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HOUSE MEMORIAL 15

51ST LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2013

INTRODUCED BY

Doreen Y. Gallegos

A MEMORIAL

RECOGNIZING THE SERIOUSNESS OF HEART DISEASE IN WOMEN;
CELEBRATING THE AMERICAN HEART ASSOCIATION'S SUCCESS IN SAVING
LIVES; DECLARING FEBRUARY 5, 2013 AS "NATIONAL WEAR RED DAY" IN
THE HOUSE OF REPRESENTATIVES.

WHEREAS, the American heart association's "Go Red For
Women" movement has had an impact on the health of women for
ten years, saving more than six hundred twenty thousand lives
and reducing by three hundred thirty the number of women who
die from heart disease each day; and

WHEREAS, heart disease kills more women than any other
cause, yet only one of every five American women believes that
heart disease is the greatest threat to her health; and

WHEREAS, each year, cardiovascular diseases cause one in
every three deaths of women at a rate of approximately one

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1 death per minute; and

2 WHEREAS, an estimated forty-three million women in the
3 United States are affected by cardiovascular diseases; and

4 WHEREAS, ninety percent of women exhibit one or more of
5 the characteristics that are associated with the development of
6 heart disease; and

7 WHEREAS, only twenty-four percent of participants in all
8 heart-related studies are women; and

9 WHEREAS, since 1984, more women than men have died each
10 year from heart disease; and

11 WHEREAS, the gap between the heart disease survival rate
12 of men and the heart disease survival rate of women continues
13 to widen; and

14 WHEREAS, a woman is less likely to call for emergency help
15 when she experiences the symptoms of a heart attack than when
16 she observes someone else experiencing those symptoms; and

17 WHEREAS, in celebration of the tenth "National Wear Red
18 Day" in February, the American heart association is asking that
19 all women in America help to raise awareness of heart disease
20 by wearing red;

21 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
22 REPRESENTATIVES OF THE STATE OF NEW MEXICO that February 5,
23 2013 be declared "National Wear Red Day" in the house of
24 representatives; and

25 BE IT FURTHER RESOLVED that people be requested to wear

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1 red on that day; and

2 BE IT FURTHER RESOLVED that a copy of this memorial be
3 transmitted to the American heart association of New Mexico.

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