



Youth Suicide Prevention

**Belen Consolidated Schools
Health Services**

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Approach of Youth Suicide Prevention in Our District

- Training for staff
- Services / Supports for parents
- Services / Support for students
- Future training for students

Belen Consolidated Schools – Staff Training

- **School Year 2019-2020**
 - BHS Student Development professional Wednesdays -
 - Belen High School Staff QPR Training (Question, Persuade, Refer)
 - Belen High School Seniors trained in QPR Training
 - Increased training for School Counselors, School Nurses & Teen Specialist
 - Ended school year with training 15 additional QPR Instructors (Principals, Counselors, Teachers, Nurses and community members)

Belen Consolidated Schools – Staff Training (cont.)

- **School Year 2021 – 2022 (1st year of All Staff)**
 - Some resistance from staff – fears of asking question
 - Stress importance of recognizing what maybe happening and if unable to ask question get the person to someone who can / will ask the question

Belen Consolidated Schools – Staff Training (cont.)

- **School Year 2022– 2023; 2023 – 2024**
 - Increased participation in training
 - Ownership
 - High alert
 - Increased report when notes found

Parent / Student / Staff Resources

- **Programs to support our families**
 - **Central Regional Educational Cooperative (CREC) – Behavioral Health Federal Grant**
 - Provides social worker; Behavior Analyst
 - Currently supporting La Merced Elementary; Belen Middle School; Dennis Chavez Elementary; Infinity High School
 - Help me program
 - Future Focused Education (Mental Health First Aid training in fall – nurses, counselors, attendance coaches, teen specialist)

Parent / Student / Staff Resources

- **Programs to support our families**
 - **All Faith Wrap Around Program**
 - **Journey to Wellness**
 - **Cook Center**
 - Parentguidance.org (on demand free course for parents / staff)
 - Mental health series (6) webinars
 - Ask a therapist – live @ 6pm mt (monthly)
 - Parent & staff coaching
 - **H2 Academics** – Youth RAC Program / Wrap Around Program

BCS Summary

- Committed to supporting our students / families
- Training for staff