

1 A MEMORIAL

2 DECLARING FEBRUARY 25, 2019 "WEAR RED DAY" IN THE HOUSE OF
3 REPRESENTATIVES.

4
5 WHEREAS, according to American heart association
6 statistics, cardiovascular disease is the number-one killer
7 of women in the United States; and

8 WHEREAS, cardiovascular disease kills approximately one
9 woman every eighty seconds in the United States; and

10 WHEREAS, about eighty percent of cardiovascular disease
11 may be prevented; and

12 WHEREAS, some risk factors for heart disease, such as
13 blood pressure, smoking and cholesterol, can be controlled;
14 and

15 WHEREAS, women are encouraged to commit to making
16 physical activity and healthy eating a priority to improve
17 heart health; and

18 WHEREAS, the American heart association's go red for
19 women movement motivates women to learn their family
20 histories and to meet with a health care provider to
21 determine their risks for cardiovascular disease and stroke;
22 and

23 WHEREAS, go red for women encourages women to take
24 control of their heart health by knowing their total
25 cholesterol, high-density lipoprotein (hdl) good cholesterol,

1 blood pressure, blood sugar and body mass index;

2 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
3 REPRESENTATIVES OF THE STATE OF NEW MEXICO that February 25,
4 2019 be declared "Wear Red Day" in the house of
5 representatives in recognition of the importance of the
6 ongoing fight against heart disease and stroke; and

7 BE IT FURTHER RESOLVED that a copy of this memorial be
8 transmitted to the secretary of health. _____

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