

Constellation Consulting, LLC worked in cooperation with the Nicotine Use Prevention and Control (NUPAC) Program from FY20 through FY23, with funding from the New Mexico Department of Health, to reduce adult and youth tobacco use through environmental strategies.

Highlights of Our Recent Work:



Since FY22, Constellation Consulting has worked to develop collaborations with Community Based Organizations (CBOs) in Bernalillo County to support the People Experiencing Poverty initiative. We worked with organizations like Meals on Wheels and TenderLove Community Center to ensure they had access to the knowledge, tools, and resources they needed to support their staff, volunteers, and clients to quit (and not start) nicotine product usage. This work included honoring the core missions of these CBOs, while engaging NUPAC's evaluation partner, WYSAC, on why nicotine use is a health equity issue. Constellation also worked with WYSAC to determine the best practice nicotine treatment interventions, and in FY23 we developed the Nicotine Treatment Continuum of Care™ to support these efforts.



Through our statewide People Experiencing Poverty work, in FY22 and FY23 Constellation Consulting worked with health councils in Curry, Otero, and Socorro Counties, and the health councils of the San Ildefonso and Santa Clara pueblos, to engage them in NUPAC's mission to improve lives by eliminating the harm from tobacco use and nicotine addiction. In FY22 we began developing collaborative relationships with Presbyterian Health System, La Clinica de Familia in Las Cruces, and the University of New Mexico Health Sciences Center Office of Community Health Community Health Worker Initiative. These collaborations ensured their Community Health Worker staff understood NUPAC's mission, the resources available to them, and the brief intervention strategies that can impact tobacco and nicotine use with their clients and patients. **This work will affect approximately 40,000 total patient interactions annually.**



In FY23, Constellation Consulting again used the Nicotine Treatment Continuum of Care as we focused our behavioral health work on outreach, engagement, and mobilization of treatment facilities. Constellation developed a list of more than 100 primary treatment providers, and while systems change level work like this can often take years, Constellation received positive feedback, and had one facility in Albuquerque make the necessary updates to their policies and procedures to become a completely nicotine- and tobacco-free campus in just a few months.

This level of systems change is invaluable in terms of nicotine and tobacco use, treatment, and prevention, and is establishing sustainability for years to come.



Constellation Consulting is a cooperative of consultants in New Mexico with a wide range of skills and experience. We specialize in projects that allow our consultants to share their knowledge, build collaborations, and implement change in New Mexico and beyond. We are community leaders who utilize best practices, benchmarking, and proven work models in collaborative and strategic environments to eliminate barriers and move towards transformative and sustainable outcomes. We build relationships that utilize the wisdom of, and give voice to, local communities. Our team uses ethical and transparent practices to build trust with our partners, collaborators, and communities, and we approach our work with optimism, dignity, and sensitivity to those who we work with and those who will be impacted by our work. Visit us online at www.ConstellationNM.com, www.NMHealthEquity.org, and www.NMStudentHealth.org. You can also contact Erin Marshall at erin@ConstellationNM.com, and Suzanne Lawson at suzanne@ConstellationNM.com.