

1 A MEMORIAL

2 DECLARING MARCH 8, 2017 "REGISTERED DIETITIAN NUTRITIONIST  
3 DAY" IN THE HOUSE OF REPRESENTATIVES AND PROCLAIMING MARCH 5  
4 THROUGH MARCH 11, 2017 "NEW MEXICO ACADEMY OF NUTRITION AND  
5 DIETETICS WEEK".

6  
7 WHEREAS, registered dietitian nutritionists are food and  
8 nutrition experts, translating the science of nutrition into  
9 practical solutions for healthy living; and

10 WHEREAS, New Mexico registered dietitian nutritionists  
11 are licensed by the state as licensed dietitians in addition  
12 to having a national registration; and

13 WHEREAS, registered dietitian nutritionists have degrees  
14 in nutrition, dietetics, public health or a related field  
15 from well-respected, accredited colleges and universities,  
16 have completed an internship and have passed a national  
17 examination; and

18 WHEREAS, registered dietitian nutritionists use their  
19 nutritional expertise to help individuals make unique,  
20 positive lifestyle changes; and

21 WHEREAS, registered dietitian nutritionists are  
22 advocates for advancing the nutritional status of New  
23 Mexicans; and

24 WHEREAS, registered dietitian nutritionists work  
25 throughout the community in hospitals, schools, public health

1 clinics, nursing homes, fitness centers, food management, the  
2 food industry, universities, research and private practice;  
3 and

4 WHEREAS, registered dietitian nutritionists serve high-  
5 risk populations, including women, infants and children  
6 program participants; supplemental nutrition assistance  
7 program participants; group-home residents; children in early  
8 care and education settings, such as head start and pre-  
9 kindergarten; and senior program participants at congregate  
10 dining centers and meals on wheels; and

11 WHEREAS, registered dietitian nutritionists play a key  
12 role in preventing and managing nutrition-related chronic  
13 diseases, such as diabetes, obesity, heart disease and  
14 hypertension; and

15 WHEREAS, registered dietitian nutritionists provide  
16 medical nutrition therapy, which involves in-depth  
17 individualized nutrition assessments, diagnosis and  
18 interventions designed to meet a person's nutritional needs  
19 and goals of prevention, wellness and disease management; and

20 WHEREAS, medical nutritional therapy provided by  
21 registered dietitian nutritionists is linked to improved  
22 clinical outcomes and reduced health costs related to  
23 physician time, medication use and hospital admissions for  
24 people with obesity, diabetes and other chronic diseases; and

25 WHEREAS, the New Mexico academy of nutrition and

1 dietetics, the state affiliate for the academy of nutrition  
2 and dietetics, has as its mission to promote optimal  
3 nutrition and well-being for all New Mexicans by advocating  
4 for its members; and

5 WHEREAS, the majority of New Mexico academy of nutrition  
6 and dietetics members are registered dietitian nutritionists  
7 and dietetic technicians; and

8 WHEREAS, registered dietitian nutritionist day and the  
9 New Mexico academy of nutrition and dietetics week promote  
10 the New Mexico academy of nutrition and dietetics members and  
11 registered dietitian nutritionists to the public as the most  
12 valuable and credible source of timely, scientifically based  
13 food and nutrition information;

14 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
15 REPRESENTATIVES OF THE STATE OF NEW MEXICO that March 8, 2017  
16 be declared "Registered Dietitian Nutritionist Day" in the  
17 house of representatives and that March 5 through March 11,  
18 2017 be declared "New Mexico Academy of Nutrition and  
19 Dietetics Week"; and

20 BE IT FURTHER RESOLVED that copies of this memorial be  
21 transmitted to the governor and the New Mexico academy of  
22 nutrition and dietetics.