

1 A MEMORIAL

2 DECLARING FEBRUARY 25, 2019 "WEAR RED DAY" IN THE SENATE.

3  
4 WHEREAS, according to American heart association  
5 statistics, cardiovascular disease is the number-one killer  
6 of women in the United States; and

7 WHEREAS, cardiovascular disease kills approximately one  
8 woman every eighty seconds in the United States; and

9 WHEREAS, about eighty percent of cardiovascular disease  
10 may be prevented; and

11 WHEREAS, some risk factors for heart disease, such as  
12 blood pressure, smoking and cholesterol, can be controlled;  
13 and

14 WHEREAS, women are encouraged to commit to making  
15 physical activity and healthy eating a priority to improve  
16 heart health; and

17 WHEREAS, the American heart association's go red for  
18 women movement motivates women to learn their family  
19 histories and to meet with a health care provider to  
20 determine their risks for cardiovascular disease and stroke;  
21 and

22 WHEREAS, go red for women encourages women to take  
23 control of their heart health by knowing their total  
24 cholesterol, high-density lipoprotein (hdl) good cholesterol,  
25 blood pressure, blood sugar and body mass index;

