treat rare conditions—creates significant complexities for individuals and families in navigating insurance coverage.<u>https://rarediseases.org/wp-content/uploads/2020/11/NRD-2088-Barriers-30-Yr-Survey-Report\_FNL-2.pdf</u>

# 2. PERFORMANCE IMPLICATIONS

• Does this bill impact the current delivery of NMDOH services or operations?

 $\Box$  Yes  $\boxtimes$  No

If yes, describe how.

- Is this proposal related to the NMDOH Strategic Plan?  $\Box$  Yes  $\boxtimes$  No
  - Goal 1: We expand equitable access to services for all New Mexicans
  - □ Goal 2: We ensure safety in New Mexico healthcare environments
  - □ Goal 3: We improve health status for all New Mexicans

□ **Goal 4**: We support each other by promoting an environment of mutual respect, trust, open communication, and needed resources for staff to serve New Mexicans and to grow and reach their professional goals

## **3. FISCAL IMPLICATIONS**

- If there is an appropriation, is it included in the Executive Budget Request?
  □ Yes □ No ⊠ N/A
- If there is an appropriation, is it included in the LFC Budget Request?
  □ Yes □ No ⊠ N/A
- Does this bill have a fiscal impact on NMDOH?  $\Box$  Yes  $\boxtimes$  No

### 4. ADMINISTRATIVE IMPLICATIONS

Will this bill have an administrative impact on NMDOH?  $\Box$  Yes  $\boxtimes$  No

# 5. DUPLICATION, CONFLICT, COMPANIONSHIP OR RELATIONSHIP None

## 6. TECHNICAL ISSUES

Are there technical issues with the bill?  $\Box$  Yes  $\boxtimes$  No

# 7. LEGAL/REGULATORY ISSUES (OTHER SUBSTANTIVE ISSUES)

- Will administrative rules need to be updated or new rules written?  $\Box$  Yes  $\boxtimes$  No
- Have there been changes in federal/state/local laws and regulations that make this legislation necessary (or unnecessary)? □ Yes ⊠ No
- Does this bill conflict with federal grant requirements or associated regulations?
  □ Yes ⊠ No
- Are there any legal problems or conflicts with existing laws, regulations, policies, or programs? □ Yes ⊠ No

# 8. DISPARITIES ISSUES

Patients of lower socioeconomic status are less likely to be able to afford to pay out of pocket for medications that are denied due to off-label indication, prior-authorization, or step therapy requirements.

# 9. HEALTH IMPACT(S)

- For children with rare diseases, receiving an accurate diagnosis and promptly starting treatment can be critical. Delayed diagnosis leads to delayed treatment and missed opportunities for early intervention services. Many rare diseases have treatments that are most effective when started early. For example, enzyme replacement therapy for certain lysosomal storage disorders can prevent severe complications if administered promptly. Early intervention can halt or slow disease progression. For example, early use of disease-modifying therapies in spinal muscular atrophy (SMA) has significantly improved motor function and survival rates. Early intervention often improves quality of life by minimizing symptoms and preventing secondary complications. This can result in better physical and cognitive development, enabling children to lead more fulfilling lives. <a href="https://www.tgen.org/patients/center-for-rare-childhood-disorders/stories/early-intervention-is-crucial-for-better-outcomes-for-children-with-rare-diseases/#:~:text=For%20children%20with%20rare%20diseases%2C%20receiving%20an%20aan%20and,developmental%20potential%20and%20improve%200outcomes.</a>
- The American Academy of Family Physicians believes step therapy protocols can delay access to treatments, hinder adherence, increase the risks of side effects, and could result in disease progression for patients. Patients should not be required to repeat protocols if they are on a current effective course of treatment. Ongoing care should ensure while step therapy approvals are obtained and should be tailored to each patient's unique clinical case. https://www.aafp.org/about/policies/all/prior-authorizations.html

#### **10. ALTERNATIVES**

30 state legislatures have established Rare Disease Advisory Councils (RDAC) through state law, which act as advisory bodies. RDACs enable states to strategically identify and address barriers that prevent individuals living with rare diseases from accessing adequate and effective treatment and care.<u>https://rarediseases.org/policy-issues/rare-disease-advisory-councils/</u>.

### 11. WHAT WILL BE THE CONSEQUENCES OF NOT ENACTING THIS BILL?

New sections to the Prior Authorization Act will not be enacted that prevent insurers from imposing step therapy requirements for on-label and off-label treatments of certain health conditions (autoimmune disorders, cancer, rare diseases, or substance abuse disorders). Rare disease will not be added to the Prior Authorization Act.

### **12. AMENDMENTS**

None.