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SENATE MEMORIAL 36

53RD LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2017

INTRODUCED BY

Linda M. Lopez

A MEMORIAL

DECLARING JANUARY 31, 2017 AS "WEAR RED DAY" IN THE SENATE AND
URGING ALL CITIZENS TO SHOW THEIR SUPPORT FOR WOMEN AND THE
FIGHT AGAINST HEART DISEASE BY WEARING THE COLOR RED.

WHEREAS, according to American heart association
statistics, heart disease is the number-one killer of women,
even though eighty percent of cardiac events can be prevented;
and

WHEREAS, cardiovascular diseases cause one in three
women's deaths each year, killing approximately one woman every
eighty seconds; and

WHEREAS, an estimated forty-four million women in the
United States are affected by cardiovascular diseases; and

WHEREAS, ninety percent of women have one or more risk
factors for developing heart disease or stroke; and

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1 WHEREAS, women are less likely to call 911 for themselves
2 when experiencing symptoms of a heart attack than they are if
3 someone else is experiencing symptoms of a heart attack; and

4 WHEREAS, only thirty-six percent of African American women
5 and thirty-four percent of Hispanic women know that heart
6 disease is their greatest health risk, compared with sixty-five
7 percent of Caucasian women; and

8 WHEREAS, the American heart association's go red for women
9 movement motivates women to learn their family histories and to
10 meet with a health care provider to determine their risk for
11 cardiovascular diseases and stroke; and

12 WHEREAS, women involved with the American heart
13 association's go red for women movement live healthier lives;
14 and

15 WHEREAS, go red for women encourages women to take control
16 of their heart health by knowing and managing these five
17 numbers: total cholesterol, high-density lipoprotein (hdl)
18 good cholesterol, blood pressure, blood sugar and body mass
19 index;

20 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE
21 OF NEW MEXICO that January 31, 2017 be declared "Wear Red Day"
22 in the senate; and

23 BE IT FURTHER RESOLVED that all New Mexicans be urged to
24 show their support for women and the fight against heart
25 disease by commemorating this day by wearing the color red; and

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1 BE IT FURTHER RESOLVED that by increasing awareness,
2 speaking about heart disease and empowering women to reduce
3 their risk for cardiovascular diseases, thousands of lives can
4 be saved each year; and

5 BE IT FURTHER RESOLVED that a copy of this memorial be
6 transmitted to the secretary of health.

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