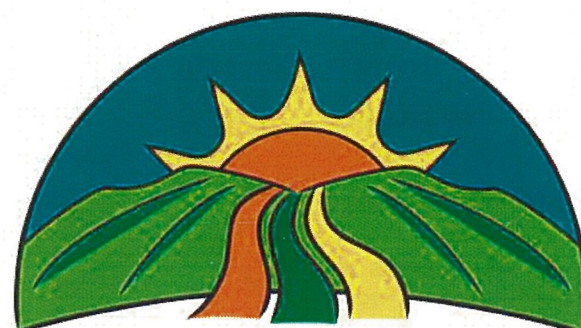


# New Brand and Logo for Diabetes Prevention & Diabetes and Chronic Disease Self-Management Education Support Programs



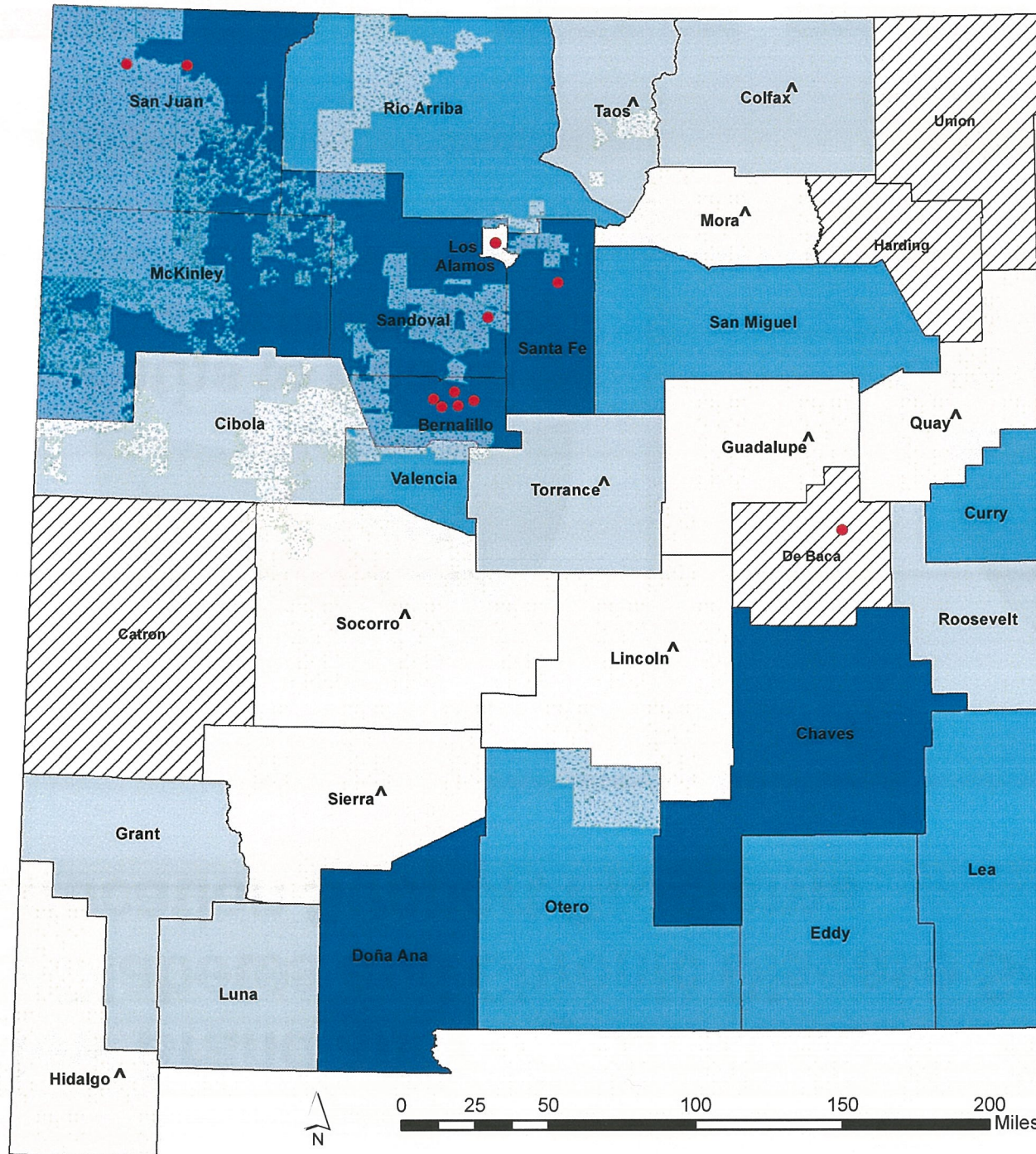
**Paths to Health** NM  
Tools for *Healthier* Living



**Caminos de Salud** NM  
Técnicas para Vivir *Mejor*



# National Diabetes Prevention Program (NDPP) Sites, New Mexico, 2017



Estimated # of Adults (Ages 18+)<sup>1</sup> with Diagnosed Prediabetes

- 235 - 962
- 963 - 1,960
- 1,961 - 3,211
- 3,212 - 40,480

^ Data unreliable due to small numbers

▨ Data very unreliable

● NDPP Site

▨ Tribal Area

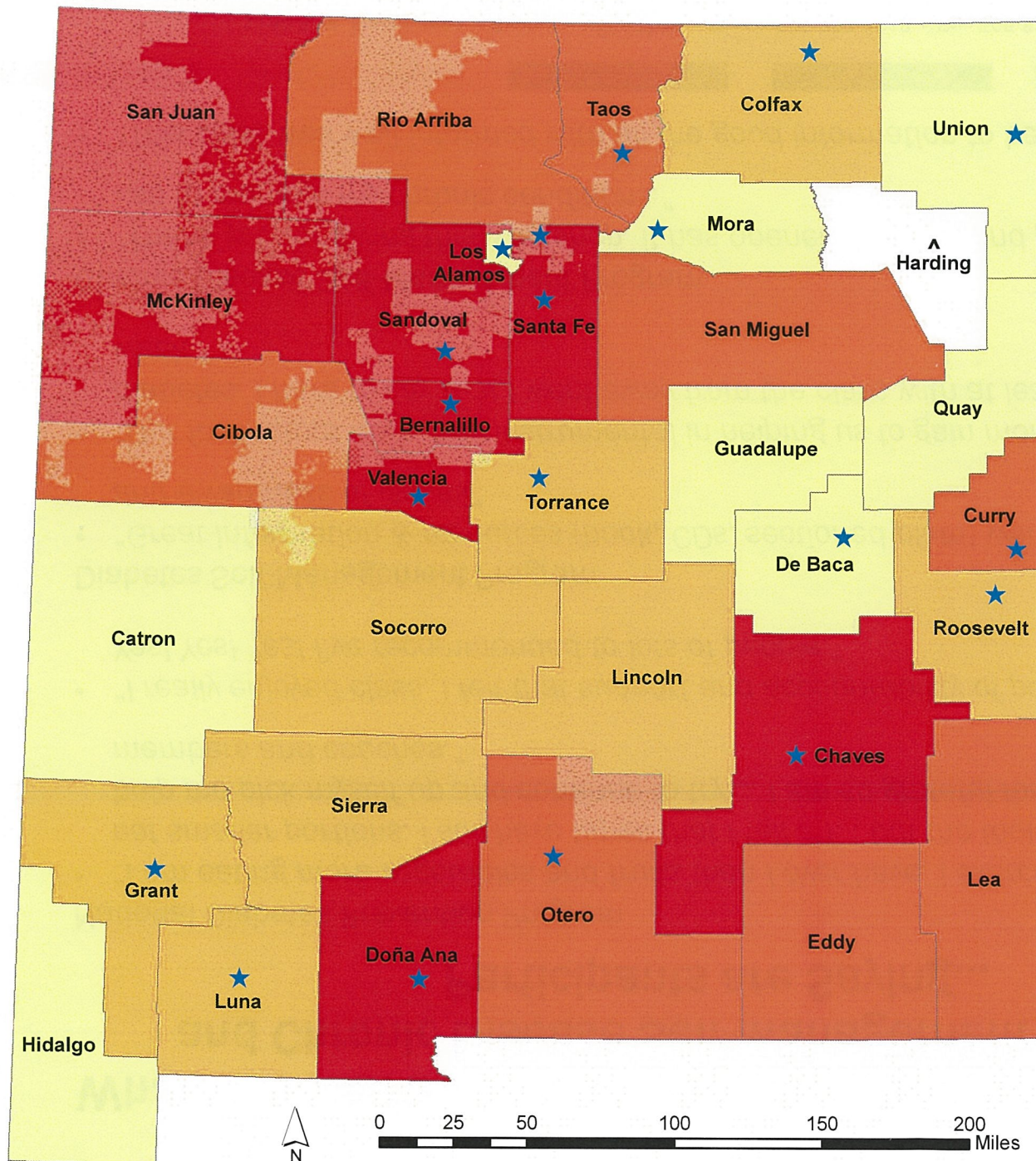
Map Author: Christopher D. Lucero  
 Date: 6/6/2017  
 Grouping Method: Quantiles

Notes: <sup>1</sup>Three years of data are combined to increase the reliability of rates. 2014 population estimates applied to the percentage to generate estimated number of adults.

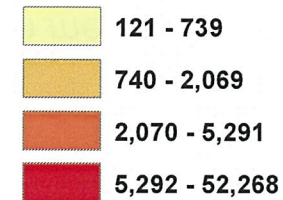




# County Locations of Chronic Disease Self-Management Education Programs (CDSMEP) New Mexico, Fiscal Year 2017



Estimated # of Adults (Ages 18+)<sup>1</sup>  
with Diagnosed Diabetes



^ Data unreliable due to small numbers

★ CDSMEP

▨ Tribal Area

Map Author: Christopher D. Lucero  
Date: 7/7/2017  
Grouping Method: Quantiles

Notes: <sup>1</sup>Three years of data are combined to increase the reliability of rates. 2014 population estimates applied to the percentage to generate estimated number of adults.



# What National Diabetes Prevention Program and Diabetes and Chronic Disease Self-Management Programs Participants are Saying...

## National Diabetes Prevention Program

- *“I am eating more vegetables and fruits than I ever have. I exercise now, and I never did. I eat smaller portions. I still have times that I fall off... but the tools this class has given me help me pick myself up and continue to try.... I am so grateful for this class and my team members and coaches.”*
- *“I really enjoyed class. I felt that support and accountability of peers greatly aided success. Yes! Yes! Yes! I’ve recommended to lots of people.”*

## Diabetes Self-Management Program

- *“Great information & resources (book, CDs, sectioned plate) were provided; increased skills and awareness of issues”*
- *“Our facilitators were very instrumental in helping us to gain more knowledge about diabetes. I have to say that I went away from the class with at least one new idea each week.”*

## Chronic Disease Self-Management Program

- *“Thank you for giving this workshop, it has opened my eyes and given me practical skills to use to manage my chronic conditions.”*
- *“This class was well informed with all the good information to better ourselves and our lives.”*

# DPCP Federal Performance Measures

## Centers for Disease Control and Prevention

### Diabetes Prevention:

- Prevalence (%) of people with self-reported prediabetes
- Proportion of health care systems with policies or practices to refer persons with prediabetes or at high risk for type 2 diabetes to a CDC-recognized lifestyle change program
- Proportion of health care systems with policies or practices to refer persons with prediabetes or at high risk for type 2 diabetes to a CDC-recognized lifestyle change program
- Proportion of participants in CDC-recognized lifestyle change programs who were referred by a health care provider
- Number of Medicaid recipients or state/local public employees with prediabetes or at high risk for type 2 diabetes who have access to evidence-based lifestyle change programs as a covered benefit
- Number of persons with prediabetes or at high risk for type 2 diabetes who enroll in a CDC-recognized lifestyle change program
- Percent of participants in CDC-recognized lifestyle change programs achieving 5-7% weight loss (as reported by the CDC Diabetes Prevention Recognition Program)

### Diabetes Management:

- Proportion of people with diabetes in targeted settings who have at least one encounter at a DSME/S program
- Proportion of health care systems with policies or systems to encourage a multi-disciplinary team approach to A1C control
- Proportion of patients that are in health care systems that have policies or systems to encourage a multi-disciplinary approach to A1C control
- Decreased proportion of people with diabetes with A1C >9
- Age-adjusted hospital discharge rate for diabetes as any-listed diagnosis per 1,000 persons with diabetes

# DPCP State Performance Measures

## NM Department of Health Strategic Plan and NM State Legislature (Accountability in Government Act)

- Percent of participants in the National Diabetes Prevention Program that were referred by a health care provider through the agency-sponsored referral system
- Diabetes hospitalization rate per 10,000 population

## Chronic Disease Prevention and Control Bureau (Selected as appropriate for individual projects and contracts)

- Number of health care providers receiving professional education on chronic disease prevention and/or control
- Number of agencies, organizations and/ or individuals collaborating on comprehensive chronic disease prevention and/ or control initiatives
- Number of agencies, organizations and/ or individuals collaborating on reducing chronic diseases
- Number of agencies, organizations and/ or individuals collaborating on reducing chronic disease inequities
- Number of New Mexicans receiving services to reduce or control chronic disease risk factors
- The use of chronic disease related data accessible through existing and/or new surveillance systems
- Number of chronic disease-related programs, initiatives, or services that are being evaluated

## DPCP

- DPCP has numerous programmatic performance measures that we track for our own evaluation and accountability. These are available on request.

