

1 A MEMORIAL

2 REQUESTING THE GOVERNOR TO PROCLAIM MAY 2016 "MENTAL HEALTH
3 MONTH" IN NEW MEXICO.

4 WHEREAS, good mental health is essential to everyone's
5 overall health and well-being; and

6 WHEREAS, all Americans experience times of difficulty
7 and stress in their lives; and

8 WHEREAS, prevention is an effective way to reduce the
9 burden of mental illness; and

10 WHEREAS, there is a strong body of research that
11 supports specific tools that all Americans can use to better
12 handle emotional challenges and protect their health and
13 well-being; and

14 WHEREAS, mental illness is real and prevalent in the
15 nation; and

16 WHEREAS, with effective treatment, individuals living
17 with mental illness can recover and lead full, productive
18 lives; and

19 WHEREAS, each business, school, government agency,
20 health care provider, organization and resident in New Mexico
21 shares the burden of mental illness and has a responsibility
22 to promote mental wellness and support prevention efforts;
23 and

24 WHEREAS, the interagency behavioral health purchasing
25 collaborative is in its seventh year of a ten-year process to

1 streamline behavioral health services and to promote recovery
2 and resiliency through support services across the state in
3 an effort to build healthy families from infants to adults;
4 and

5 WHEREAS, the national mental health association, the
6 federal substance abuse and mental health services
7 administration and the interagency behavioral health
8 purchasing collaborative and its eighteen local
9 collaboratives observe mental health month every May to raise
10 awareness and understanding of mental illness and mental
11 health;

12 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
13 REPRESENTATIVES OF THE STATE OF NEW MEXICO that the governor
14 be requested to proclaim May 2016 "Mental Health Month" in
15 the state of New Mexico; and

16 BE IT FURTHER RESOLVED that residents, government
17 agencies, public and private institutions, businesses and
18 schools throughout New Mexico be requested to recommit their
19 communities to increasing awareness and understanding of
20 mental health, the steps that residents can take to protect
21 their mental health and the need for appropriate and
22 accessible services for all people living with mental
23 illness; and

24 BE IT FURTHER RESOLVED that a copy of this memorial be
25 transmitted to the governor.