

1 A MEMORIAL

2 REQUESTING THE GOVERNOR TO DECLARE MAY 16, 2021 AS "FABIOLA
3 CABEZA DE BACA GILBERT DAY" IN NEW MEXICO.

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5 WHEREAS, Fabiola Cabeza de Baca Gilbert led a storied
6 life as an educator, nutritionist, activist and writer; and

7 WHEREAS, Fabiola Cabeza de Baca Gilbert was born on May
8 16, 1894 in Las Vegas, New Mexico; and

9 WHEREAS, Fabiola Cabeza de Baca Gilbert attended a
10 public school run by New Mexico normal university, in 1906
11 spent a year studying in Spain and in 1912 earned an
12 elementary school teaching certificate from New Mexico normal
13 university; and

14 WHEREAS, Fabiola Cabeza de Baca Gilbert earned a
15 bachelor of arts degree from New Mexico normal university and
16 a degree in home economics from the New Mexico college of
17 agricultural and mechanic arts in 1927; and

18 WHEREAS, May 16, 2021 is her one hundredth anniversary
19 as a graduate of New Mexico normal university, later known as
20 New Mexico highlands university; and

21 WHEREAS, Fabiola Cabeza de Baca Gilbert married Carlos
22 Gilbert in 1931; and

23 WHEREAS, Fabiola Cabeza de Baca Gilbert is the author of
24 *Historic Cookery: Authentic New Mexican Food*, published in
25 1931, the earliest cookbook of New Mexico foods popularizing

1 cooking with chile; and

2 WHEREAS, Fabiola Cabeza de Baca Gilbert revised her
3 cookbook to include menus in 1951; and

4 WHEREAS, Fabiola Cabeza de Baca Gilbert is noted in
5 several publications and online sites that include New Mexico
6 history, wikipedia and New Mexico women; and

7 WHEREAS, Fabiola Cabeza de Baca Gilbert is credited as
8 the inventor of the u-shaped fried taco shell; and

9 WHEREAS, Lois Rudnick published *La Fabulosa Fabiola:*
10 *First Lady of New Mexico Cuisine* in 2012 and cited Fabiola
11 Cabeza de Baca Gilbert's u-shaped fried taco shell invention
12 in the book; and

13 WHEREAS, Fabiola Cabeza de Baca Gilbert was also
14 featured in a 2012 *El Palacio* magazine article by Lois
15 Rudnick; and

16 WHEREAS, Fabiola Cabeza de Baca Gilbert was also
17 featured in Jeffrey Pilcher's book *Planet Taco: A Global*
18 *History of Mexican Food*; and

19 WHEREAS, Jeffrey Pilcher noted that Fabiola Cabeza de
20 Baca Gilbert "suggested a novel twist, soon taken up by home
21 cooks and fast-food restaurants, of prefrying the tortillas
22 into the characteristic 'u' shape of a taco shell before
23 adding the filling."; and

24 WHEREAS, in *Iconic Mexico: An Encyclopedia from*
25 *Acapulco to Zocalo*, author Eric Zolov also references Fabiola

1 Cabeza de Baca Gilbert's culinary skills;

2 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
3 REPRESENTATIVES OF THE STATE OF NEW MEXICO that the governor
4 be requested to declare May 16, 2021 "Fabiola Cabeza de Baca
5 Gilbert Day" in New Mexico; and

6 BE IT FURTHER RESOLVED that Fabiola Cabeza de Baca
7 Gilbert be remembered for her service and dedication to the
8 residents of New Mexico; and

9 BE IT FURTHER RESOLVED that a copy of this memorial be
10 transmitted to the family of Fabiola Cabeza de Baca Gilbert
11 and the president of New Mexico highlands university. _____

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